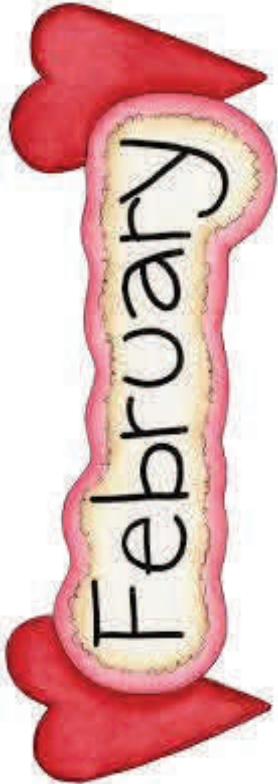


# Governor Semple School

150 Hartford Ave. Winnipeg MB R2V 0V7

Ph.#204-339-7112 & Fx.#204-334-7356

Web site: [www.7oaks.org/school/governorsemples/](http://www.7oaks.org/school/governorsemples/)



Dear Governor Semple School families,

We've been busy taking advantage of a variety of experiences for student learning. Here are a few of our "highlights" from January:

- Our Pow Wow Club started. Students in the club learn about indigenous teachings and culture through dance and drumming.
- Learn to Skate programs for Rooms 5, 6 and 1 began. The children are excited at their developing skating skills!
- All Grade 4 and 5 students are participating in RWB's Sharing Dance program. We are one of only two schools in the city of Winnipeg fortunate enough to take part in this opportunity.
- Speech Club began for students at all grade levels who are working on articulation and language development with our speech-and-language pathologist Marissa.
- All students learning Basic French were taught La Bastringue, traditional jigging and how to play spoons in late January.
- A Bhangra group from Garden City Collegiate performed for our school and taught workshops to our Grade 4/5 students.

We look forward to February's activities. If you have any questions about school events, please consult our school web site or contact us at 204-339-7112.

Karen Hiscott, Principal

**Reminder!**

Please be reminded that classes end at 3:30pm and that children should be picked up promptly at that time. Thank you for your anticipated cooperation and support with this.



## **Donations Needed!**

### **Each good book deserves a second look....**

We are very pleased to announce that Governor Semple School will be hosting its first-ever Book Swap! This will provide a new way for your children to find a great book to read and to recycle books they've finished with. Students may donate gently used children's books to their classroom teachers **between now and March 4<sup>th</sup>**, as the Swap will take place during the spring time parent teacher conferences, in lieu of a Scholastic Book Fair.

We are looking for gently used second hand children's books that are in reasonable condition. Please do not send in any coloring, activity or sticker books. Book donations must:

- **be appropriate for grades K-6 only**
- **be in gently used condition, cover on, no rips, tears or water damage**

Governor Semple School Book Swap is all about supporting children in developing a love for reading for pleasure. We hope our Book Swap will provide a small way of helping children keep reading new books without incurring any cost, as well as learning the value of recycling.

## **KINDERGARTEN REGISTRATION**



**If your child was born in the year 2011, you may register him/her for Kindergarten. At time of registration, please have your child's birth certificate, Manitoba Medical card and proof of address. Registration begins on Monday, February 29<sup>th</sup>, from 9:00 a.m. to 4:00 p.m.**

# REMINDER—NO SCHOOL ON THE FOLLOWING DAYS:

Friday, February 5—P.D. Day

Monday, February 15—Louis Riel Day

Friday, March 18—Parent/Teacher Conferences

Friday, March 25—Good Friday

March 28-April 1—Spring Break

Friday, April 22—P. D. Day

Monday, May 16—P.D. Day

Monday, May 23—Victoria Day

Monday, June 27—Administration Day

## The Most Simple Community Safety Program Available



Contact Info:

466 Gertrude Avenue

R3L 0M8

www.winnipegblockparents.mb.ca

204-284-7562

bppw@mts.net

There are no costs to volunteer as a Block Parent®. Police and Child Abuse Registry checks that are needed to help satisfy the safety aspect of our Program are preformed at no charge.

