



GOVERNOR SEMPLE

150 Hartford Avenue Winnipeg MB R2V 0V7
 Phone #204-339-7112 Fax#204-334-7356
 Web site: www.7oaks.org/school/governorsemples/

Dear Semple Families,

March has flown by, bringing with it more snow! As spring finally emerges, we expect to see lots of water, squishy ground and mud. Please ensure that your child is dressed for the weather, and consider including an extra set of clothing and dry socks in his/her backpack. Highlights of the past month included:

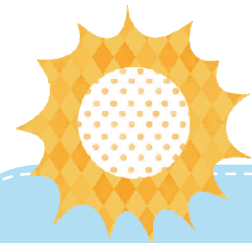
- ◇ opportunities to see and hear about student learning during conferences
- ◇ a divisional badminton tournament for our Grade 4 & 5 students
- ◇ a bowling outing for our school patrols
- ◇ snow shoeing and hot chocolate activities for all our children
- ◇ Milk Spirit Week and Milk Olympics family evening

As always, we welcome your feedback at any time. Please feel free to contact us at the school at 204-339-7112.

Karen Hiscott, Principal



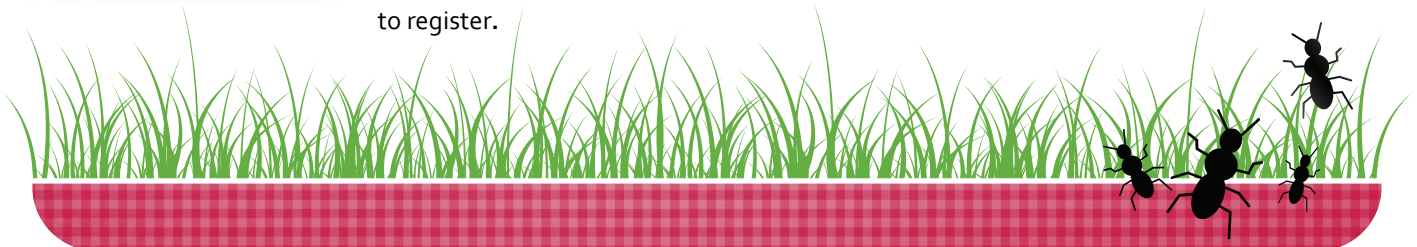
Governor Semple School started accepting Kindergarten registrations on Monday, February 24th. Registrations will continue to be taken during regular office hours from 9:00 am to 4:00 pm. Please note that your child must be five years old by **December 31, 2014** in order to be eligible for registration for the fall Kindergarten classes. You must bring your **child's birth certificate, medical card and proof of address** when coming to register.



April 7	1st day back (Day 5)
April 10	ÉSOMS Open House @ 7:00 pm (for Grade 5s)
April 16	E. P. Open House @ 6:30pm (for Grade 5s)
April 17	Hot Lunch forms due
April 18	NO SCHOOL (Good Friday)
April 24	Pizza Hot Lunch
April 25	NO SCHOOL (PD Day)
May 7	Div. X-Country @ Little Mountain Park
May 12	(NO SCHOOL) PD Day
May 14	Gr. 4/5 Track & Field Meet @ West Kildonan Collegiate
May 19	NO SCHOOL (Victoria Day)
May 23	Hot Dog Lunch
May 23	3rd Hep B Shot @ 9:00am (Gr. 4s)



*Volunteer Appreciation Week
 April 7-11, 2014*



ROOM 6 NEWS

This month we have begun exploring an object's position and how it moves. We have learned to identify an object's position by using the words in front of, behind, between, above, to the right and to the left. We have also explored how objects move by exploring some very familiar toys. We have learned that tops spin, pucks slide, balls bounce and marbles roll. Most recently we have learned that an object's movement is affected by friction and the amount of force used to move it. We are working towards understanding the wheel and axel and when we return from spring break we will demonstrate our understanding by designing and building our own cars. We are all very excited!

- Jolene McFadyen-Nein and the Sprouting Scientists of Room 6



Wednesday, April 23rd ~ 6:00 - 7:30 p.m. ~ Library
For all families with children of any age.

- Does the thought of starting Kindergarten make your child anxious?
 - Are you or your child anxious about the transition to Middle School or High School?
 - Does your child get butterflies or get nervous about going to school or after a school break?
 - Does your child experience anxiety before a test or presentation?
 - Do you want some strategies to help you and your child understand and cope with anxiety?
- Please join us on Wednesday, April 23rd for a session presented by Shira Cohen, School Social Worker and Deborah Alby, School Psychologist. Free childcare will be provided. When calling the school to register, please let us know if you will require childcare.

To register or for more information,
please contact Cheryl Rajfur or Cathy Gingera at

West St. Paul School
3740 Main Street
West St. Paul MB R4A 1A4
204-339-1964

The Seven Oaks School Division
invites applications for

SUBSTITUTE BUS EDUCATIONAL ASSISTANTS

4 hours per day
7:30 a.m. to 9:30 a.m./2:30 p.m. to 4:30 p.m.

