

NUTRITION

1. Seven Oaks Schools will assist all students to acquire the knowledge, skills and experiences necessary to make nutritious and enjoyable food choices. Good nutrition is vital to the mental and physical health of each student and his/her potential for learning. Good nutrition is vital to healthy development and to long term health.
2. Seven Oaks School Division promotes and supports good nutrition in schools by ensuring that healthy food choices predominate in school cafeterias, nutrition programs, canteens, vending machines, snack programs and fundraising activities.
3. Seven Oaks School Division believes that the school shares responsibility with parent/guardians and the community and that all have a role to play in the development of positive attitudes towards nutrition and lifelong healthy eating habits.
4. Seven Oaks Schools will review on an ongoing basis their own nutrition policies and practises with reference to the Manitoba School Nutrition Handbook. This review may require initiating a school nutrition committee and should involve parents and students in the process.