Anyone needing help in their community ( especially children ) may go to a Block Parents home when the sign is displayed.

We Are Here To Help!

**Participating in Community Safety from your own home.**

Still Here



Still Helping

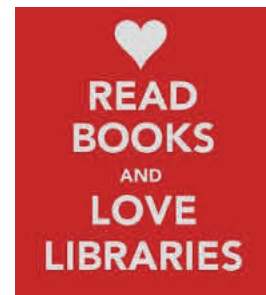


Still Needed



Help Spread the word , Like and Share us on Facebook!

*"The more you read you know.  
The more that you learn you'll go."  
-Dr. Seuss*



## Community Coordinator News

### NO BATTERIES REQUIRED!

Getting cabin fever this winter? Here are a few things to do with your young ones when it's too cold to go outside. (From Today's Parent January 2016)

#### HUNT FOR TREASURE

Kids love finding hidden objects, especially when there's a prize at the end. Write clues on slips of paper and place them around the house, starting off with an easy hiding spot (like your kid's bed) and getting increasingly creative. Leave as many clues as you like, with the trail leading to the prize.

Or keep it simple: have your treasure hunt lead them to coins scattered around the house that they can collect for their piggy banks.

#### GO BOWLING (AT HOME)

This is a great way to reuse plastic bottles from your recycling box. Line up 6 – 10 bottles at one end of a hallway. Place a line of masking tape on the floor at the other end to stand behind as they bowl. Give the kids a medium size indoor ball and let them go to town trying to knock down the pins. To stabilize the bottles or make it a bit more challenging, partially fill them with water – make sure the lids are on tightly.



#### HAVE FUN WITH A GIANT BOX

If you've never given your kids a huge cardboard box to play with, give it a go! Nothing beats their excitement as they imagine all the possibilities: spaceship, castle, time machine, fortress...

Refrigerator, washing machine and hot water tank boxes work great. Ask a local appliance store or water tank repair business for one. Each side can be decorated to create a number of different ideas. All you need to do is help with the cut-outs for safety reasons.

#### PRACTISE ON THE BALANCE BEAM OR TIGHT ROPE WALKING



It's super easy to make a balance beam (less the height) with masking tape on the floor. Put on some music and have the kids take turns walking one foot over the other, backwards or hopping on one foot. The line can curve and run all over the place – it doesn't have to be a straight line.

#### PLAY A BOARD GAME

Board games are a great way to unplug and have fun – and the kids won't even realize they are building a range of skills, from math to deductive reasoning. Snakes and Ladders, Memory Game, Candyland, Connect Four, Monopoly Jr and card games are just a few suggestions.

## PLAY HIDE AND SEEK

You can never go wrong with a game of hide and seek. If your brood gets bored with the standard play, add a twist to shake things up. Have a parent hide and all the kids seek, the first one to find the mom or dad wins. Play in teams. Or combine tag and hide and seek – everyone who's hiding has to make it back to home base (where the seeker started out) without getting caught.

## SHOOT SOME HOOPS

You can't be too little for this version of basketball. All you need is a bucket and a rolled up pair of socks (or a small lightweight ball). Take turns throwing the sock ball from different places, start of close and move further and further back until you miss. Use masking tape to mark shooting spots, and count up how many shots you make.



## MAKE A TOUCH AND FEEL BOX

For this guessing game, find a small cardboard box with a lid (like a shoe box). Cut a hole in one side of the box big enough to get the child's hand in easily. If you're feeling creative, decorate the box with glitter or question marks, or anything that will add to the mystique. When you're ready to play, put an item in the box and have your child reach inside and guess what the item is. They can ask questions or you can give clues as needed. You can use things such as small toys, cotton ball, crayon, dice, utensils, brush, a piece of fruit or almost any household item.

