GRADE 8 TAS COURSE DESCRIPTIONS

****Please note that there are different TAS options for each grade level and not all options are available each term. Programs are offered at different locations, including ÉSOMS, École Leila North School, the 7Oaks arena and the 7Oaks Soccer Complex. Transportation is provided to all of these venues. ****

Fiddling - Students will learn basic violin technique (or more advanced, if they have been playing violin for more than one year), how to tune the violin, and how to read music. The Fiddle Karate program will be implemented in TAS Fiddle. Classes will accommodate both beginners and those with one or more years of playing experience. This TAS course is located at ESOMS.

Guitar – In grade 8 TAS guitar, students will get a chance to work towards mastery of the guitar and songwriting through online exploration and group inquiry. Themes include: parts of the acoustic guitar; strategies for tuning; finger-picking and strumming techniques; reading, writing and performing using guitar tablature and chord charts; recognizing and playing chords; performing popular songs and melodies, composing lyrics and melodies. This TAS course is located at ESOMS.

Culture Kitchen (Term 1 & 3 only) - Plan, cook (and eat) foods from around the world, and your neighbourhood. Your food will be served with a side of art, inquiry and hands-on learning. Create and support friendly community. Learn new skills and see what's cooking in your community! Using a local staple food such as potatoes, berries, herbs, popcorn and others we will add a dash of cultural flair to see how similar dishes are made around the world! Showing that we're really all very similar to each other. Students will create a scrapbook throughout the class that will be part of their final grade, along with cooking lessons. This TAS course is located at Ecole Leila North Community School. Transportation there and back by school bus is provided.

Foods and Nutrition – Students learn about safety in the kitchen, measuring equipment and techniques, following of recipe methods to prepare cooking projects and proper cleaning techniques. Group cooperation and organization are very important to the success of the projects. Introductory nutrition based on Canada's Food Guide and healthy food choices are emphasized. Students prepare recipes to review proper kitchen techniques. Recipes are chosen to reflect regional and global diversity in ingredients. Healthy choices and food related health concerns are emphasized. This TAS course is located at Ecole Leila North Community School. Transportation there and back by school bus is provided.

Graphics – Graphic Communication will be the study of the many tools, materials and methods employed in the communications industry. Students will be exposed to basic drafting principles, screen printing, poster making, vinyl cutting, Photoshopping and various graphics programs for mac computers. This TAS course is located at Ecole Leila North Community School. Transportation there and back by school bus is provided.

Sew-icial Studies - Learn basic sewing terms, how to use and safely operate a sewing machine, how to sew basic seams, cut fabric, be creative and select your own fabrics and trims for your projects, sew 3 different basic stitches on a sewing machine, use an Iron safely and much more! Construct a bookmark, a draw string bag and other projects that you design! We will also participate in "sew"cial community projects that support our community and donate these hand-made with love projects! This TAS course is located at Ecole Leila North Community School. Transportation there and back by school bus is provided.

Woodworking – The Woodworking program provides basic information about wood and wood products, selection, safe use and care of hand and power tools. The program is designed to give the students insight into major areas of woodworking and to help students develop competent technical skills for good performance in broad areas of woodworking. This TAS course is located at Ecole Leila North Community School. Transportation there and back by school bus is provided.

Active Living – Come experience the FUN of physical activity outside of the gym! In this class, we take the emphasis off of team sports and focus on individual sports and activities you can adopt as part of a lifelong, active lifestyle – the emphasis is on activities that are FUN! These can include but are not limited to cycling, hiking, tennis, swimming, paddling, yoga and aerobics. Find out what the world of physical activity really has to offer! Students will be transported by school bus to activities at various locations.

Indoor Soccer - Indoor Soccer is a program that focuses on the basic skills, rules and knowledge required for indoor soccer success. Each session will be based on a specific theme or skill. These skills will be introduced and developed through a variety of lead-up games and drills. Themes or skills include: dribbling/ball control, trapping/passing/receiving, shooting/kicking, heading, goalkeeping, shielding, team tactics etc. Skilled veterans or novices benefit from and can experience success and fitness through this program. Students are transported by school bus to and from the Garden City Soccer Complex for this option.

Seven Oaks Hockey Skills Academy (Term 1 & 2 only) – The 7oaksHSA is an on-ice session focusing on hockey skill development at the Seven Oaks Arena 745 Kingsbury Ave. This class is offered at no cost to parents or players, however all students must have their own full set of hockey equipment. Students equipment will need to be at the rink prior to the student going on ice. Parents will be given a hockey storage room code for access so that the equipment can be dropped off either the night before or the morning of the class. Students will be transported by school bus to and from Seven Oaks Arena.

Ball Hockey (Term 3 only) – During Ball Hockey, when the ice is removed from West Kildonan arena, the academy offers a ball hockey TAS option. Students choosing this term 3 option will participate in a variety of ball hockey games. Hockey experience isn't necessary for term 3 but those registering are expected to participate fully. Each student will be required to wear protective hockey gloves, helmets and shin pads during term 3 Ball Hockey. This TAS course is at West Kildonan Arena, located behind ESOMS.