OCTOBER 2014



GOVERNOR SEMPLE SCHOOL

150 Hartford Ave. Winnipeg MB R2V 0V7 Ph.#204-339-7112 & Fx.#204-334-7356 Web site: www.7oaks.org/school/governorsemple/

Dear Governor Semple Families,

It's hard to believe that the month of September is already gone! We've had a very good start to our school year together. Highlights of September included:

- welcoming students and families during Orientation Days
- getting to know each other at our Welcome Back Family BBQ
- raising funds to support cancer research through our Terry Fox Walk
- welcoming families to our preschool parent-and-child programs

October will be another busy month, with classes participating in skating, Unite to Change, cross-country running, bus evacuation practice and various other activities to enhance and expand on the learning within their classrooms. If you have questions about the events and activities taking place both inside and outside our school, please don't hesitate to contact your children's teachers or me at any time.

Karen Hiscott, Principal



Welcome Back School Barbeque September 24, 2014

On a beautiful late summer evening, over 200 adults and children attended our Welcome Back to School Barbeque. Children's activities included an inflatable bouncer/slide and the face painting artistry of Ms. Ross and Ms. Hartung.

School trustees Teresa Jaworski, Evelyn Myskiw, Ed Ploszay and Richard Sawka were also able to attend and our Assistant Superintendent (Student Services) Verland Force joined us as well.

We are very grateful for the support of Ken Talbot and Freightliner Manitoba Ltd. who donated their time, barbeque and all of the food offered to our families at this event. We enjoyed hotdogs, veggie dogs, mini carrots, chocolate milk, water and a treat of frozen yogurt tubes. Thank you, Freightliner!

Thanks also to parent volunteers Ms. Diaz, Ms. Chopp, Ms. Surowich and the school staff who made the event a resounding success.











The City of Winnipeg is proud to provide a wide variety of recreation and leisure opportunities that contribute to the overall well-being of our community. The Leisure Guide is published three times per year and is filled with fun and exciting programs for everyone. For more information on leisure, sport and fitness programs, please pick up a copy of the Leisure Guide, call 311 or visit winnipeg.ca.

Guides are available for pick up at civic indoor pools, libraries and leisure centres, and at a number of retail locations including Safeway, 7-Eleven and Mac's.

City of Winnipeg Priceless Fun

Winnipeggers now have easy access to information about free recreation, leisure and library programs with the free programming guide, Priceless Fun.

The fall edition of Priceless Fun, available in September, provides information about the free programs for children and youth being offered by the City of Winnipeg throughout the city, all in one convenient guide. Hard copies of Priceless Fun are available for pick up at all civic indoor pools, libraries and leisure centres.

You can view the current edition of

Priceless Fun online at: winnipeg.ca/cms/recreation/ leisureguide.stm. Information about programs is also available by calling 311.



Reading to your baby: How families can promote reading from birth.

When is the best time to start reading to your children? Although it is never too late to learn to read, the earlier one starts the better. The later one starts, the more difficult and frustrating it becomes for the child.

Learning to read starts from birth. Newborns learn how to read signals all around them, by listening to voices, watching faces, and reading body language.

Babies need to hear and use sounds, sound patterns and spoken language. This helps prepare them to eventually learn to read printed words. Here are some tips on how you can help provide these opportunities from the moment your child is born.

- **Read to your baby.** Making books, stories and storytelling a part of your baby's daily routine will help nurture a love of reading.
- **Use rhymes, games and songs.** Babies respond to them almost from birth. And they don't need to understand the words for these moments to be learning experiences, especially when they're sharing them with mom, dad or other family members.
- **For newborns and very young babies,** try rhymes that involve gentle touch, such as patting their feet or giving them a little bounce while you're talking.
- **Talk about what's going on.** Whether you're changing a diaper, bathing your baby, or taking a walk, use words that describe the actions and the things around your baby. You'll help him develop vocabulary before he can even talk.
- **Babies babble.** It's how they learn to make sounds with their own voices. Repeat these sounds, and turn them into real words. You'll help your baby recognize which sounds form language and he'll eventually make the connection between the sounds and an object or person, like "dada."
- **Reward your baby's first tries at making sounds with smiles and hugs.** This early communication is exciting for your baby, and your approval will encourage her to keep trying.
- **Once your baby starts talking,** help her find the words for the things around her. By repeating words, you'll help your child remember.
- **Sing songs.** The music makes the words easier to remember, and is a fun way to make language come alive for you and your baby!

For more ideas on nurturing your child's growth and development, visit **Caring for Kids**, a website for families developed by the Canadian Paediatric Society: <u>www.caringforkids.cps.ca</u>

Canadian Paediatrics Society 2305 St. Laurent Ottawa, Ont. K1G 4J8 Telephone (613) 526-9397 Fax (613) 526-3332 www.cps.ca Dave Mathers—Community Coordinator

Please let us know...

Just a reminder: if there has been or will be a change in your child(ren)'s situation, whether positive or negative, please let us know.

