

# GOVERNOR SEMPLE SCHOOL

## JANUARY 2013 NEWSLETTER

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### Kindred Spirits

by Susan R. Andersen

Learning is about relationships most of which are formed while we make discoveries.

And no one celebrates discoveries quite like those who know the child within, and in others visualize the possibilities with which we all began.

This vision makes us, the kind of spirits who find high rewards in hugs;

put dandelions in water; sing happy birthday many times a year;

use compassion with dead goldfish;

take 20 children to the zoo and return with the same number;

speed-tie tennis shoes and black patent-leather buckles;

really celebrate February 14th; guard family secrets and overheard conversations;

accept innocent rudeness; recycle everything and believe in serendipity.

These kindred spirits have liberty daily, to laugh and cry, sit on the floor, paint and swing, hold hands

and look into faces that reflect life.

Sometimes, the power of our jobs is frightening. Sometimes, the trust bestowed upon us, to care for Humanity's child sinks in.

Then we pause to watch even more closely, knowing that the future of this planet sits precariously in the laps and arms of kindred spirits all around this earth;

with gentle beings who love learning, and children, and live with a passion for something, every day.

What do these spirits manifest for the future? Compassion, joy, respect, curiosity, love, honesty, creativity and appreciation of life through someone else's eyes.

Most people will never know what we know, about hand holding, the dandelions and sweaty hugs.

It is their loss. And what makes us Kindred spirits!

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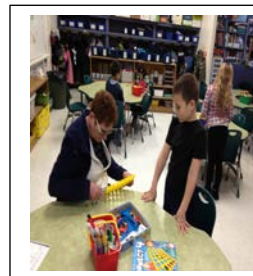
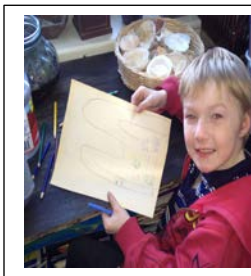
It is in this spirit that we begin 2013! We are all so thankful for all of the caring, energy and laughter that children and their families bring to school every day that make Governor Semple a very special place to be!

Thank you for being our Kindred Spirits.

### BRRR...IT'S COLD OUTSIDE!



January brings extreme cold temperatures and lots of time indoors. Thanks for everyone's extra cooperation and imagination in coping with indoor recess!



The temperature is very cold. Please remind your children to put on their mitts, scarves, hats and boots as they get ready to come to school. These items will keep them warm and happy during recesses.

## Important Dates to Remember

<b>January</b>	24	Hot Lunch
	25	Theme Day – Super Hero
	25	Gr. 3, 4 & 5's to Pantages to see "Wizard of Oz"
<b>February</b>	1	Sock Hop – 1:30 – 3:00
	4	<b>NO SCHOOL</b> – School Professional Dev.
	12	Family Night
	18	<b>NO SCHOOL</b> - Louis Riel Day
	21	Hot Lunch
	22	Theme Day
	25	Kindergarten Registration starts
	<b>March</b>	12
11 –15		Second Term, Triad Conferences
15		<b>NO SCHOOL</b> – Triad Conferences
16		Badminton Tournament @ Maples Collegiate
18-22		Milk Spirit week
19		Last skate class for rm. 6
21		Last skate class for rm. 7
21		Hot Lunch
22		Theme Day
25 –29	Spring Break – <b>NO SCHOOL</b>	
<b>April</b>	1	1 <sup>st</sup> day back – Day 1
	12	Talent Show a.m.
	19	<b>NO SCHOOL</b> – Professional Dev. Day
	25	Hot Lunch
	25	Family Night – 5:30 – 8:00
	26	Theme Day
	29	Gr. 4 Science Camp – Manitoba Museum



I LOVE TO  
READ MONTH

**NOTE:** PLEASE NOTE THAT SOME DATES MAY CHANGE FOR IN-SERVICE DAYS TO BE ADDED OR DELETED.  
PLEASE CHECK THIS LIST MONTHLY. THANK YOU



### **Kindergarten Registration Begins February 25th.**

Governor Semple School will be accepting Kindergarten Registration starting Monday, February 25th, 2013.

Registration times are listed below:

Registrations will be taken during regular office hours from 9:00 a.m. to 4:00 p.m.

Please note that your child must be five years old by **December 31, 2013** in order to be eligible for registration for the fall Kindergarten classes. You must bring your **child's birth certificate, medical card and proof of address** when coming to register.



**Student Milk Forms**- Parent(s)/Guardian(s), please make sure that you sign the milk forms for the students that buy milk.

**Reminder** -we don't sell single milks, you must buy a card for \$7.00 or \$14.00. Thank you



Please remember to send utensils (spoons, forks) with your child for their lunch/snacks.

