

Kindred Spirits by Susan R. Andersen

Learning is about relationships most of which are formed while we make discoveries.

And no one celebrates discoveries quite like those who know the child within,

and in others visualize the possibilities with which we all began.

This vision makes us, the kind of spirits who find high rewards in hugs;

put dandelions in water; sing happy birthday many times a year;

use compassion with dead goldfish;

take 20 children to the zoo and return with the same number;

speed-tie running shoes and black patent-leather buckles;

really celebrate February 14th; guard family secrets and overheard conversations:

accept innocent rudeness; recycle everything and believe in serendipity.

These kindred spirits have liberty daily,

to laugh and cry, sit on the floor, paint and swing, hold hands

and look into faces that reflect life.

Sometimes, the power of our jobs is frightening.

Sometimes, the trust bestowed upon us, to care for Humanity's child sinks in.

Then we pause to watch even more closely,

knowing that the future of this planet sits precariously in the laps and arms of kindred spirits all around this earth;

with gentle beings who love learning, and children, and live with a passion for something, every day.

What do these spirits manifest for the future?

Compassion, joy, respect, curiosity, love, honesty, creativity and appreciation of life through someone else's eyes.

Most people will never know what we know,

about hand holding, the dandelions and sweaty hugs.

It is their loss. And what makes us all Kindred spirits!

It is in this spirit that I began as acting Principal in January 2013 and now let you know of my retirement as of January 2014.

I have always believed that regardless of what a day brings in the life of a school, I have the best job there is. I can play in the mud, or sand, or on the floor every day! (And no one makes fun of me because I am a teacher!) I can witness the sheer joy that children exhibit every day in learning or accomplishing something new. I can think alongside teachers as they plan engaging learning experiences for and with children on a daily basis. Thank you to students, families and staff for the most amazing year! - Diane Darrach

IMPORTANT DATES

December 13 Hot Lunch (Pizza)

December 18 Concert 7:00 pm

December 19 Last day of Heritage

Language classes before

Winter Break

December 20 Theme Day

Assembly

Last day of classes

January 6/2014 School reopens

School day 6

January 7 Assembly

Heritage Language

January 17 Gr.4 Hep B Immunization

9:15 a.m.

January 28 Movie Night



The Holiday Concert will be held on December 18th at 7:00 p.m. in the school gymnasium. The doors will open at 6:30 p.m. The dress rehearsal will be held at 2:00 p.m. and all are welcome to attend if you wish.

Due to limited seating, and more students this year, we ask families to limit their numbers to two family members for the evening performance. We invite you to consider having extended family members come to the dress rehearsal.

The kindergarten students will not be performing at the dress rehearsal, but if you wish to watch them rehearse, please come at 11:00 a.m.

We look forward to seeing you!

From the Divisional Physical and Health Education Office

Here is an enjoyable game parents can play with their children that promotes physical literacy striking skills.

Ball Hockey for Children



Requirements: Small hockey sticks (wooden or plastic)

Suggested age: 5-8 years **Time frame:** 30 minutes

Instructions:

Step 1: Create two small goals in your driveway, patio, or hard surface at a local park.

Step 2: Play a simple hockey game with two or three children per team.

Step 3: Adult can play as a passing player who models good team play.

Variations:

Show children how to "stick handle" the ball with small touches that change the ball direction.

Create a big goal and act as goalkeeper for your children to take turns shooting at you.

Benefits:

This activity develops hand-eye coordination and timing while using a hockey stick (i.e., striking tool). These skills also transfer to striking with a bat or racquet.

Submitted by:

Greg Wazney

Physical and Health Education Contact

Seven Oaks School Division

 ${\bf Aleph\text{-}Bet\,Child\,\,Life\,\,Enrichment\,Program\,\,Inc.}$

Looking for Child Care?

Get your name on the list today!

