



# LEARN 2 SKATE

Parents/Guardians,

We are excited to welcome your child to the SOSD Learn to Skate program! Please review the following items for your information.

## **Program Overview**

- Basic skating skill review and development including balance, pushing, gliding, turning and stopping.
- The program consists of 10 lessons per classroom.
- Sessions take place at the Seven Oaks Arena or at the Maples Multiplex.
- The program occurs during school hours and students will be bussed to and from the arena. There is no fee for this program.
- Skates and helmets with cages are provided. Students must bring their own gloves, as well as a toque or hoodie to wear under the helmet.

Along with the arena staff, we have developed several safety protocols:

- Students will wear a mask on the school bus.
- Students will sanitize their hands upon entering the arena. (Sinks are also available in all dressing rooms for hand washing).
- Students and staff will maintain 2m physical distancing as much as possible.
- Two dressing rooms per class (no maximum capacity per room) will be used to facilitate physical distancing.
- Dressing rooms will be sanitized by rink staff between classes.
- Masks are to be worn by students, school staff, parents, and skating staff off the ice at all times. Masks are encouraged but not required on the ice.
- Students must wear a toque or hood under their helmet, and gloves or mittens.
- Helmets will be sanitized by the skating staff after each use.
- Students are encouraged to bring their own skates (stored safely) and helmets when possible.
- Parents are welcome to attend (maximum 2 per child) and may volunteer to tie skates. Proof of immunization (QR code & photo ID) is required for all individuals 18+ years old. As of December 6, 2021, all individuals 12-17 years old must also provide proof of at least one dose of COVID-19 vaccine.
- Learn to Skate instructors are fully vaccinated.

Thank you for your support of the program.

Richard Chin

Active Culture Program Coordinator



SEVEN OAKS  
SCHOOL DIVISION  
*community begins here*

Revised December 6, 2021