



James Nisbet Community  
School  
Seven Oaks School Division

Restoring Safe Schools  
Planning for Student Success  
Upon the Return to School

- **In-Class Learning at James Nisbet**

- All students at James Nisbet will be in class full days, 5 days per week.
- Our school day will begin at 9:00 a.m. and conclude at 3:30 p.m.
  - Morning Kindergarten will be from 9:00-11:30 a.m.
  - Afternoon Kindergarten will be from 1:00-3:30 p.m.
- At the beginning of the year teachers will pay a lot of attention to the basics of keeping safe (staying home if you are symptomatic, social distancing, handwashing, wearing a mask, cough etiquette).
- Learning will include all academics, Music and Physical Education. As the year progresses teachers will focus on the essential skills students need to progress both academically and socially.
- Assemblies, concerts, and other large gatherings will not occur until further notice.

- **At Home Screening Each Day**

- Parents/Guardians are required to screen their children daily for symptoms of COVID-19 before the start of each school day. Staff, parents/guardians and visitors are also required to self screen before entering the school.
- ***If your child displays any cold or flu-like symptoms, they are expected to remain at home and families are asked to call our office.***
- ***If your child develops symptoms during the school day, your child will be isolated in a safe space. Parents/guardians will be contacted and asked to immediately pick up their child from school.***
- Online Screening <https://sharedhealthmb.ca/covid19/screening-tool/>
- or Call 1-877-308-9038 for an Interactive Voice Response screening tool

- **Masks**

- ***As per the [Provincial Mandate](#), Staff, Visitors and Students in Grade 4 and up are required to wear masks while in the school. Younger students may wear***

**masks if their guardian deems appropriate, and is highly encouraged.**

- At Orientation appointments, one reusable mask will be provided to all students. Please send this with your child each school day and wash nightly.

● **Start/End of Day**

- To reduce congestion at our school entrance, we are asking for your support at the start (between 8:45-9:00) and end (3:30) of the school day, **please drop off/pick-up your child one block away from the school and have them walk the remaining distance.**
- Our parking lot is not a drop off zone.
- For younger grades, you can alternatively choose a consistent spot on the playground/field to drop off/pick-up your child.
- Please do not gather at school entrances/exits.
- **Parents/Guardians and community members are asked not to enter the school unless they have made an appointment with the school office or classroom teacher.**
- When your child arrives/departs school we are asking that they:
  - **Only Enter/Exit the building through the entry way closest to their classroom. Please see school map at end of document.**
  - Proceed immediately to wash their hands thoroughly for 20 seconds with warm water and soap.
  - Proceed to their classroom, where they will have a pre-determined spot. We have very limited supervision available. As classes begin at 9:00, **please do not arrive before 8:45.**

Area Cohorts	Classroom Cohorts	Entrance/Exit/Washrooms
Cohort 1 Cottages (Portable)	Rm. 25 Ms. Lee Gr. (4/5) Rm. 26 Ms. Andres (4) Rm. 28 Mr. Marzo (4/5)	Direct Entry to Portable Classroom (Field/Leaman Cresc.) Washrooms: Gymnasium Sinks: Rm. 2 Main Hallway to Parking Lot
Cohort 2 Prairie Sky	Rm. 4 Ms. Dyck (1) Rm. 5 Ms. Goyal (1/2) Rm. 6 Ms. McVicar (3)	South East Corner of School (Playground/Field)
Cohort 3 The Gallery	Rm. 10 Mr. Hochman (3) Rm. 11 Mr. Greco (1/2) Rm. 12 Ms. Kasprick (5)	Southwest Corner of School (Playground)
Cohort 4 Northern Lights	Rm. 16 Ms. Perrett (4/5) Rm. 17 Ms. Mackay (2) Rm. 18 Ms. Dhanoa (1/2)	Rm. 16-18: Northwest Corner of School (On Doubleday St.)
Cohort 5	Rm. 21 Ms. Alice Sherwin (K)	Kindergarten: Main School Entrance on Doubleday Drive.