Visit the Online Child Care Registry to register for the school age and preschool waiting list for our three locations:

Aleph-Bet at 1007 Sinclair Street,

Aleph-Bet Forest Park at 130 Forest Park Drive

Aleph-Bet Margaret Park at 385 Cork Street

manitoba.ca/onlinechildcareregistry



Greetings from Room 6

Here in room 6 we've have had a great November. Our class has been going skating every Tuesday and we just had our 10^{th} lesson! All of the students have shown huge improvement over the last 10 weeks, growing in skill and in confidence. Tuesday, December 3^{rd} will be our last day in action. A big thanks goes out to all the parent and grandparent volunteers. Without you we wouldn't have made it out of the change rooms. This month we were fortunate enough to have Karen Hartikainen, a math expert within the division, come and guest teach in our classroom. With her we tackled our math facts to ten and our hundreds charts. The Senses are one of our current subjects of interest and as a result, we have been busy feeling our way around the classroom. Room 6, and our friends in Room 5, also embarked on a quest to the Brady Landfill and the 7 Oaks School Division Biovator. We wanted to see for ourselves where our garbage goes when we are done with it. It was a very informative trip!!

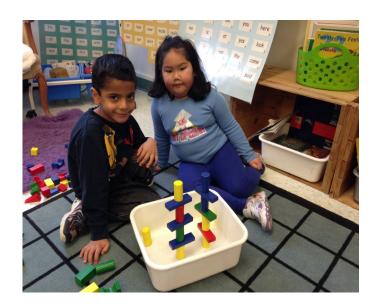
-Toshio Nishimura

I liked the dump. The dump smelled. We have put away all of our garbage and that's all! -Ava

Skating is fun and easy. -Felix

I like the dump. For me it didn't smell bad at all. It was a long bus ride. Charmil is new to the school and she came with us. Nicholas came back from Australia. He had lots of fun. - Savannah

Skating is fun but skating is ending. We are sad! Skating is easy and I was good at it. -Drake







Remember to send non-perishable food items starting December 2nd for our Christmas Cheer boxes. Some examples are peanut butter, canned goods, pasta, cereal, kraft dinner, cookies and candies.

December Information:

KYAC is FREE all year long!

To register with KYAC email us kyac@7oaks.org!

All are welcome!

Winter Break Hours

KYAC will be open @ École Seven Oaks Middle School from 12-5pm on the following days:

Saturday December 21st
Friday December 27th
Saturday December 28th
Thursday January 2nd
Friday December 3rd

For more information, contact Chelsea Volkart, KYAC Program Coordinator, at 204-470-9460 or by email at Chelsea.volkart@70aks.org

OR

Check out KYAC's website at: http://www.7oaks.org/Programs/KYAC/Pages/default.aspx

NEW KINDERGARTEN TO GRADE FIVE SCHOOL - RIVERBEND INFORMATION EVENING

The Province of Manitoba has announced approval of a new Kindergarten to Grade Five School for Riverbend. This announcement provides welcome relief to the pressure of growing enrolments in Seven Oaks. It will mean that more students can attend a local neighbourhood school and fewer students will experience crowded facilities.

Seven Oaks School Division invites parents from schools affected by this announcement (Riverbend, Belmont, Governor Semple and West St. Paul) to attend an information meeting regarding plans for the new school and possible changes to current school organization patterns and catchment areas:

Wednesday, December 4th, 2013 7:00 p.m. École Riverbend School Library 123 Red River Boulevard

Physical Education FOOTPRINTS.... TERM ONE/2013

*** Early Years Physical Education Inter-School Activities ***

October 8th and 9th Grade 3,4,5 Cross Country Meet at Little Mountain

In preparation for this event our students practiced during assigned recess breaks.

Congratulations to all students that participated! A Big Thank You to our Cross Country Coaches at Governor Semple: Mr. Nishimura and Mrs. Bigourdin.

Saturday, November 16th Grade 4 & 5 Team Handball Tournament

In preparation for this event our students practiced during the lunch break. Our students demonstrated team play, space awareness, and sportsmanship. Congratulations to all students that participated! A Big thank you to our Team Handball coaches at Governor Semple: Mr. Campbell and Mr. Nishimura.

Thank you to all parents and grandparents that came out and supported our athletes.





Slide into Winter Camp at Oak Hammock Marsh Interpretive Centre

December 27, 30 and January 2,3!

Come and join us for a frosty good time at one or all of our Winter Day Camps. Activities may include snowshoeing, bannock baking, cool crafts, winter games and more. Camp runs daily from 9 a.m. to 4 p.m. and costs \$24. for members and \$30. for non-members. Camp is for children ages 6 to 9. For more information or to register a camper please visit:

http://www.oakhammockmarsh.ca or call (204) 467-3300.

Saturday, December 21, 2013

WEST ST. PAUL LIONS CLUB INVITES YOU TO JOIN US FOR...

