

## West St. Paul School

3740 Main St. West St. Paul MB R4A1A4 204-339-1964  
Principal: David Ingram Vice Principal: Tanya Kohut

February 2019

# WILDCATS NEWS



West St. Paul  
School is on  
Twitter!!

For all the latest news and  
activities at West St. Paul  
School follow us:  
[@WestStPaulScho1](https://twitter.com/WestStPaulScho1)

### Important Dates:

Feb. 1: Divisional PD Day -  
no classes  
Feb. 6: Kindergarten Information  
Night  
6:00-7:00 p.m. Red River Hall  
Feb. 8: Family Games Night -  
registration required.  
Feb. 12: PAC Meeting 7:00 p.m.  
Free childcare provided.  
Feb. 13: Pizza Day  
Feb. 15: Middle Years Winter  
Activity Day  
Feb. 18: Louis Riel Day -  
no classes  
Feb. 25: Kindergarten Registration  
Begins after 9:00 a.m. - 2:00 p.m.  
Feb. 27: Pizza Day

## ADMINISTRATOR'S MESSAGE

We arrive at February with a very cold snap to end January. We have had challenging days getting outside because of some absurdly cold wind chill values. Nevertheless, school always continues when it is cold (or hot) and we urge you to get your children to school all day, every day. There is learning that takes place in a school that can not be replicated. A reminder that all metro school divisions follow the same rule for cancelling school busses: they will be cancelled for the entire school day when the wind chill is -45 C or colder at The Forks as posted by Environment Canada at 6:00 a.m.

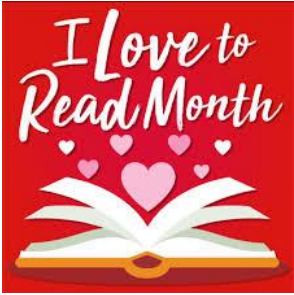
Basketball season is in full swing for Middle Years students. Games and practices take place before and after school, both at West St. Paul and around the division. Last week, the grade five students even played basketball downtown at the Canada Games Sport for Life Centre.

February is I Love to Read month. You will find a calendar of activities attached to this message. Our kindergarten information night takes place on Wednesday, February 6 at 6 PM. Children born in 2014 can begin kindergarten in September.

One of our front doors is open to greet students, parents and visitors all school day long. Thank you to parents for checking in at the office when you enter the school. As well, parents need to come to the office to check out their child when they take them home or to any mid-day appointments. These are just a few of the things we do to keep our school safe for everyone.

The students in our school typically do very well in provincial assessments that take place each year. In addition to provincial assessments this year, our grade 4 classes will take part in the 2019 Trends in International Mathematics and Science Study (TIMSS) and grade 8 classes will take part in the Pan Canadian Assessment Program (PCAP). The testing dates for these surveys will be in April or May.

Keep warm and enjoy February!



February is I Love to Read month! Please see the calendar below outlining interesting and fun activities your children will be taking part in during the school days in February.

Field trip Fridays are a chance for students to be creative, dress up and have fun. Guest readers have been booked to read to the students throughout the month.

I Love to Read month is a great opportunity to nurture the love of reading.

Thank you for your support from the I Love to Read committee.

Mon ehrr!

Ma ehrr!

\*Field Trip Fridays are also dress up days.

FEBRUARY 2019 – I Love to Read Month						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 PD (no school for students) Read your cereal box!	2
3	4 Read a book to a friend.	5 Chinese New Year Look up your Chinese Zodiac animal.	6 Design a bookmark.	7 D.E.A.R. 9:15am	8 'Field Trip Friday': Disneyland (Read fairy tales and folklore.)	9
10	11 Read, write, or tell a joke!	12 Make a list of 100 things! (Anything of your choice.)	13 D.E.A.R. 1pm	14 Read your Valentines.	15 'Field Trip Friday': Hawaii (Read books on warm travel destinations.)	16
17	18 LOUIS RIEL DAY NO SCHOOL Read something in French, s'il vous plait!	19 Wear a shirt you can read!	20 Read a recipe.	21 D.E.A.R. 9:15am	22 'Field Trip Friday': Fantasyland (Read a Fantasy book.)	23
24	25 Read a poem!	26 Read a comic!	27 Read a book by an indigenous author!	28 D.E.A.R. 1pm		



Kindergarten Information Night February 6 at 6:00 p.m.

If you have a child born in 2014 and reside in the West St. Paul School catchment area, please join us on February 6 at 6:00 p.m. for our Kindergarten Information Night. We will be discussing the registration process, presenting our school beliefs and answering questions. This is an information session intended for parents only as child care will not be provided. Kindergarten registration will take place daily beginning on Monday, February 25 from 9:00 a.m. - 2:00 p.m.

Begins Monday, February 25th from 9:00 a.m. - 2:00 p.m.