## BLOW BUBBLES



You don't have to go outside to have fun with bubbles. All you need is a plate and straw for each child. Place a dime size drop of dishwashing liquid in the centre of the plate. Pour a little water onto the plate and gently mix until some suds start to form. Have your child place the straw in the suds and blow very gently. Watch as massive bubbles start to form.



SEVEN OAKS  
SCHOOL DIVISION  
*community begins here*

## SEVEN OAKS SCHOOL DIVISION

Invites the Community to the 2016 - 2017

### Public Budget Consultation Meeting

The Board of Trustees of the Seven Oaks School Division invites the public to an open meeting to discuss the 2016-2017 school year budget. The purpose of the meeting is to inform the public about funding provisions and current budget discussions and to invite comment on educational and budget initiatives.

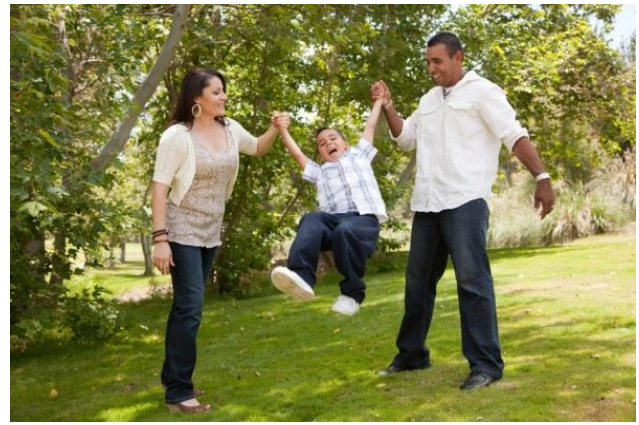
**Monday, February 22, 2016 - 7:00 p.m.**  
**Garden City Collegiate - Commons**  
**711 Jefferson Avenue**



# Positive Discipline

## What it is and how to do it?

We all know that parenting is a most rewarding, but challenging experience. Often we are presented with situations or behaviors in our children that leave us feeling confused, frustrated and unsure of how to respond.



Positive Discipline is an approach to parenting that teaches children and guides their behavior, based in research on children's healthy development and effective parenting.

Positive Discipline is not permissive parenting and is not about punishment. It is about long-term solutions that develop children's own self-discipline and their life long skills. Positive discipline is about teaching non-violence, empathy, self-respect, human rights and respect for others.

Positive Discipline seminars will start on Wednesday, February 24<sup>th</sup>, 2016 from 1:00 pm to 3:00 pm. The session will take place at BZERC ([Ben Zaidman Educational Resource Centre](#)) 375 Jefferson Avenue for 8 weeks. Childcare will be provided at Victory School in the family centre, 395 Jefferson Avenue. If you would like to participate in these sessions please fill in the registration form below and return it to the school office or your school's community coordinator on or before Friday, February 12<sup>th</sup>, 2016. For more information please contact Marielle Meades at 338-7893 or email at [marielle.meades@7oaks.org](mailto:marielle.meades@7oaks.org).

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Family name: \_\_\_\_\_ Parent(s) first name: \_\_\_\_\_

Phone number: \_\_\_\_\_ Email: \_\_\_\_\_

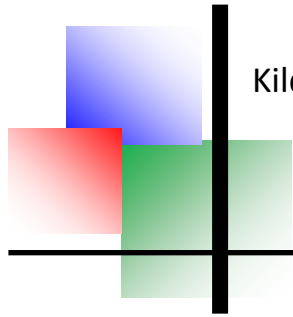
Child's name: \_\_\_\_\_ age: \_\_\_\_\_

Child's name: \_\_\_\_\_ age: \_\_\_\_\_

Child's name: \_\_\_\_\_ age: \_\_\_\_\_

Do you require child care: Yes \_\_\_ or No \_\_\_ If yes, for how many: \_\_\_\_\_