This position requires you to assist the bus driver with the safe transportation of children. Training provided.

Requirements:

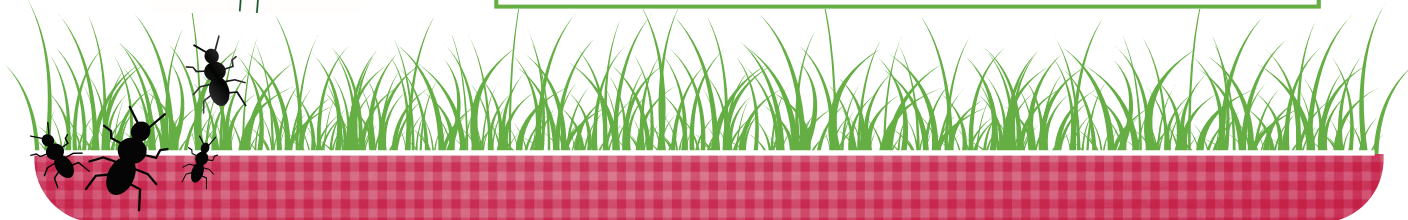
- Knowledge and experience working with students with special needs.
- Position involves heavy lifting and pushing.
- Must work well as a team member.
- First Aid, CPR, Non-Violent Crisis Intervention Skills or WEVAS essential.

Please send your cover letter and resume to:

Human Resources-Student Services
830 Powers Street
Winnipeg, MB R2V 4E7
or via email to: communitybeginshere@7oaks.org

The division will be pleased to accept all applicants however, only those candidates selected for an interview will be contacted.

Note: Employment is conditional upon successful clearance by Criminal Records and Child Abuse Registry.



Community Coordinator News

Ever notice that even the youngest of children are attracted to electronic devices, like cell phones, computers, tablets etc.? Ever wonder if it's good or bad for them? People wonder about the effects of too much TV and the content of some programs. Now that discussion includes electronic devices. The article below may surprise you.

Ten Reasons Why Handheld Devices Should be Banned for Children Under the Age of 12

by: Cris Rowan 2014

The American Academy of Paediatrics and the Canadian Society of Paediatrics state infants aged 0 -2 years should not have any exposure to technology, 3-5 years be restricted to one hour per day, and 6-18 years restricted to 2 hours per day(AAP 2001/13, CPS 2010). Children and youth use 4-5 times the recommended amount of technology, with serious and often life threatening consequences (*Kaiser Foundation 2010, Active Healthy Kids Canada 2012*). Handheld devices (cell phones, tablets, electronic games) have dramatically increased the accessibility and usage of technology, causing escalating usage, especially by very young children (*Common Sense Media, 2013*). Cris Rowan, paediatric occupational therapist is calling on parents, teachers, and government to ban the use of all handheld devices for children under the age of 12 years. Following are ten research evidenced reasons for this ban. Please visit zonein.ca to view the [Zone'in fact Sheet](#) for referenced research.

Rapid Brain Growth – Between 0-2 years, infants' brains triple in size, and continue in a state of rapid development to 21 years of age (*Christakis 2011*). Early brain development is determined by environmental stimuli, or lack thereof. Stimulation to a developing brain caused by over exposure to technologies (cell phones, internet, iPads, TV), has been shown to negatively affect executive functioning, and cause attention deficit, cognitive delays, impaired learning, increased impulsivity, and decreased ability to self-regulation e.g. tantrums. (*Small 2008, Pagini 2010*)

Delayed development – Technology use restricts movement, resulting in delayed development. One in three children now enter school developmentally delayed, negatively impacting on literacy and academic achievement (*HELP EDI Maps 2013*). Movement enhances attention and learning ability (*Ratey 2008*). Use of technology under the age of 12 years, is detrimental to child development and learning (*Rowan 2010*).

Epidemic Obesity – TV and video game use correlates with increased obesity (*Tremblay 2005*). Children who are allowed a device in their bedroom have a 30% increased incidence of obesity (*Feng 2011*). One in four Canadian, and one in three U.S. children are obese (*Tremblay 2011*). 30% of children with obesity will develop diabetes, and be at risk for early stroke and heart attack, gravely shortening life expectancy (*Centre for disease Control and Prevention 2010*). Due to obesity, 21st century children may be the first generation many of whom will not outlive their parents (*Professor Andrew Prentice, BBC News 2002*).

Sleep Deprivation – 60% of parents do not supervise their children's technology usage, and 75% of children are allowed technology in their bedrooms (*Kaiser Foundation 2010*). 75% of children aged 9 and 10 years are sleep deprived to the extent that their grades are detrimentally impacted (*Boston College 2012*).



