

West St. Paul School

3740 Main St. West St. Paul MB R4A1A4 204-339-1964

January 2019

WILDCATS NEWS



West St. Paul
School is on
Twitter!!

For all the latest news and
activities at West St. Paul
School follow us:
[@WestStPaulScho1](https://twitter.com/WestStPaulScho1)

Important Dates:

Jan. 16: Pizza Day
Jan. 18: Family Games Night – registration
required, see website for full details.
Jan. 21: PD Day - no classes
Jan. 30: Pizza Day
Feb. 1: Divisional PD Day - no classes
Feb. 6: Kindergarten Information Night
6:00-7:00 p.m. Red River Hall
Feb. 8: Family Games Night - registration
required.
Feb. 13: Pizza Day
Feb. 15: Middle Years Winter Activity Day
Feb. 18: Louis Riel Day -no classes
Feb. 25: Kindergarten Registration Begins
after 9:00 a.m. - 2:00 p.m.
Feb. 27: Pizza Day

Kindergarten Information Night February 6 at 6:00 p.m.

If you have a child born in 2014 and reside in the West St. Paul School catchment area, please join us on February 6 at 6:00 p.m. for our Kindergarten Information Night. We will be discussing the registration process, presenting our school beliefs and answering questions. This is an information session intended for parents only as child care will not be provided. Kindergarten registration will begin on Monday, February 25 from 9:00 a.m. - 2:00 p.m. daily.



ADMINISTRATOR'S MESSAGE

Welcome Back!

We hope everyone enjoyed the winter break, spent time with family and friends and enjoyed our beautiful winter weather.

Our students will continue to have outdoor recess every day unless we decide that it is dangerously cold. Usually that is when a temperature/wind chill of minus 27 degrees or colder occurs but sometimes it gets excessively windy in the school yard and we take that into consideration. There are also some days that it is cold and we will shorten the recess breaks but still allow students to go outside to play for a while. We consider the temperature at the airport when we send children outside at school and the temperature at The Forks when students go into the city for activities. Whether your child is in early years or middle years, each child needs to be dressed to go outside each day. Please help your child to make wise outdoor clothing choices.

At this time of the year it is also a good idea to remember the bussing policy followed by all city school divisions that says, "The general rule is that if the temperature combined with the wind chill is -45 C or colder at The Forks (as posted by at 6:00 a.m.), we cancel buses for the whole day but schools usually remain open." Those of us who live in West St. Paul also know that heavy and blowing snow can also alter bus schedules. Follow West St. Paul School on Twitter to get up to date bus updates on cold and snowy days.

Parents are encouraged to contact their child's teacher whenever they have questions about academic or social experiences. Teachers can be contacted by email or through a phone call to the school office.

Please check the West St. Paul School website for full calendar details and additional information at <http://www.7oaks.org/school/weststpaul/Pages/default.aspx> . Please check back frequently as all dates and events are subject to change.

Begins Monday, February 25th from 9:00 a.m. - 2:00 p.m.

**WEST ST. PAUL
SCHOOL**



Items required for registration:
Child's birth certificate, MB
medical card and proof of
residence in the WSP
catchment area.

KINDERGARTEN



REGISTRATION IS COMING!

Community News



Seven Oaks School Division is hiring Bus Drivers.

Excellent benefits, starting wage \$25.02 per hour.

For more information, call 204-338-7991.



Advancing Community Schools PARENT/CHILD PRESCHOOL PROGRAMS at West St. Paul Community School

Our programs are Free of Charge and are for families living in the Seven Oaks School Division. Registration is ongoing, so you and your child may begin at any time.

This FREE Preschool Program is for children ages 0-6 and their parent(s)/caregiver(s). Together with your child you will participate in stories, rhymes and songs, art activities, nutritious snacks, free play and gym time. This is a great opportunity for your child to be part of our school environment, to learn and grow with their peers. As a parent or caregiver you will also get the chance to meet other parents, living in your neighborhood!