### Reminders for the colder weather:

- ❖ Students will stay indoors for recess when the combined temperature and wind chill equal  $-27^{\circ}\text{C}$  or colder.
  - ❖ During the winter months, transportation services may be cancelled due to inclement weather and/or adverse weather conditions. When Environment Canada wind chill is  $-45^{\circ}\text{C}$  or colder as of 6:00 a.m., school buses will NOT operate for the day. Please check the Seven Oaks Website ([www.7oaks.org](http://www.7oaks.org)) or listen to the following radio stations for announcements:  
CJOB-680, 92 CITI-FM, CBC-990, BOB 99.0, Q94 FM, CKY-580, QX104 FM and HOT 103

Ask your children what they think about issues rather than telling them what to think.



### BICYCLE HELMETS

Order forms went home in December and they have been sent to the Materials Distribution Agency (MDA). Orders will be delivered to the schools by the end of March, 2013 in time for the cycling season.

**James Nisbet Nursery School (70 Doubleday Drive) is a 30 space nursery program located at Ecole James Nisbet School in the Maples.**

**We are holding an Open House and Registration on Monday, March 4, 2013 from 6:30-8 pm. A \$50 non-refundable deposit (either cash or cheque) is required for registration.**

**We are now offering a three class per week morning program!**

**Programs Offered**

**Mon/Wed/Fri AM 9:15-11:30 am for children 3-5 yrs.**

**Tues/Thurs AM 9:15-11:30 am for children 3-5 yrs.**

**Tues/Wed/Thurs PM 12:45-3 pm for children 4-5 yrs.**

**Please visit our website at [www.jnns.ca](http://www.jnns.ca)  
or phone 204-953-1193 for more information**



## **MOTHERS, DO YOU WANT TO HAVE BETTER COMMUNICATION WITH YOUR DAUGHTERS?**

Advancing Community Schools will be offering an 8 week program called

### ***“Mothers and Daughters in Touch”***

It is designed for mothers and their daughters 9 -11 years of age.

The program uses different activities, some with moms and daughters together, some with them in separate groups. The *Mothers and Daughters in Touch* program focuses on skill building for both mother and daughter.

Some of the information covered will be:

- Learning to hear and respect each others feelings
- Developing strategies to deal with peer pressure
- Learning how to be an approachable parent
- Understanding the meaning of a healthy body image and what contributes to one.
- Gain knowledge and skills to cope with changes during puberty

The weekly sessions are a time for the two of you to have some fun, uninterrupted time together and enhance the mother daughter relationship.

**When:** Wednesdays - February 27, 2013 to April 24, 2013 6:00 – 8:00 p.m.

**Where:** École James Nisbet School – 70 Doubleday Drive

**Cost:** A commitment to your child that you will attend all 8 weeks to the best of your ability.

To register or for more information,  
please call Marielle at 204-633-8870 or Cheryl at 204-339-1964.

The group is limited to a maximum of 10 mother/daughter teams.



## COMMUNITY COORDINATOR NEWS

Today's world seems so busy that there just aren't enough hours in the day to do all the things we need to do, let alone the things we want to do. The poem below caught my attention because it really is about the things that are important to family life.



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### *If I Had My Child to Raise Over Again*

*If I had my child to raise over again*

*I'd build self-esteem first and the house later.  
I'd finger-paint more, and point the finger less.  
I would do less correcting and more connecting.  
I'd take my eyes off my watch, and watch with my eyes.  
I would care to know less and know to care more.  
I'd take more hikes and fly more kites.  
I'd stop playing serious, and seriously play.  
I would run through the fields and gaze at more stars.  
I'd do more hugging and less tugging.  
I'd see the oak tree in the acorn more often.  
I would be firm less often, and affirm much more.  
I'd model less about the love of power, and more about the power of love.*



*Diane Loomans*

We can make the time if we really want to. The best time to start was when our children were newborns. The next best time is today. It's never too late. Give your kids a hug and tell them how much you love them everyday. Do something fun with them that you haven't done in a while. Spend time together. You'll be glad you did, and they will always remember you did.

Dave Mathers  
Community Coordinator

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### Parents of Kinders and School Age Children

Governor Semple Children's Place currently has spaces open for enrolment. If you or someone you know is in need of child care, please drop by room 5 in the school or call our program @ 290-8517 between 7:00 a.m. - 9:00 a.m. or 11:30 a.m. - 5:30 p.m. You can ask for Anita or Cecilia. You may also call our main center Sunny Mountain Daycare @ 290-7980 after 9:00 a.m. and ask to speak with Patrisha. In the Spring the centre will also be starting up an introduction to French nursery program from 9:00 - 11:30, Monday to Friday. Please call with inquiries.

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