



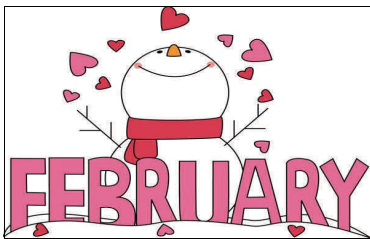
3740 Main Street
West St. Paul MB R4A 1A4
Phone: 204-339-1964
Fax: 204-339-7204

Administrators

Principal: Bob McIntosh
Vice Principal: Angela Bubnowicz

PIZZA DAYS

Feb 4
Feb 18
March 4
March 18



Upcoming Events

Feb 2—School PD—No Classes
Feb 11-13—Middle Years
Asessippi Ski Trip
Feb 12-13—Middle Years
Winter Activity Days
Thursday- Harbourview
Friday - Gateway CC
Feb 16 Louis Riel Day—No
Classes
Feb 18 MET School Open
House for Gr 8 students
Feb 23 - Kindergarten
Registration Begins

WEST ST. PAUL SCHOOL COMMUNITY NEWSLETTER

FEBRUARY, 2015

Our Beliefs: Take care of yourself. Take care of each other. Take care of this place.

ADMINISTRATORS' MESSAGE

Throughout one's career Professional Development is not only a responsibility but it is of vital importance to a teacher's growth. What we learn impacts our work directly with the children within our care. Many topics are curriculum based; others have to do with the social and emotional aspects of the children's well being.

Monday, February 2, 2015 was a day devoted to the broadening of our perspectives and understandings surrounding children of LGBTTTQ orientation. This topic focuses upon our responsibility to ensure that all children have a right to feel safe and a right to see themselves and their family reflected in classroom discussions. Our guests were volunteers from the Rainbow Resource Centre who spent the day thoughtfully and respectfully sharing information, leading discussions, and answering questions that arose to all members of our staff.

As parents and teachers, we often find ourselves learning about changes which affect our youngsters. Seven Oaks School Division is one of the first school divisions in the province to create policy specific to the rights of LGBTTTQ students (#JA Safe Learning Environment for LGBTTTQ Students). SOSD " is committed to ensuring a safe, positive and respectful learning environment for all students who identify as LGBTTTQ...This respects the letter and spirit of the Canadian Charter of Rights and Freedoms, The Manitoba Human Rights Code and the Seven Oaks Mission Statement." It is with this goal in mind that we as a school chose this focus to become better equipped to support students within our midst.



From the Gym...

EARLY YEARS PHYS. ED.

We were fortunate to get a break in the weather and most of our grade 4 and 5 students were able to try cross country skiing during gym classes. Floor Hockey and basketball were also prominent phys. ed. activities in January. I would like to remind everyone that occasionally gym classes take place outdoors, and students need to dress appropriately.

The remaining Early Years event dates are: Badminton March 18 (grades 4 & 5), Healthapalooza 4 May 1 (grades K-8), Cross Country May 4 (Rain Date May 6) (grades 3-5), WSP Track and Field May 25 (Rain Date May 27)(grades 4 & 5), 7 Oaks Divisional Track and Field June 3 (Rain Date June 5)(grades 4 & 5).

MIDDLE YEARS PHYS. ED.

Middle Years Track and Field: There are 3 meets remaining at the Max Bell Centre on the University of Manitoba campus from 10:30 a.m. until 4:00 p.m. on Feb.5 Feb.18, and Mar.17.

Middle Years Basketball: Remaining games are as follows:

Gr. 6 Boys (times roughly 3:30-5:00)	Gr. 6 Girls (times roughly 3:30-5:00)
Feb 9 @ ESOMS	Feb 9 @ WSP
Feb 23 @ EP	Feb 23 @ WSP

Gr. 7/8 Boys (time as indicated)	Gr. 7/8 Girls (times roughly 3:30-5:00)
Feb 4 @ WSP (4:00)	Feb 5 @ WSP
Feb 11 @ Amber Trails (5:15)	Feb 12 @ HCA

Final Tournament will be held on Friday, Feb 20 @ University of Winnipeg

From the Office...

Please note that Kindergarten registration for the 2015-2016 school year will begin on Monday, February 23, no sooner than 8:30 a.m. Please bring your child's birth certificate, MB medical card and proof of residence in the West St Paul catchment area.