Programs are Tuesday and Thursday mornings, 9:30 – 11:30 a.m. in the Community Corner room. (Please check school website for updated monthly calendars)

For more information, please contact Cheryl Rajfur at (204) 339-1964 or email cheryl.rajfur@7oaks.org



SUNOVA centre

West St. Paul's Recreation Site

Winter/Spring 2019 Program Information

48 Holland Rd. West St. Paul, MB
Phone: 204-336-0294 Email: recreation@weststpaul.com

NOTE: Programs listed can only run if registrations/attendees exceed the required minimum number of participants!
All Registration Fees listed include applicable GST Charges.

Babysitters Course

Saturday February 23rd

9am start - Duration: approx. 6hrs
\$80.00/Participant

Pre-Payment & Pre-Registration
REQUIRED by

Wednesday February 20th

Prerequisite: Minimum of 11yrs of age (or completion of Gr. 5)

The Canadian Red Cross Babysitting course offers basic first aid and caregiving skills for youth ages 11-15yrs old. Participants learn how to provide care to children in a variety of age groups and how to prevent and respond to emergencies. The course also offers youth the skills to promote themselves as babysitters to prospective families. **Course Content:**

How to be responsible and demonstrate leadership; How to make good decisions & manage difficult behaviours; Info on children's development & specific strategies for each stage; How to feed, diaper, dress and play with children & babies; How to recognize and prevent unsafe situations, make safe choices and promote safe behaviours; First aid skills; The business of babysitting.

STAY SAFE Course

Sunday March 17th

9am start - Duration: approx. 4hrs
\$65.00/Participant

Pre-Payment & Pre-Registration
REQUIRED by

Wednesday March 13th

Prerequisite: 9-12yrs (or comp. of Gr. 3)

Real-world scenarios often call on children to respond to challenges. The Canadian Red Cross Stay Safe course teaches applicable and age-appropriate skills, while increasing and reinforcing a youth's capacity to improve his or her own safety. Whether in their community or on their own, this group will be given better tools to Stay Safe! in a variety of different situations.

Course Content: The importance of responsibility and respect while being accountable for yourself; The importance of setting and following safety rules when on your own; How to stay safe at home and within the community; How to prepare for, recognize and respond to unexpected situations; Basic first aid skills



Dear Parents and Caregivers in the 7 Oaks School Division,
You are invited to attend:



PARENTS INTERVENTION & SUPPORT PROGRAM

PIP is a program for parents, guardians and caregivers designed to provide information and support related to youth involvement with alcohol, other drugs or gambling (AODG). Your young person does not need to be actively involved with AFM for you to attend. The

purpose of PIP is to:

- Introduce the AFM Youth Services' philosophy in working with youth;
- Strengthen the understanding of how a youth's AODG involvement affects everyone;
- Introduce parent response strategies that may assist and support adolescents in making healthier choices;
- Re-introduce principles of self-care to aid parents in maintaining health;
- Decrease isolation of parents/caregivers by providing information about available community supports and a network or mutual encouragement and support.

Parents are not responsible for their child's alcohol and drug use or gambling problems, but they are one of the most important influences in their child's life. The guidelines offered to you through this program will assist you in supporting your child, while helping you establish a more manageable living environment. Your support and participation are key components of the change process for your child.

This program will be offered in the 7 Oaks School Division over the course of 2 evenings on
March 12 and 14, 2019 from 6:30 p.m. - 9:30 p.m.

For further information and to register for this free program, parents and caregivers may call or email

Nick Davis-Peters

West Kildonan Collegiate (Mondays & Wednesdays): 204-339-6959

Garden City Collegiate (Tuesdays & Thursdays): 204-339-2058

E-Mail: nick.davispeters@7oaks.org

or

Candy Burke

Maples Collegiate (Monday to Friday): 204-632-6641

E-Mail: candy.burke@7oaks.org