Mental Illness – Technology overuse is implicated as a causal factor in rising rates of child depression, anxiety, attachment disorder, attention deficit, autism, bipolar disorder, psychosis, and problematic child behaviour (*Bristol University 2010, Mentzoni 2011, Shin 2011, Liberatore 2011, Robinson 2008*). One in six Canadian children have a diagnosed mental illness, many of whom are on dangerous psychotropic medication (*Waddell 2007*).

Aggression – Violent media content causes child aggression (*Anderson 2007*). Young children are increasingly exposed to rising incidence of physical and sexual violence in today's media. Grand Theft Auto V portrays explicit sex, murder, rape, torture, and mutilation, as do many movies and TV shows. The U.S. has categorized media violence as a Public Health Risk due to causal impact on child aggression (*Huesmann 2007*). Media reports increased use of restraints and seclusion rooms with children who exhibit uncontrolled aggression (*Vancouver Sun 2013*).

Digital Dementia – High speed media content causes attention deficit, as well as decreased concentration and memory, due to the brain pruning neuronal tracks to the frontal cortex (*Christakis 2004, Small 2008*). Children who can't pay attention, can't learn.

Addictions – As parents attach more and more to technology, they are detaching from their children. In the absence of parental attachment, detached children attach to devices, resulting in addiction (*Rowan 2010*). One in 11 children aged 8-18 years are addicted to technology (*Gentle 2009*). Never in the history of humankind have there been child addictions.

Radiation Emission – In May of 2011, the World Health Organization classified cellphones (and other wireless devices) as a category 2B risk (possible carcinogen) due to radiation emission (*WHO 2011*). James McNamee with Health Canada in October 2011 issued a cautionary warning stating "Children are more sensitive to a variety of agents than adults as their brains and immune systems are still developing, so you can't say the risk would be equal for a small adult as for a child" (*Globe and Mail 2011*). In December, 2013 Dr. Anthony Miller from the University of Toronto's School of Public Health recommend that based on new research, radio frequency exposure should be reclassified as a 2A (probable carcinogen), not a 2B (possible carcinogen). American Academy of Paediatrics requested review of EMF radiation emissions from technology devices, citing 3 reasons regarding impact on children (*AAP 2013*).

Unsustainable – The ways in which children are raised and educated with technology are no longer sustainable (*Rowan 2010*). Children are our future, but there is no future for children who overuse technology. A team based approach is necessary and urgent in order to reduce the use of technology by children. Please reference below slides shows on www.zonein.ca under [videos](#) to share with others who are concerned about technology overuse by children.

Problems – Suffer the Children – 4 minutes

Solutions – Balanced Technology Management 7 minutes

While many parents don't feel technology can have a negative impact on the development of their children, it may be due to the fact that you can't see it immediately, it doesn't happen overnight. Like almost everything else, maybe moderation is the key.



Preschool Story Time

This **FREE** program is for children 5 and under accompanied by a parent or caregiver

- Songs
- Rhymes
- Stories
- Crafts
- Snacks
- Free play activities
- Structured activities
- Parent magazines
- Lending library



Children learn & develop best through play

Governor Semple School

WEDNESDAYS 1:00 – 3:30

FRIDAYS 9:00 – 11:30

Come join the fun! Bring a friend! Meet other families!

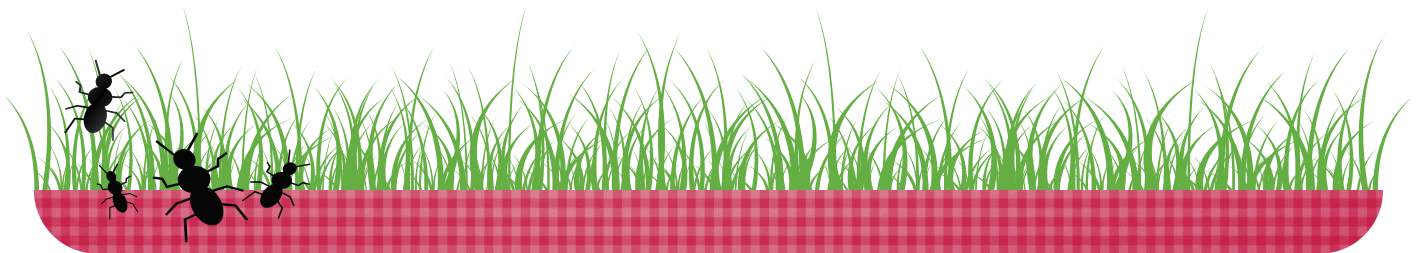
You will all have a great time! See you there!

(If you do not have a preschool child, please pass this on to someone who does!)