Christmas Lunch with Santa



Saturday, December 21, 2013

Time:

11 a.m. - 2 p.m.

Place:

Sunova Recreation Centre 48 Holland Rd., West St. Paul (west of Main St. off Kapelus Dr.)

Cost:

\$2.50 per person (Purchase tickets at the door.)

- Picture with Santa
- Hotdog, potato chips & a drink
- Christmas Loot Bag
- . Music
- . Bake Sale
- Lots of Fun!

For more info contact: Lion Evelyn 204-339-1242





CHRISTMAS BREAK – LIMITED KYAC HOURS

December/January 2013-2014											
SUN	MON	TUES	WED	THU	FRI	SAT					
1 KYAC CLOSED	2 6-9pm @ EP	3:15-5:15 pm @ RB 6-9 @ ESOMS	4 3:30-5:30 @ GS 6-9pm @ EP	5 3:30-5:30 pm @ FP 6-9 @ ESOMS	6 3:30-5:30 pm @ FP 6-9 @ RB 6-9pm @ EP	7 12-5pm @ ESOMS					
8 KYAC CLOSED	9 6-9pm @ EP	3:15-5:15 pm @ RB 6-9 @ ESOMS	11 3:30-5:30 @ GS 6-9pm @ EP	3:30-5:30pm @ FP 6-9 @ ESOMS	3:30-5:30pm @ FP NO KYAC @ RB 6-9pm @ EP	14 12-5pm @ ESOMS					
KYAC CLOSED	16 6-9pm @ EP	NO KYAC @ RB – Winter Concert 6-9 @ ESOMS	NO KYAC @ GS – Winter Concert 6-9pm @ EP	3:30-5:30pm @ FP 6-9 @ ESOMS	3:30-5:30pm @ FP NO KYAC @ RB 6-9pm @ EP	21 12-5pm @ ESOMS					
KYAC CLOSED	23 KYAC CLOSED	KYAC CLOSED (CHRISTMAS EVE)	KYAC CLOSED (CHRISTMAS DAY)	KYAC CLOSED (BOXING DAY)	27 12-5pm @ ESOMS	28 12-5pm @ ESOMS					
KYAC CLOSED	30 KYAC CLOSED	KYAC CLOSED (NEW YEARS EVE)	1 (January) KYAC CLOSED (NEW YEARS DAY)	2 (January) 12-5pm @ ESOMS	3 (January) 12-5pm @ ESOMS	January KYAC CLOSED					

École Seven Oaks Middle School (ESOMS)

Governor Semple Community School (GS) GROUPB B is Fridays

Edmund Partridge Community School (EP)

Riverbend Community School (RB)

Forest Park School (FP) - GROUP A is Thursday;

Free Public Skating





The following community rinks within the Seven Oaks School Division are offering free public skating times:

West Kildonan Community Centre located on 346 Perth Avenue.

Public skating every Sunday from 2:15 pm – 4:15 pm on the outdoor rink. Weather permitting.

Telephone: 204-338-2904

Vince Leah Community Recreation Centre located on 1295 Salter Street.

Public skating on the outdoor rink during the day and from 5:30 pm – 9:30 pm weather permitting.

Telephone: 204-338-0046

Maples Community Centre located on 434 Adsum Drive.

Public skating on the outdoor rink from 5:00 pm – 9:45 pm weather permitting.

Telephone: 204-953-1190

Free Public Swim





The Maples Pool located on 444 Adsum Drive.

Free public swim time on Fridays from 6:30 pm to 9:30 pm

Submitted by: Greg Wazney



December"

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Day 3	3 Day 4 Last skating class for Room 6	4 Day 5 Skating Rm. 5	5 Day 6	6 Day 1 Hot Lunch Forms Due	7
8	9 Day 2 Skating Rm. 5	10 Day 3	11 Day 4	12 Day 5	13 Day 6 Pizza Hot Lunch	14
15	16 Day 1 Last skating class for Room 5	17 Day 2	18 Day 3 Holiday Concert 7:00 p.m.	19 Day 4	20 Day 5 Theme Day Assembly Last Day of classes before Break	Happy?
22	23 First Day of Winter Break	24	25 Christmas Day	26 Boxing Day	27	28
29	30	31		Jan. 2	Jan. 3	School re-opens on Monday, January 6/2014 School Day 6