

# MARCH NEWS 2017

## Taking Action Gaining a Global Perspective

### Sources of Strength Mentor Campaign:

Under the leadership of Maria Mathwig and Deborah Alby, all students in grades 6 - 8 participated in whole class lessons highlighting the strengths identified in the Sources of Strength Wheel.



The goal was to increase student capacity and resiliency to overcome life challenges. By identifying strengths we can turn to in our lives for coping, students are better able to deal with emotional distress and life stressors. We have recently begun a school wide campaign that focuses on one of the identified Sources of Strength

strengths: mentor. Mentors are described as caring, trusted adults that you can turn to when you need help. Middle school students led school wide class lessons on identifying school mentors, caring adults they can go to at school for help.



### Talented WSP students featured at Coffee-house

The evening of Friday, March 10, 2017, was one to remember as those in attendance were treated to two hours of music and song. This followed days of auditioning, planning, baking and organizing as 35 students under the leadership of Kevin Rempel and Michelle Thompson prepared for this event. The program featured students from grade 5 to 8 with guest

appearances by some former WSP students. Proceeds collected will be donated to the school building project in El Tizate, Guatemala. This is part of a larger project of exchange and sharing as five classes are making pieces of art focusing on the theme, Identity, What it means to be Canadian. Kevin will be visiting Guatemala

during the spring break to assist with the building of the school. The art pieces are part of a cultural exchange. He plans to return with reciprocal pieces created by Guatemalan children where they are expressing what it means to live there.

### LIT group new at WSP

West St. Paul's newest group is Leaders in Training! Once a week 13 keen Middle Years students meet from 2:30 to 4:00 pm with Kevin Rempel, one of our grade 8 teachers, who leads the team through discussions on social justice issues.

### Congratulations

to Raegan and Keira Foster for their winning entries into the Lions Club Peace Poster contest.