For more information call Community Coordinator Dave Mathers at 339-7112

david.mathers@7oaks.org Governor Semple School 150 Hartford Ave

***please note this program is for residents of the 7 Oaks School Division only.**



EDGE

EXTENDED DAY GROWTH EDUCATION GREAT AFTER SCHOOL PROGRAMS FOR *MIDDLE YEAR STUDENTS!*

EDGE SPRING SESSION INVITES ALL GRADE 5 STUDENTS!

EDGE is offering all grade 5 students, who will be our middle year students next year, an opportunity to try our great after school programs. These fun courses are located in all middle year schools this spring. Participation begins after regular class times at the middle school you will be attending next year! (Some classes start prior to elementary dismissal but our instructors will be aware that some may arrive later)

Parents and students who are looking to fill the gap between school and the supper hour can check out the programs provided by **EDGE**. We offer up to 18 hours of instruction plus all materials are supplied - that works out (with a class registration fee of *maximum* \$50.00) to only **\$2.78** an hour! *Many classes are less and some are even FREE!* **EDGE** programs are offered in 3 separate 8 week sessions during the full school year.

Registration booklets and registration forms will be available on the **Seven Oaks Website** towards the end of March (click on **Parents** and then click on **EDGE**). Find your school, booklet and registration forms all online. For more after school programs check out **KYAC** and **MYAC** drop in centers to find a location close to you today!

EDGE programs begin the week of April 28th (*NO CLASSES ON VICTORIA DAY – Monday MAY 19th through to June 23rd*). Courses are fun and educational, but spaces are limited. So don't delay, register as soon as possible to ensure participation in **EDGE** programming at a Middle Year school near you. Registration is due **Monday, April 21st**.

Questions? Contact Penny Raymond, Extended Day Coordinator at: 885-4333 or E-mail: penny.raymond@7oaks.org

DO YOU NEED SCHOOL AGE CHILD CARE!

We have full time, school-age spaces available in our Belmont Before & After School



located in Ecole Belmont School, 525 Belmont Avenue

Contact Teresa at 204-509-7075 or Claire at 204-334-7075

We have full time kindergarten and full time school age spaces available in our Governor Semple Children's Place

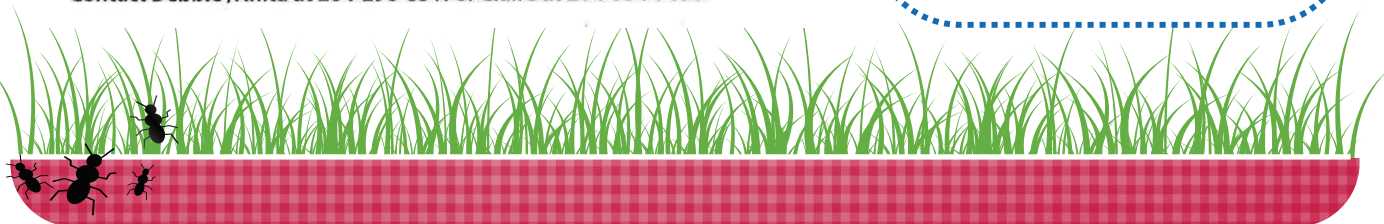
located in Governor Semple School, 150 Hartford Ave



Contact Debbie /Anita at 204-290-8517 or Claire at 204-334-7075

James Nisbet Nursery School located at École James Nisbet School at 70 Doubleday Drive has limited afternoon spots available for nursery school for the 2014-2015 school year.

Monday/Wednesday/Friday or Tuesday/Thursday from 12:45-3pm. Please see our website www.jnns.ca for more details. A \$50 non-refundable deposit is required to register. Please call 204-953-1193 to book an appointment.





*For All Margaret Park/Centennial School
Hebrew Bilingual Alumni Students and Families:*

You are invited to:

Margaret Park's Final Community Pesach Seder

The annual Seder has been an important event for the English/Hebrew bilingual program for many years. This year the Seder will be an even bigger celebration as it will be our last. This Seder is going to be an extra special event. We are hosting it at a wonderfully new venue and have invited alumni to join us and participate as well.

Date: April 17, 2014

Time: 1:00-3:00

Place: Etz Chayim Synagogue



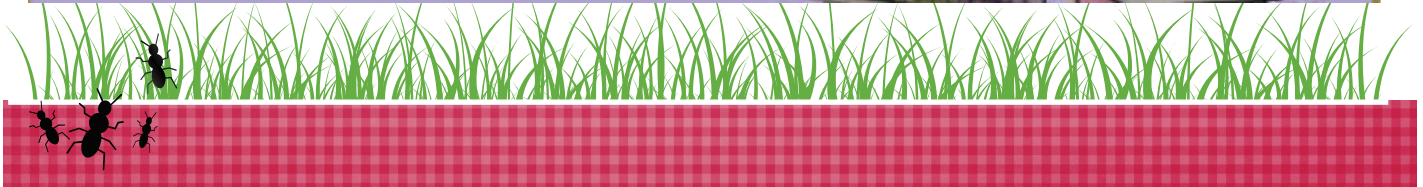
Please RSVP By Monday, March 17, 2014 via e-mail to Erin Niznick and Ari Leibl with the number of family members attending and their names to: margaretpark seder@gmail.com

The Seder will be catered by Etz Chayim so no need to bring your own food. Dressy casual attire is recommended for the occasion.

