MET SCHOOL
SEVEN OAKS SCHOOL DIVISION

640 Jefferson Avenue
Winnipeg, MB R2V 0P2
Phone: 204-336-5050
Fax: 204-334-7293
Principal (acting): Nancy Janelle
met.school@7oaks.org

Why Choose the Met School?

As you can imagine, we get asked this question a lot. Met School students graduate with a **regular high school diploma** like every other student in Manitoba, but in addition to this they also get a lot of extras. There are many reasons why someone might choose to come to the Met School. These are just a few:

- 5-10 unique **internship** experiences
- The chance to do in-depth **career** exploration
- First hand experience on job **interviews**
- An amazing **resume** with lots of depth and experiences
- **Networking** with potential employers in your field of interest
- The possibility of part-time, or full-time, **employment**
- Strong **relationships** with your advisory and mentors
- **Four years** with the same advisor
- Independent inquiry-based **projects**
- A clear sense of your focus for **university** or college
- Opportunities to apply for all major **scholarships**

You are invited to our Open House In Mid-February

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Please see our website for dates and time

http://www.7oaks.org/school/themet

Now accepting applications!

Due dates listed on the website

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*space is very limited for grades 10 & 11

How to Apply for September

Seven Oaks School Division students entering grades 9 - 12 in September are invited to apply. Students are asked to submit the **best thing they've ever made,** created, or performed. The format may include: video, photos, web-link, USB, or any written form, etc. Accompanying this submission, the **student is asked to write a letter** explaining why they want to attend the Met School, including their interests, passions, and goals, and why they think it is a good fit. The parent/guardian (or another significant adult in the child's life) **letter is a chance for parents** to share their perspectives on their child as a learner. This is a good place to share past learning experiences, including accomplishments and challenges, and why the Met School appeals to you and your family. These items should be accompanied by a copy of a **recent report card** and a completed Met School **application form** (available online). As Met School courses run from September to June (not by semester), families are asked to make a minimum commitment of one school year.

Application Checklist:	
	Student submission
	Student letter
	Parent letter
	Report card
	Application form

About the Met

The Seven Oaks School Division Met School opened in September 2009 with goals to engage students in their learning through creative and challenging academic work and through internships that provide real world learning opportunities. We are a regular high school program in that our students graduate with a regular high school diploma.

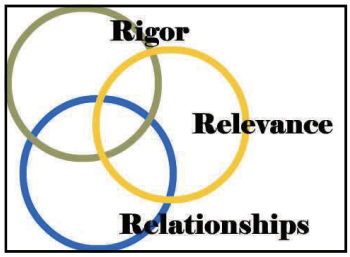
As of September , the Met School will have eight advisors (teachers) and 120 students. Our partnership with Garden City Collegiate continues for PE, band, choir, the advanced sciences, and extra-curricular activities. The Met School has a social justice club, a gay/straight alliance, and is an eco-globe school with a focus on education for sustainable development.

Students start in the Met School exploring their interests, examining career connections, and doing research on our city. They develop resumes, work on their interview skills and arrange to interview people who work in the field of their interest. With the assistance of their advisors (teachers) and the support of parents, our students find internship placements in the community. Our students have the responsibility to contribute to our school and their internship site with projects related to the curriculum.

Big Picture Learning

Dennis Littky and Elliot Washor established Big Picture Learning in 1995 with a motto of 'education is everyone's business' and an intention to demonstrate that schooling and education can and should be radically changed, the Big Picture was born. Big Picture proposed a school design - a bold new school dedicated to educating one student at a time. After garnering considerable community support, the state legislature approved the Regional Career and Technical Center, informally referred to as 'the Met'.

The driving force behind the Big Picture philosophy is "relationships, relevance, and rigor." While the entire process is framed by the five Met School Learning Goals, it is the individual student interests that determine the individualized Learning Plans. This includes their internship placements (learning through internship – LTI) and school-based projects (SBP). In addition, students attend workshops, field trips, and guest speaker sessions to work towards Manitoba curricular outcomes for their required high school credits.



Family Ambassadors

Choosing a high school is an important decision. Our Met School parents have been in your shoes, deciding if the Met School is the right place for their children. Here's what they have to say:

"I was worried about all the new teaching ideas in the Met school. I wondered what his diploma would be worth after four years, would he be able to go into university? I found out that the Met students have to meet the same standards as those in the regular schools and that the advisors are very talented at helping the students meet those standards using many different resources."

"Having an advisor instead of a teacher? Commitment and passion to the Met program and students is something that all the advisors share. The energy put into customizing and monitoring the progress of more than a dozen different student learning paths is just incredible and having those advisors move with the students from grade 9 to grade 12 allows them to develop a relationship with people who are great role models."