- **Hand Washing & Sanitizing**

- Staff and students will **wash their hands frequently with sanitizer and/or soap & water**, at the following times:
  - At the start of the day and before going home.
  - After going to the washroom.
  - Before and after eating.
  - After getting hands dirty.
  - After blowing nose, using tissue, coughing, and/or sneezing.
- Sanitizer stations are located at all building, classroom entrances and inside each classroom.
- Students located in The Gallery, Prairie Sky and Northern Lights Cohorts will use sinks & washrooms only in their cohort area.
- Students from the Cottages (Portable Classrooms) will use washrooms/sinks in the gymnasium, as well as using Room 2 for handwashing.
- Students in Kindergarten will use washrooms/sinks in their classroom.

- **Balanced School Day Activity & Nutrition Breaks**

- Given the current safety considerations in schools due to COVID19, **we have transitioned to the Balanced School Day timetable**, this will further aide in social distancing, allowing staggering of our students' recesses and lunches, ensuring there is adequate supervision, reducing congestion throughout our school to increase social distancing, less transitions throughout the day and providing greater physical activity and time outdoors and more balanced nutrition.
- The start and end of the day does not change. Simply, there are two longer breaks instead of two short breaks and one long break.

There are three blocks of instructional time  
&  
two wellness breaks

Academic Block 9:00-10:45  
Activity/Nutrition Break 10:45-11:25  
Academic Block 11:25-12:55  
Activity/Nutrition Break 12:55-1:50  
Academic Block 1:50-3:30

- While half the school is eating in their classrooms, the other half will be outdoors for their break. The two groups will switch halfway through the break using their assigned entrances/exits. Additionally there is a 5 minute transition built in to reduce congestion.

Break/Time	Cohort	Activity or Nutrition Break	Area
10:40-11:00	Cohort 1 Cottages	Activity Break	Hardtop & Field
	Cohort 2 Prairie Sky		Playstructure & BB Court
	Cohorts 3&4 Gallery, Northern Lights	Nutrition Break	Classrooms
11:05-11:25	Cohorts 1 & 2 Cottages & Prairie Sky	Nutrition Break	Classrooms
	Cohort 3 Gallery	Activity Break	Hardtop & Field
	Cohort 4 Northern Lights		Playstructure & BB Court
12:55-1:20	Cohort 1 Cottages	Activity Break	Playstructure & BB Court
	Cohort 2 Prairie Sky		Hardtop & Field
	Cohorts 3&4 Gallery, Northern Lights	Nutrition Break	Classrooms
1:25-1:50	Cohorts 1 & 2 Cottages & Prairie Sky	Nutrition Break	Classrooms
	Cohort 3 Gallery	Activity Break	Playstructure & BB Court
	Cohort 4 Northern Lights		Hardtop & Field

- **To ensure that we reduce congestion at the following transition times:**

AM 8:45-9:00

AM Following Activity Break 11:05 & 11:25

PM Following Activity Break 1:20 & 1:50

- Exterior Doors are open for direct entry into classrooms.
- All shoes/boots are kept in classrooms
- Students proceed with their shoes/boots on, to their classroom & use mounted hand sanitizer inside their classroom, not the station at the building entrance/exit. Mask is put on immediately following sanitizer.

- **Can students use playground equipment?**

- Yes, outdoor activities are encouraged and outdoor spaces and playground structures can be used.
- Separate containers of equipment will be maintained for each class or cohort. Students will sanitize and/or wash hands with soap and water before/after use.

- **Preparing Our School, Classrooms & Increased Cleaning**

- Our teachers have been hard at work to prepare their classrooms to maximize space and social distancing. Classroom cohorts have been set-up to ensure that there is a minimum of 1m between student spots.
- Increased frequency of cleaning and sanitization, particularly high-touch surfaces and common/shared areas, will be implemented.
- Commonly touched surfaces will be disinfected frequently, at least twice daily.
- Our building has invested in significant signage and floor marking to help

ensure that social distancing is followed. We need your help, please discuss this with your child.

- Common areas in the school, such as bathrooms have been marked with capacity. Students are asked to please follow guidelines for shared spaces.

- **Specialty Subjects**

- Physical Education classes will be held outside whenever possible. On days with rain or extreme cold, classes will be held in our large gymnasium and 2m social distancing will be maintained.
- All Choir classes will be held in one of our gymnasiums, which facilitates a minimum of 2m distance between students.

