

# SEVEN OAKS



SEVEN OAKS  
SCHOOL DIVISION  
*community begins here*

## Immigrant Services

All events and programs are for immigrants to Canada.

There is no cost for our services.

Seven Oaks Immigrant services Funded by CIC.

## Programs & Presentations

**JUNE 2015**

### Immigrant Services

**Website:** [www.7oaks.org/programs/settlement](http://www.7oaks.org/programs/settlement)

**Call us:** 204-632-1716 OR  
204-697-5967

**Email us:**  
[settlement@7oaks.org](mailto:settlement@7oaks.org)

**Visit us:**  
950 Jefferson Ave or  
930 Jefferson Ave.

**OFFICE HOURS**  
**Drop-in Computer Use,  
Help or Information**

**930 Jefferson**  
Monday to Thursday  
9:00am - 5:00pm  
Friday: 9:00-12:00

**950 Jefferson Avenue**  
Monday to Thursday  
5:30-8:30pm  
Monday & Wednesday  
10:15-10:45am  
Tuesday & Thursday  
9:00-12:00pm

**Settlement Team:** Shane,  
Rowena, Jose, and Salinder

**Summer Student:**  
Pheobe

**Program Manager:** Jana

**Program Director:** Fran

**New Settlement Office now open !!**  
**Come visit a settlement worker at our new location 930 Jefferson Avenue. We are located right across the parking lot from the Adult Learning Centre.**

**Conversation Classes:** Thursday's 6:00-7:30 starting June 4th @ 930 Jefferson Avenue. Please contact Shane more information. Phone: 204-632-1716 Or Email: [nisw4@7oaks.org](mailto:nisw4@7oaks.org).

**English Conversation Café:** Wednesday, June 10th 6:00pm-8:00pm. Guest speaker will be a pharmacist. Listen and share stories about settlement and qualification recognition from a pharmacist who immigrated to Canada. At 950

**Computer Tutoring** Drop-by tutoring at 930 Jefferson Avenue on Monday evenings 6:00-7:30 and Wednesday afternoons 1-3pm. Call Jose if you have any questions. No pre-registration required.

**Are you pregnant? Free Prenatal Classes: Tuesday & Wednesdays July 7th & 8th, July 14th & 15th : 5:30- 7:30 @ 930 Jefferson.** Learn about newborn care, learn breastfeeding, giving birth and what to expect in Canada after childbirth care. Please contact Salinder, 632-1716.

**SELF DEFENSE classes for adults, no cost. Every Friday 6:00-7:00 pm, May 29 to June 22nd.**

**Garden Box Project:** Do you want to have your own garden? Come out and learn how to garden, as well as take a garden box home to take care of your own garden beds. If you have a backyard or an apartment balcony and you are interested, please contact Shane for more information. Phone # 632-1716. More details coming soon!

**Next SONA (Seven Oaks Newcomer Advisory) Meeting is meeting @ 950 Jefferson Avenue Wednesday June 10th, 2015.** Are you looking for committee experience? Come join our Newcomer advisory committee Everyone is welcome!! Contact Jana 204-632-1716.





## ONGOING & UPCOMING



**Philippine Heritage and Independence Day Celebration:** Friday June 12th, 5:00-8:00pm.

Formal program at 6:00pm at Judy Silver Commons, Maples Collegiate. Admission \$3.00.

### **Employment assistance:**

Are you looking for a job? Come and get assistance with finding a new job or exploring different job options you may be interested in doing, learn what careers Canada can offer. To make an appointment contact Shane @ 204-632-1716 or drop by 950 or 930 Jefferson Avenue.

**Resume Support:** Tuesday's 6:00-7:30pm

**Job Search:** Wednesday's 1:00-3:00pm

**Interview Skills:** Thursday's 10:30-11:30am

**For other appointment times please contact Immigrant Services**

**@ 697-5967 or 632-1716**

**English Conversation Walking group:** Every Wednesday 6:00-7:30pm starting July 8th. Meet at 950 Jefferson Avenue

**English Conversation classes:** Starting in July every Tuesday Morning 9:30-10:30am @ 930 Jefferson Avenue.

### **Free English Classes being for immigrants in grades Kindergarten to grade 8.**

July 6th-24th 9:30-11:30 @ Amber Trails school. To register you must be a Seven Oaks School Division student. Please contact your child's school to register, or phone the adult learning centre at 632-1716 for more information.