We're not trying to be nosy - we are trying to anticipate and support your child(ren) in ways she/he might need during times of transition.

So, if, for example:

- a new baby is on the way,
- someone close has died or is dying,
- you're moving,
- a change in visitation with a parent is coming,
- special visitors are at your home,
- extended travel is planned,
- there is a serious illness...please contact us.

Always, our goal is to respect your privacy while planning together for your child(ren). We believe that it takes a village to raise a child...and we're glad to be part of your village.

Thanks---The Governor Semple Staff

SADOCHOK UKRAINIAN NURSERY

Registration is now being accepted for September!

Location: RF Morrison School Monday-Friday

Ages: 2-6 Time: 9:20-11:20/11:30-3:20

Registration: phone 204-995-7614

SEVEN OAKS SADOK INC.



THE BEFORE & AFTER SCHOOL PROGRAM

For ages 6-12

TIME: 7-8:30 a.m. & 3:30-6 p.m., Monday—Friday

\$8.60/day, afternoon snack provided

For more information or to register, call 204-995-7614

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Preschool Story Time

This **<u>FREE</u>** program is for children 5 and under accompanied by a parent or caregiver.

- Songs Rhymes
- Stories Crafts
- Snacks Free play activities
- Structured activities Parent magazines



Lending library

Children learn and develop best through play.

Governor Semple School WEDNESDAYS 9:00 - 11:00 & FRIDAYS 9:00 - 11:30

Come join the fun! Bring a friend! Meet other families! You will all have a great time! See you there!

(If you do not have a preschool child, please pass this on to someone who does!)

For more information call Community Coordinator Dave Mathers at 204-339-7112

david.mathers@7oaks.org

*please note this program is for residents of the 7 Oaks School Division only.

Kildonan Youth Activity Centre (KYAC)

OCTOBER 2014



KYAC Program Coordinator: chelsea.volkart@7oaks.org <u>OR</u> (204)470-9460 http://www.7oaks.org/Programs/KYAC/Pages/default.aspx

Sun	Mon	Tue	W e d	Thu	Fri	Sat
			1	2 NO KYAC @ Forest Park	3	4
5	6 Guitar class begin today!	7	8	9	10	11
12	13 No KYAC @ EP Thanksgiving	14	15	16	17	18
19	20 NO KYAC @ EP Divisional Inservice	21	22 NO KYAC @ EP City Elections	23	24 <u>KYAC IS</u> <u>OPEN</u> @ EP and Riverbend	25
26	27	28	29	30	31 NO KYAC @ EP or Riverbend	

KYAC Program Hours:

Drop-in Gym Hours:

Edmund Partridge Community School: Monday, Wednesday, Fridays 6-9pm

<u>École Seven Oaks Middle School (ESOMS):</u> Tuesdays and Thursdays 6-9pm

Saturdays 12-5pm

Structured Program Hours:

<u>Governor Semple School</u> Wednesdays 3:30-5:30pm (snack/ beverage)

<u>Forest Park School (FP students only)</u> Thursdays 3:30-5:30pm (snack/beverage)

<u>École Riverbend Community School:</u> Tuesdays 3:00-5:15pm (after school snack/beverage) Fridays 6-9pm

KYAC Art Program:

Keep your eyes peeled for KYAC's art program information later this month!

Art classes will be ran one day a week for six weeks! The type of art will change with every class!

KYAC Guitar Program:

Mondays 6:30-7:30pm (beginner class) - FULL

Mondays 7:30-8:30pm (intermediate class) - FEW sports remaining.

Note: no classes on October 13th (Thanksgiving)



Heritage Language classes are every Tuesday, Wednesday Thursday 4:30 to 5:30

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	A		1	2 Skating—rm. 5 11:10—12:30	3 Skating—rm. 6 11:10—12:30	4
			Day 4	Day 5	Day 6	
5	6 Div. X-Country Gr. 3, 4 & 5 Little Mtn Park 11:30-2:00	7	8 Rain Date For X-Country	9 Skating—rm. 5 11:10—12:30	10 Skating—rm. 6 11:10—12:30	
	Day 1	Day 2	Day 3	Day 4	Day 5	
12	¹³ Thanksgiving NO SCHOOL	14 Heritage Language Starts	15	16 Skating—rm. 5 11:10—12:30	17 Skating—rm. 6 11:10—12:30	18
		Day 6	Day 1	Day 2	Day 3	
19	20 Divisional PD NO SCHOOL	21	22 Picture Day @ 9:00 a.m.	23 Skating—rm. 5 11:10—12:30	24 SAGE NO SCHOOL Halloween Dance 6:30 to 8:30	25
	Day 4	Day 5	Day 6	Day 1	Day 2	
26	27	28 Graffiti Art Field Trip—Rm. 5 12:25—2:30	29	30 Skating—rm. 5 11:10—12:30	31 Skating—rm. 6 11:10—12:30	
	Day 3	Day 4	Day 5	Day 6	Day 1	Hallowee