



# Maples Met School

SEVEN OAKS SCHOOL DIVISION

Maples MET School  
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April 15, 2019

Dear Families,

We are continuing to work on addressing the ongoing challenges our children are facing in terms of extreme and excessive cell phone use, and the negative impact that it has on their sleep, and other areas of mental health and well-being.

As such, I thought that it might be of use to hold a voluntary round-table discussion where any families, along with their children, could meet others from our school who are facing challenges, in an attempt to work through strategies for solutions.

Please consider attending with your children if you feel that there is a benefit to sharing your stories and solutions with other families at our school.

As such, please feel free to join us at Maples Met:

**Date: Tuesday, April 23rd**

**Time: 5:30 P.M. - 6:30 P.M.**

**Where: Maples Met, Great Room**

**RSVP: Please email: [ben.carr@7oaks.org](mailto:ben.carr@7oaks.org)**

I am looking forward to the discussion! As always, be in touch with any comments or questions.

Speak soon,

Ben Carr  
Principal, Maples Met School