Alumni participation is encouraged. Please let us know with your RSVP if you would like to participate and the year that you graduated from Margaret Park or Centennial School

Be sure to RSVP as soon as possible as seating is limited and we would love to see all our families there. If you have any questions please feel free to ask them in your RSVP.

We hope to see you there!



Sunova Centre – West St. Paul's Recreation Site
48 Holland Rd. West St. Paul, MB
Phone: 204-336-0294

Email: recreation@weststpaul.com

FUNKy Monkey – Movement Education Classes For Kids
“Where passion for movement comes alive”

Jumping Jellybeans! – Fun for 2-5yrs

This class is for parents to enjoy with their children. A variety of group and individual activities will be offered - with a focus on exploring movement and equipment through song, dance, basic movement skills, stories and much more!

10-Weeks – Sunday April 13th-June 22nd (No Class: May 4th) – 11am-Noon - \$70/Participant

FREE DEMO CLASS for Jumping Jellybeans – Saturday March 29th - 9:30-10:30am

Rainbow Stew – Fun for 6-9yrs

This class is all about running, hopping, jumping, skipping, throwing, catching, kicking, striking all through the use of cooperative games, freestyle dance and everyone's favorite...TAG!

10-Weeks – Sunday April 13th-June 22nd (No Class: May 4th) – 12:10-1:10pm - \$70/Participant

Down with Dodgeball – Fun for 10-14yrs

Basic movement and manipulative skills (running, hopping, skipping, throwing, catching, kicking, etc...) are developed with a focus on strategic and cooperative play through a variety of dodgeball activities.

10-Weeks – Sunday April 13th-June 22nd (No Class: May 4th) – 1:20-2:20pm - \$70/Participant

FUNKy Monkey Classes will be led by Bethany. Bethany has been teaching for 8yrs & holds a Bachelor of Physical Education, Bachelor of Education and is a current Masters Student.

Pre-registration is Required - Contact Bethany directly to register for all classes!

Phone: 204-396-1787

Email: funkymonkeymovement@gmail.com

Visit: www.funkymonkeymovement.com

Sunova SPRING BREAK Camp! – For 5-12yrs

Come out and enjoy a MINI version of Sunova Summer Camp during SPRING BREAK! Campers will participate in awesome activities such as Arts & Crafts, Organized Games, Sports, Special Theme Days & More!!

Monday-Friday – March 31st-April 4th – 8:30am-5pm - \$100/Camper

Pre-registration is Required – Contact the Sunova Centre to Register!

Babysitters Course - For 11-15yrs

With Barbara Roy of Mystic First Aid Services – A Canadian Red Cross Training Partner 2 Night Course - Wednesday June 11th & Thursday June 12th – 5:30-9pm Each Evening Youth will learn: How to safely care for babies, toddlers, pre-school & school aged children; Proper rescue breathing & choking techniques; How to deal with Emergency Rescue Workers/911 Operators; About household hazards & disease prevention; About a variety of life-saving tools such as A.E.D's; How to recognize emergencies & deal with them! - \$40/Participant (Payable to: Mystic First Aid) plus Lab Fee: \$10/Participant (Payable to RM of West St. Paul)

Registration Fees for Mystic First Aid Courses include Text Book, Prizes, Wall/Wallet Certificates & More!

Pre-registration is Required – Contact the Sunova Centre to Register!



The 1st KILDONAN PARK

FIESTA

DUATHLON

JULY 6, 2014



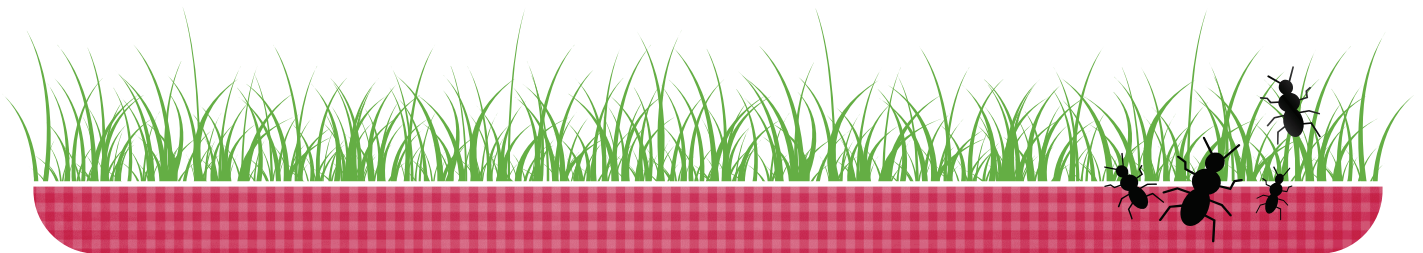
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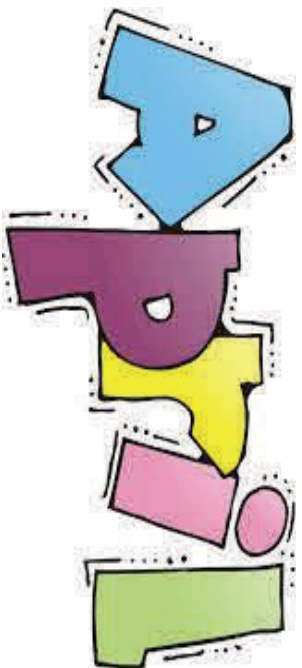
EVENTS