- **Family Members & Visitors**

- As noted above, ***please drop off/pick-up your child at a pre-arranged location outside of the school.*** This ensures that we are reducing congestion in high traffic locations within the school.
- ***If you are wanting to speak to your child's teacher, please pre-arrange an appointment time by emailing or calling the school office.***
  - When you do have an appointment time in the building, we ask for visitors to self-screen, adhering to physical distancing and hygiene practices in place for students and staff.
- All adults and visitors in the building are required to wear masks. Please be sure to wear these to your child's Orientation appointment, as well as any other pre-arranged meetings with the office or classroom teacher.

- **End of Day Busing Routine**

- At the end of day, students who take the bus will remain in their classroom until their bus is called over the announcements. Only one bus at a time will be called to reduce any possible congestion in the building. Students will meet a staff member on the sidewalk along Doubleday Drive. Students will be required to arrive to their bus wearing their mask.

We are all learners. We know that there will be times where we don't understand the new guidelines or adjust to new routines. What's most important is that we take these opportunities as moments to teach one another and know that in time we will develop a new rhythm. We look forward to an incredible school year. See you all next week!

\*Due to changing precautions and regulations with COVID 19, this plan is subject to change as Public Health directs. Any changes will be communicated to our families.



# COVID-19 NOVEL CORONAVIRUS

COVID-19 Screening Questions



## Symptom and exposure screening questions (check all that apply)

Do you have a new onset, or worsening, of any ONE of the following symptoms?		Yes	No
<input type="checkbox"/>	• fever > 38°C or think you have a fever or chills		
<input type="checkbox"/>	• cough		
<input type="checkbox"/>	• sore throat/ hoarse voice		
<input type="checkbox"/>	• shortness of breath/ breathing difficulties		
<input type="checkbox"/>	• loss of taste or smell		
<input type="checkbox"/>	• vomiting or diarrhea for more than 24 hours		
<b>If "yes" to any one of the above, DO NOT ENTER</b>			
Do you have a new onset, or worsening, of any TWO of the following symptoms?		Yes	No
<input type="checkbox"/>	• runny nose		
<input type="checkbox"/>	• muscle aches		
<input type="checkbox"/>	• fatigue		
<input type="checkbox"/>	• conjunctivitis (pink eye)		
<input type="checkbox"/>	• headache		
<input type="checkbox"/>	• skin rash of unknown cause		
<input type="checkbox"/>	• nausea or loss of appetite		
<input type="checkbox"/>	• poor feeding (if an infant)		
<b>If "yes" to any two of the above, DO NOT ENTER</b>			
Exposure history		Yes	No
1.	Have you been in close contact (within two metres/ six feet for more than 15 minutes) in the last 14 days with a confirmed COVID-19 case?		
2.	Have you been exposed to COVID-19 in a work or public setting?		
3.	Have you travelled outside of Canada, or within Canada, east of Terrace Bay, Ontario in the past 14 days?		
4.	A. In the last 14 days has anyone living in your household travelled outside of Canada, or within Canada, east of Terrace Bay, Ontario? If yes, proceed to question 4B. If no, do not complete 4B or 4C.		
	B. IF YES to 4A, is your household traveller exempt from self-isolation (quarantine) requirements ( <a href="http://www.manitoba.ca/covid19/soe.html">www.manitoba.ca/covid19/soe.html</a> )? If no, proceed to question 4C. If yes, do not complete 4C.		
	C. If NO to 4B, have you been in close contact with the household traveller in the last 14 days since their return from travel?		
<b>If "yes" to question 1, 2, 3, or 4C - DO NOT ENTER</b>			

If the checklist advises you Not to Enter: stay home, isolate and refer to the online COVID-19 Screening Tool at <https://sharedhealthmb.ca/covid19/screening-tool/> or call Health Links – Info Santé at 204-788-8200 or toll free at 1-888-315-9257 for further guidance.

Updated

Up to date information on COVID-19 can be found at: [www.manitoba.ca/covid19](http://www.manitoba.ca/covid19)