Do you or your children have any allergies if so please list: \_\_\_\_\_



Kildonan Youth Activity Centre (KYAC)



# FEBRUARY 2016

KYAC Program Coordinator: [chelsea.volkart@7oaks.org](mailto:chelsea.volkart@7oaks.org) OR (204)470-9460

<http://www.7oaks.org/Programs/KYAC/Pages/default.aspx>

## What is KYAC?

KYAC is a non-profit youth drop-in centre concerned with meeting the needs of youth, ages 8-17, in Seven Oaks School Division. Our drop-in programs offer a wide variety of activities ranging from low organized games, recreational sports, movie nights, guitar lessons, art classes and crafts.

*To register: visit our website, click "online registration" and fill our your child's information. Or contact the program coordinator.*

## Programming Hours :

### Drop-in Gym Hours:

Edmund Partridge Community School (EP):  
Monday, Wednesday and Friday 6-9pm

École Seven Oaks Middle School (ESOMS):  
Tuesday and Thursday 6-9pm  
Saturday 12-5pm

### Structured Program Hours:

Governor Semple School:  
Wednesdays 3:30-5:30pm

Forest Park School:  
Thursdays 3:30-5:30pm



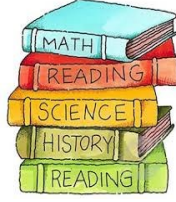


École Riverbend Community School:  
Tuesdays 3:00-5:00pm  
Fridays 6-9pm **(students from all schools welcome!)**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Guitar Program	2 Art Program	3 KYAC @ EP from 7-9pm	4	5 No KYAC @ Riverbend	6 No KYAC @ ESOMS
7	8 Guitar Program	9 Art Program	10	11	12	13
14	15 No KYAC Louis Riel Day	16 Art Program	17	18	19	20
21	22 Guitar Program	23 Art Program	24 KYAC @ EP from 7-9pm	25	26	27 No KYAC @ ESOMS
28	29 Guitar Program					

February is...  
a love to read month



# February

SUN	MON	TUE	WED	THU	FRI	SAT	
	<b>1</b> Skating-Rm 6 9:55-11:20 Rm 5-10:40-12:05  Day 3	<b>2</b> Skating-Rm 1 11:25-12:40— (Maples)  Sharing Dance 2:00-3:30-Gr4&5  Day 4	<b>3</b>          Day 5	<b>4</b> Garden City-Play Rm. 5 & 6 9:40-11:05       Day 6	<b>5</b> P.D. DAY  NO CLASSES       Day 1	<b>6</b>          	
<b>7</b>          	<b>8</b> Skating-Rm 6 9:55-11:20 Rm 5-10:40-12:05 Pow Wow Club 1:20-1:55  Day 2	<b>9</b> Skating— Rm 1- 11:25-12:40 Sharing Dance— 2:00-3:30-Gr.4&5  Day 3	<b>10</b>          Day 4	<b>11</b>          Day 5	<b>12</b>          Day 6		
<b>14</b> 	<b>15</b> LOUIS RIEL DAY  NO CLASSES       	<b>16</b> Skating— Rm 1- 11:25-12:40 Sharing Dance— 2:00-3:30-Gr.4&5  Day 1	<b>17</b>          Day 2	<b>18</b>          Day 3	<b>19</b>          Day 4	<b>20</b>          	
<b>21</b>          	<b>22</b> Skating-Rm 6 9:55-11:20 Rm 5-10:40-12:05 Pow Wow Club  Family Night 6:00-7:30 p.m.  Day 5	<b>23</b> Skating-Rm 1— 11:25—12:40          Day 6	<b>24</b>          Day 1	<b>25</b>          Day 2	<b>26</b>          Day 3	<b>27</b>          	
<b>28</b>          	<b>29</b> Skating-Rm 6 9:55-11:20 Rm 5-10:40-12:05 Kindergarten Registration begins Day 4	 Check Out a Library Book					