**WEST ST. PAUL  
SCHOOL** 

Items required for registration:  
Child's birth certificate, MB  
medical card and proof of  
residence in the WSP  
catchment area.

**KINDERGARTEN**



**REGISTRATION IS COMING!**

**Community News**



**Red River**  
**Mini Soccer Club Program**

Open to children born 2011 - 2015  
No prior experience necessary  
All games scheduled within the community  
Includes jersey and soccer ball  
\$50 refund for coaches

**REGISTER ONLINE**  
**March 1-15**  
**[www.rrcc.soccer](http://www.rrcc.soccer)**

Friendship.  
Leadership.  
Sportsmanship.

[www.rrcc.soccer](http://www.rrcc.soccer)  
**REGISTER ONLINE**



Preschoolers play Tues/Thurs 6-7 pm • Kindergarteners play Mon/Wed 6-7 pm  
School Age (grades 1 & 2) play Tues/Thurs 7:15-8:15 pm

Please check the West St. Paul School website for full calendar details and additional information at <http://www.7oaks.org/school/weststpaul/Pages/default.aspx> . Please check back frequently as all dates and events are subject to change.



# SUNOVA centre

West St. Paul's Recreation Site

## Winter/Spring 2019 Program Information

48 Holland Rd. West St. Paul, MB  
Phone: 204-336-0294 Email: [recreation@weststpaul.com](mailto:recreation@weststpaul.com)

**NOTE: Programs listed can only run if registrations/attendees exceed the required minimum number of participants!**  
**All Registration Fees listed include applicable GST Charges.**

### Babysitters Course

**Saturday February 23rd**

**9am start - Duration: approx. 6hrs  
\$80.00/Participant**

**Pre-Payment & Pre-Registration  
REQUIRED by**

**Wednesday February 20th**

**Prerequisite: Minimum of 11yrs of  
age (or completion of Gr. 5)**

The Canadian Red Cross Babysitting course offers basic first aid and caregiving skills for youth ages 11-15yrs old. Participants learn how to provide care to children in a variety of age groups and how to prevent and respond to emergencies. The course also offers youth the skills to promote themselves as babysitters to prospective families. **Course Content:**

How to be responsible and demonstrate leadership; How to make good decisions & manage difficult behaviours; Info on children's development & specific strategies for each stage; How to feed, diaper, dress and play with children & babies; How to recognize and prevent unsafe situations, make safe choices and promote safe behaviours; First aid skills; The business of babysitting.

### STAY SAFE Course

**Sunday March 17th**

**9am start - Duration: approx. 4hrs  
\$65.00/Participant**

**Pre-Payment & Pre-Registration  
REQUIRED by**

**Wednesday March 13th**

**Prerequisite: 9-12yrs (or comp. of Gr. 3)**

Real-world scenarios often call on children to respond to challenges. The Canadian Red Cross Stay Safe course teaches applicable and age-appropriate skills, while increasing and reinforcing a youth's capacity to improve his or her own safety. Whether in their community or on their own, this group will be given better tools to Stay Safe! in a variety of different situations.

**Course Content:** The importance of responsibility and respect while being accountable for yourself; The importance of setting and following safety rules when on your own; How to stay safe at home and within the community; How to prepare for, recognize and respond to unexpected situations; Basic first aid skills



Dear Parents and Caregivers in the 7 Oaks School Division,  
You are invited to attend:



## **PARENTS INTERVENTION & SUPPORT PROGRAM**

PIP is a program for parents, guardians and caregivers designed to provide information and support related to youth involvement with alcohol, other drugs or gambling (AODG). Your young person does not need to be actively involved with AFM for you to attend. The

purpose of PIP is to:

- Introduce the AFM Youth Services' philosophy in working with youth;
- Strengthen the understanding of how a youth's AODG involvement affects everyone;
- Introduce parent response strategies that may assist and support adolescents in making healthier choices;
- Re-introduce principles of self-care to aid parents in maintaining health;
- Decrease isolation of parents/caregivers by providing information about available community supports and a network or mutual encouragement and support.

Parents are not responsible for their child's alcohol and drug use or gambling problems, but they are one of the most important influences in their child's life. The guidelines offered to you through this program will assist you in supporting your child, while helping you establish a more manageable living environment. Your support and participation are key components of the change process for your child.