SHORT DUATHLON
LONG DUATHLON

1KM RUN / 2KM CYCLE / 1KM RUN
2KM RUN / 4KM CYCLE / 2KM RUN

This is a family-oriented event aimed at promoting family fitness and an active lifestyle, and to promote youth participation in the world of multi-sport. The event is open to children ages five and up, and adults of all ages. We encourage parents to participate alongside their young athletes! The course is entirely contained within Kildonan Park, with minimal vehicle traffic. For details, go to: <http://purewinnipeg.com/event-registration/?ee=39>





Volunteer Appreciation Week April 7-11

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		1	2	3	4	5	
	S P R I N G					B R E A K	
6	7 1st day of classes Day 5	8 Day 6	9 Red Cross Day of Pink Stop Bullying Day 1	10 École Seven Oaks Middle School Open House @ 7:00 Day 2	11 Day 3	12	
13	14 Rms. 5 & 6 to: Franco Cultural Ctre. 10:30-1:30 (ESOMS Production) Day 4	15 MYTP Night Light 9:45 Day 5	16 EP Open House 6:30 (in EP Gym) Rm. 7 & 11 to: Franco Cultural Ctre. 10:30-1:20 Day 6	17 Hot Lunch forms due Rms. 1 & 3 to: Franco Cultural Ctre. 10:30-1:20 Day 1	18 Good Friday No Classes	19	
20	21 Day 2	22 Assembly Day 3	23 Day 4	24 Pizza Hot Lunch Jump Rope for Heart & Stroke Jump-off Day 5	25 Professional Development Day No Classes Day 6	26	
27	28 Day 1	29 Day 2	30 Day 3				



APRIL 2014

KYAC Program Coordinator: chelsea.volkart@7oaks.org OR (204)470-9460

<http://www.7oaks.org/Programs/KYAC/Pages/default.aspx>

KYAC Program Hours: (Please note different hours during Spring Break!)

Drop-in Gym Hours:

Edmund Partridge Community School:
Monday, Wednesday, Fridays 6-9pm

École Seven Oaks Middle School (ESOMS):
Tuesdays and Thursdays 6-9pm
Saturdays 12-5pm

Structured Program Hours:

Governor Semple School
Wednesdays 3:30-5:30pm (snack/beverage)

Forest Park School (FP, students only)
Thursdays and Fridays 3:30-5:30pm (snack/beverage)

École Riverbend Community School:
Tuesdays 3:00-5:15pm (after school snack/beverage)

Spring Break Programming:

Monday March 31st:

⇒ Open gym and crafts (Key Chains)

Tuesday April 1st:

⇒ Open gym and movie (Frozen)

Wednesday April 2nd:

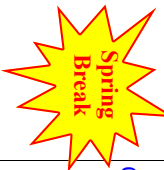
⇒ Open gym and crafts (Candle Holders)

Thursday April 3rd:

⇒ Open gym and movie (Despicable Me 2)

Friday April 4th:

⇒ **KID CITY**: cost is \$6.50/participant. Details on website!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 ESOMS 31 Open Gym: 11-4pm Craft: 1-2pm	ESOMS 1 Open Gym: 11-4pm Movie: Frozen	ESOMS 2 Open Gym: 11-4pm Craft: 1-2pm	ESOMS 3 Open Gym: 11-4pm Movie: Despicable Me 2	ESOMS 4 Open Gym: 10-4pm Field Trip: KID CITY 10:30-2:30	ESOMS 5 KYAC Closed @ ESOMS	
6	7	8	9	10 Make your own Gum Ball Machine	11	12
13	14 KYAC @ Forest Park	15 Yoga @ EP	16 KYAC Closed @ EP	17	18 KYAC Closed: Good Friday	19 KYAC Closed @ ESOMS
20	21 KYAC @ Forest Park	22 Yoga @ EP	23	24	25 No KYAC @ Forest Park or Riverbend	26
27	28	29 Make your own Soap	30			

KYAC Craft Nights:

April 10th—Gumball Machines

April 29th—Homemade Soap

Both at ESOMS from 4-6pm!