Internships

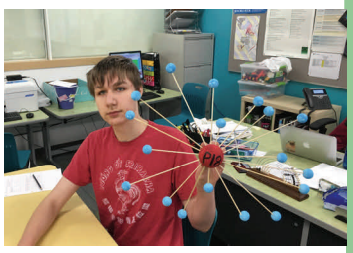
Tuesdays and Thursdays are “Internship Days” and our students are at their internship sites working along side their mentors. They design projects at the site to build their personal qualities and academic skills. Students need to be able to take initiative and have the skills needed to secure an internship placement, attend independently and contribute to the site. This is not a work experience program. Although our class sizes are smaller in the Met School, there is no educational assistant support for students.

The internship program is a key component of the Met School. One of the things that makes us unique is that students are able to explore a variety of interests, including the Arts, sciences and trades. Our students have incredible experiences linked to their interests and supported by competent, professional and caring mentors in our community.

The work completed on internship days, goes toward career development, core & other elective credits.

To get an internship, students first develop resumes, do research on their interests and learn about careers and fields of study in Winnipeg. With their teacher they interview experts in the field and make decisions about what internship placement might be a good fit for them. It is an amazing part of the Met School and students develop strong professional skills and personal qualities.

Academic Days & School-Based Projects



Monday, Wednesday and Friday are our “Academic Days” when students take part in Met School classes, curriculum workshops, independent study, inquiry-based research projects, field trips and assignments to develop skill and competence in the curricular areas. This includes math, physical education and select advanced sciences. All met school credits are earned through school-based projects, internships, workshops and other academic work.

The Met School is a Manitoba High School Diploma program, just like other high schools. We follow the Manitoba curriculum, students earn credits for approved courses, and students need to meet all graduation requirements. All Met School students must pass the required courses and take electives to obtain their Manitoba Diploma. Our students write the required English and Math Standards Exams. These exams are the same for every student in Manitoba. Met School students are held to the same standard as Garden City Collegiate students and awarded Honour Roll status for an average of 80% and above.

They are also eligible for college and university scholarships. Met School students graduate with a Manitoba Diploma and will be provided with a standard transcript at the end of Grade 12 listing all high school credits with a percentage grade. Not only will your child be academically prepared for post-secondary education, he or she will also have strengthened his/her organizational skills, presentation skills, professional workplace experiences and will have had many opportunities to explore post-secondary programs available to them.

Advisory

An advisory is a class of students and their teacher. There is a maximum of 15 students per class and each class has one teacher. This students and their advisor (teacher) stay together for their entire high program. The advisory class is a safe, fun, supportive community where individuals respect one another and appreciate the talents and strengths of each other. Students are expected to be friendly, kind and helpful towards one another as they share in an amazing and unique experience of high school.

September Enrollment

The Met School has eight advisors and 120 students in grades 9 - 12. We will have 30 spaces available in our two grade 9 advisories in September. The maximum number of students in each advisory is 15. There is very limited space available for new applicants to grade 10, 11 and 12 in our existing classrooms.

The Met School welcomes applications from students in Seven Oaks School Division. Students are selected based on the submission of a complete application; each student who applies has an equal chance of being accepted. Our mandate is to support Seven Oaks students first, if spaces are available, we may also accept students from outside our division.

Acceptance letters will be sent home in late April. Students not selected for September can request to be placed on the wait list. In the event an applicant is not accepted to the Met school, you should also apply to your home high school before their deadline.

Is Met School for me?

The Met School is best for students who are looking to challenge themselves academically while extending their learning into the community. It is best for students who are curious, independent, who act on their own initiative, and who are comfortable doing different work than their peers. Students should also be at ease with the increased level of parent involvement, and the accountability and responsibility the program requires. Students should be organized and motivated with a commitment to developing strong projects and internship placements. Students need to be willing to work independently both at school and at their internship. Students need to be willing to develop the skills necessary to manage a complex school experience that includes placements in the community along with multiple levels of projects and assignments. It is not easier than a more traditional high school program and parents must also embrace this as an opportunity for them to have an active role in the life of their teenager.

Mission Statement

The Seven Oaks School Division Met School provides a respectful, positive and challenging learning environment where meaningful learning is linked to student passions and interests. Each student's experience is centered on goals that are relevant to the student and are connected to the real world. Our "One Student at a Time" approach creates purposeful relationships between teachers, families and the community where essential skills and academic challenges lead to success.

On our website you will find:

* Application Forms
* FAQs
* Parent Information Package
* And more…..

http://www.7oaks.org/school/themet

Met School Students Are:

Curious
Motivated
Enthusiastic
Independent
Organized
Creative

Seven Oaks School Division

Met School

is the proud recipient of the

Ken Spencer Award 2010
***for* Innovation in Teaching & Learning**

Canadian Education Association — Association canadienne d'éducation

Canadian Education Association's
Ken Spencer Award
***for* Innovation in Teaching and Learning…**
honours schools that demonstrate a
commitment to engaging the **hearts**
and **minds** of adolescent learners through
a **successful** and **sustainable**
initiative to **deeply engage** students
in their **LEARNING**.