This program will be offered in the 7 Oaks School Division over the course of 2 evenings on  
**March 12 and 14, 2019 from 6:30 p.m. - 9:30 p.m.**

For further information and to register for this free program, parents and caregivers may call or email

**Nick Davis-Peters**

West Kildonan Collegiate (Mondays & Wednesdays): 204-339-6959

Garden City Collegiate (Tuesdays & Thursdays): 204-339-2058

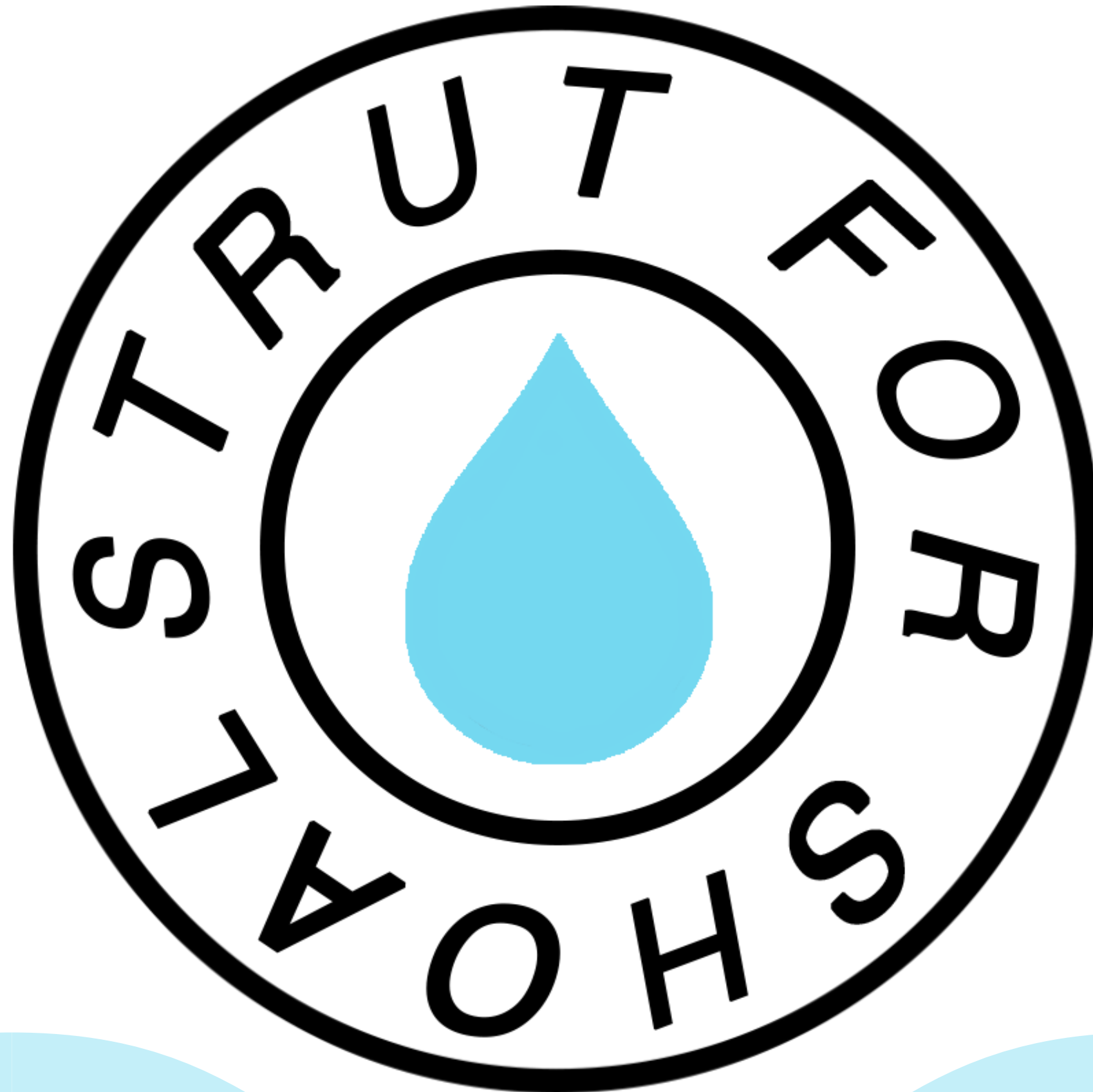
E-Mail: [nick.davispeters@7oaks.org](mailto:nick.davispeters@7oaks.org)

or

**Candy Burke**

Maples Collegiate (Monday to Friday): 204-632-6641

E-Mail: [candy.burke@7oaks.org](mailto:candy.burke@7oaks.org)



**A CONCERT AND FASHION SHOW  
TO BENEFIT SHOAL LAKE 40**

**FRIDAY, MAR. 1 | SOPAC | 7:00 PM**

**SHOW WILL BE HELD AT  
SEVEN OAKS PERFORMING ARTS CENTRE  
711 JEFFERSON AVE.**

**TICKETS  
\$15**

**GET YOURS TODAY!  
FIND US ON EVENTBRITE!**

**PICK UP AT SEVEN OAKS MET SCHOOL  
640 JEFFERSON AVE**

**STRUTFORSHOAL@GMAIL.COM**

 **@STRUTFORSHOAL**

**#STRUTFORSHOAL**