KYAC Yoga Program:

Tuesdays from 6-7pm @ Edmund

Partridge (small gym) - 4 weeks **ONLY!**

Registration forms can be found on our website!

KYAC Girls Night:

Keep your eyes open

for next KYAC Girls

night in May!!



SEVEN OAKS INC.
EDUCATION FOUNDATION

Foundation

NEWS

Spring 2014

The Foundations of the Seven Oaks Education Foundation 2

Volunteering is something many do... but the reasons why are unique as the people themselves.

Case in point? When Seven Oaks Education Foundation (SOEF) Board of Directors are asked what motivates

them to volunteer their time to making scholarships possible.

The answers say as much about the person as they do about the Foundation itself.

Margaret Brett

After having been a Seven Oaks teacher, vice-principal and administrator for more than 30 years, retirement simply meant Margaret Brett would continue to give back in a different way.

“When I retired in 2003, I was asked to consider organizing a gala dinner with proceeds going to the SOEF,” Margaret recalls. “That evening was a great success, not only raising about \$20,000 for scholarships but also allowing us to showcase our very talented grads in musical selections.”

Ultimately, her absolute belief in the values of the Seven Oaks School Division, along with her personal experiences over a long career led Margaret to continue giving back and contributing through the Seven Oaks Education Foundation,”

Margaret and her husband enjoy travelling. In fact, she had two very interesting trips to China while her daughter was teaching there. Now these visits are a little closer as Megan teaches in Seven Oaks School Division (another incentive for Margaret’s Foundation work.) She works with the Children’s Hospital Guild and another private foundation. And, of course, she always makes time for their three grandchildren.

But SOEF holds a special place in her heart. Over the years, Margaret has



served as Dinner Chair, Secretary and President of the SOEF Board.

“It has been such a rewarding experience, and it’s allowed me to continue my connection with former colleagues and students. Moreover, I live in this community and enjoy being part of it,” she says.

“I have been asked what keeps me working with this Board. Obviously, I embrace the belief in importance of post secondary education and the access of all students to this. This is important work and needs a working group that will support this,”

Margaret wants to see the community becoming more active in education, in support of SOEF and its efforts.

“My hope would be a greater community involvement, particularly in our business sector,” she says.

“We live, work and support the greater Seven Oaks community and I would welcome the day that any graduate of Seven Oaks would have the skills and financial stability to attain their dreams!”

Cory Juan

Cory Juan is adamant one of the greatest strengths of the SOEF Board of Directors is how it reflects the community it serves.

“It consists of vibrant members that represents the multicultural groups of the Seven Oaks community,” says Cory. “We all put our talent, time and sometimes treasure to make things happen, with great respect and dignity for families as well as schools.”

Cory actually pulls double duty with the Division, also serving as a Seven Oaks School Division Trustee. Volunteerism is a passion that she credits her parents for instilling within her.

“I came from the Philippines and in the olden days I remember vividly in our village when a family needed help,

either for harvesting or planting time in their fields, people would take time to go and help.”

A retired Winnipeg School Division Administrator, Cory doesn’t limit her volunteering time to the SOEF Board. She is a commissioner of the Residential Tenancies Appeal Board, a Manitoba School Board Association (MSBA) Director, and facilitates Marriage and Baptismal Preparations at St. Peter’s Church and St. Anthony of Padua churches. She’s even founded charitable organizations of her own, including the Filipino Volunteers Without Borders, San Agustin Isabela Association.

She says it’s all about making a difference – something she sees SOEF doing for students year after year.

“To award a student during convocation time means a lot to parents and students,” says Cory. “Parents are motivated to encourage their children to apply for assistance to help them start their post secondary education. Students have a great opportunity to follow their dreams and aspirations. “

She would like to see awareness of what SOEF does raised among the community, and has a few ideas on how to do so.

“Perhaps parents and previous students as motivational speakers during fund-raising events so they can inspire other parents and students in the Seven Oaks community.

“This way everybody can have the motivation to help fund-raise for the Foundation.”

Fran Taylor

For Fran Taylor, her involvement with SOEF began when she wanted to shake up the way she volunteered.

“About 7 years ago I had volunteered to start Seven Oaks Had Talent at the SOEF Bud Spud fundraiser that happens in February,” recalls Fran. “As

a vice principal at Maples Collegiate, I knew we had many staff members with musical talent.”

“I love performing and thought to spice the fundraiser up a bit we’d offer live music with staff performing from around the school division. “

Needless to say, the idea was a huge success. To the most recent event featured 13 extremely talented acts from various schools in Seven Oaks. It was, however, that initial success that led to Fran’s involvement with the SOEF Board.

“After a couple of years doing that I was asked to join the Board and thought it was a wonderful way to give back to this great Seven Oaks community and the hard working students who attend our schools and win our SOEF scholarships,” she says.

