



KidFit 60

After School Active Alternative

JOIN THE MOVEMENT REGISTER TODAY FOR THE 2019/2020 SCHOOL YEAR!

WHO:

- Children ages 5 to 13

WHAT:

- Activity-based after school care

WHEN:

- 3:30 to 5:45 pm, Monday to Friday

WHERE:

- Garden City Community Centre

THE PROGRAM:

KidFit 60 is a safe, after school active program for children ages 5 to 13 to engage in daily workout sessions, structured group games, and activities led by physical education teachers at the Garden City Community Centre soccer complex and gymnasium. KidFit 60 runs everyday after school.

CONTACT US:

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www.KidFit60.com

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