Today, Fran is the Director/Principal of the Seven Oaks Adult Learning Centre as well as Settlement Services for new Canadians in the Seven Oaks area. But she always has time for the Seven Oaks Education Foundation.

As she puts it, “My work with the foundation is really not that time consuming given the benefits to the community,”

“It is supporting great children who are trying their best in school and knowing for many, the money they will receive through scholarships may be the difference between them attending post secondary or not. “

Like her fellow Board members, Fran is pleased with the support SOEF offers to students, but also wants to see the Foundation evolve so it can continue its work.

“I think we do a lot but there is always room for improvement,” says Fran. “I’d like to get the students involved in a fundraiser for SOEF - maybe a ‘Seven Oaks Students Have Talent’ show at each of the high schools.”

Lorena Galante

Sometimes, volunteering starts with the simple act of discovery. That's actually the case with SOEF Board member, Lorena Galante.

Lorena is a Manager with the Royal Bank and had been working at a branch closer to Goulet and Tache. When she was transferred in July, the previous manager told her that her name had

also been put forward to replace him on the SOEF Board.

"When I attended the first meeting, I was quite unaware of the function of the Seven Oaks Education Foundation," recalls Lorena. "Obviously, that's changed considerably!"

Seeing what the Foundation does and what the work means for students as

well as their families, Lorena was more than happy to continue on for a second term on the board.

"I live in the area, my children attended school in the area and - hopefully - my grandchildren will attend school in the area," she says. "Those connections were the deciding factor for me to serve another term."

Thank-You Bernie Gowryluk and Ted Ash (retiring members)

All good things do end – it's a bittersweet truth.

With that thought in mind, we would like to take a moment to acknowledge our colleagues who are now retiring after years spent helping the Seven Oaks Foundation thrive.

Bernie Gowryluk



Bernie Gowryluk will be leaving the Seven Oaks Education Foundation Board at the Annual General Meeting this year due to conflicting time commitments.

Long before he was a Board member, Bernie had been a teacher, vice principal and principal in the Division. He retired in 2008 but returned to serve the community and Division as a board member in 2009.

Bernie joined to support the Foundation

commitment to helping create accessible post secondary education for our students. As someone who had spent years working with graduating students, Bernie has long been a knowledgeable advocate for our mandate. He has seen the difference scholarships and financial awards can make in encouraging young people to pursue their dreams.

The entire Board thanks Bernie for his years of service to SOEF, and we welcome his continued involvement both with the Foundation and with the community he's served so well.

Ted Ash



Ted joined the Seven Oaks Education Foundation Board in March, 2008 after his retirement from a long career with Cargill Limited and work with The United Way of Winnipeg.

A long time resident of West Kildonan and the Maples Ted has always had a strong commitment to serving his community. He has been on the board of the Maples Community Club, the Maples Youth Justice Committee, and served as an elder at both St. John's Cathedral and St. Anne's Anglican churches.

In keeping with the Seven Oaks School Division's motto, "Community Begins Here," Ted willingly became an SOEF director to help the Foundation plan and strategize ways of building funding for scholarships for graduating students.

For six years he has served on the Fundraising Committee, canvassing businesses in the community, sharing information about the Foundation at malls, encouraging donations through payroll deductions, and helping with activities such as the annual "Seven Oaks Got Talent" night.

Although Ted is retiring from the SOEF Board, he will continue to assist the Board in future fund raising activities – because when a sense of commitment runs that deep, it's impossible to walk away entirely.

Thank you Ted for your invaluable contribution to SOEF, past, present and future.

Seven Oaks Got Talent 2014

Who doesn't love great food and great music – especially when proceeds go to a great cause?

February 7 saw a return of the favorite fundraiser, "Seven Oaks Got Talent" – one of the most anticipated nights of the year as colleagues from throughout the Division gather to swap stories, share talents and raise money for the Foundation.

It didn't seem possible, but this year's was even bigger and better than before, with a larger-than-ever crowd packing Essence Nightclub to hear 11 groups of teachers and staff combine tunes and good times.

The evening featured performances by:

- Victory Secret – Victory School
- Jupiter and the Bull Featuring Bruno Malis
- James Nisbet Lianne Fournier – Riverbend
- Forest Park Ho Hey's
- Jordan Laidlaw – Forest Park
- Swing Wright – A. E. Wright
- The Partridge Family – Edmund Partridge
- SO Fiddle Band – Multi-School
- YipeskinFreeze Trio – Edmund Partridge
- Lewis and the Lips – West Kildonan
- Adults Only – Adult Learning Center
- Robert Allan Wrigley – West Kildonan
- West Kildonan All Star Band Featuring PJ Burton

How will they top this one? The only way to find out is to attend the NEXT one!



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Visit 7oakseducation.org for more information on how to donate or to make an online contribution.

The Foundation provides tax receipts for donations of \$10 or more.