WSP SCHOOL PARTNERSHIP WITH MIDDLECHURCH HOME

NATIONAL POPCORN DAY JANUARY 19
CELEBRATED WITH MRS. YEO'S GRADE 2/3 CLASS

STUDENTS READ, ILLUSTRATED AND DECORATED THE POEM POPCORN PETE.
TOGETHER WITH FRIENDS, THEY MUNCHEDED ON POPCORN TWISTS AND ENJOYED
EACH OTHERS COMPANY.



BACTERIA FARM



We are from Mrs. Anjoon's grade 5 class. We did an experiment that grew bacteria. We used chicken soup, sugar and water and we put the mix in some glass jars. We went around the school and collected samples with a cotton swab from a door handle, toilet handle, etc. Then we swirled it around in the bottle. After we waited one and an half weeks. We noticed some changes in the bottles. Some grew mold and in others the soup turned puffy. The worst ones were the door handle and garbage.

PLEASE WASH YOUR HANDS!

Written by: Lina, Anna, Kayla, Ashlynn and Miranda



West St. Paul School is proud to announce that this year over 2 100 pounds of Manitoba fresh vegetables were ordered and delivered to our families. This healthy fundraiser raised over \$1 400 for our school! In addition to this our community donated 31 vegetable bundles to the Manitoba Association of Food Banks. What a great success!

Two of our student teachers, Shannon Kitson and Robert Taylor, organized the fundraiser but could not have pulled it off without the help of the following grade 4/5 students: Dawson, Lexis, Cassandra, Colson, Ethan, Jaden, Jordan, and Mason. Thank you to all of our student volunteers!

**Fundraising
with CRUNCH!**



FROM THE LIBRARY...



February is I Love to Read month! We have a calendar full of fun activities for the students to do in their classrooms and a number of great guests coming to read to us!

Please don't forget to help your son or daughter return their books on time and on their library day! We still have a few overdue items but the numbers are depleting. Thanks to all parents and family members for your help keeping books accounted for and returned! I really appreciate it!



Book Fair News!!

The library will host a second book fair this year from March 9 - 13. We will need parent volunteers for Thursday evening, 5pm - 8pm. Please call Heather at 204-339-1964 if you can volunteer! Many thanks in advance!

Looking forward to seeing you at the

PARENT ADVISORY COUNCIL

NEXT MEETING IS ON
WEDNESDAY, FEBRUARY 11
AT 7 PM IN ROOM 41.

FREE CHILDCARE WILL BE PROVIDED.

WE LOOK FORWARD TO
SEEING YOU THERE!!



SEVEN OAKS
SCHOOL DIVISION
community begins here

SEVEN OAKS SCHOOL DIVISION

Invites the Community to the 2015 - 2016

Public Budget Consultation Meeting

The Board of Trustees of the Seven Oaks School Division invites the public to an open meeting to discuss the 2015-2016 school year budget. The purpose of the meeting is to inform the public about funding provisions and current budget discussions and to invite comment on educational and budget initiatives.

Monday, February 23, 2015 – 7:00 p.m.
Judy Silver Commons – Maples Collegiate
1330 Jefferson Avenue

MET SCHOOL

SEVEN OAKS SCHOOL DIVISION

Open House

Wednesday

Feb. 18

6:30-7:30 pm

Garden City Collegiate-Met School East Gym

Student entering Grade 9-12 are invited to apply.

Application deadline:

Wednesday, March 18, 2015

Come and learn more about this innovative, challenging and Award-Winning high school!

For more information contact:

Ms. Adair Warren Principal

204-336-5050 adair.warren@7oaks.org

**SAVE THE
DATE!!**



**WESTKILDONAN COLLEGIATE
101 RIDGECREST AVENUE
WPG MB R2V4T6
PH: 204-339-6959**

**MARK
YOUR
CALENDAR!**

OPEN HOUSE & GRADE 9 REGISTRATION!

TWO EVENTS... ONE EVENING!

5 - 8 p.m.

More info coming soon

www.7oaks.org/school/westkildonan



SEVEN OAKS
EDUCATION FOUNDATION INC.

The Seven Oaks Education Foundation Inc.

Invites Parents and Staff to Attend

7 OAKS GOT TALENT

Featuring the musical talents of Seven Oaks School Division teachers & staff!

SPUD, STEAK & BEVERAGE

fundraising event

Friday, February 6, 2015

4:00 p.m. - 8:00 p.m.

at

essence nightclub

Canad Inns Garden City

(McPhillips & Jefferson)

TICKETS:

\$20 per person includes

6 oz. AAA Steak or BBQ Chicken Breast
Baked Potato, Vegetables, Mushrooms,
Caesar Salad, Garlic Toast & Beverage

OR

Vegetarian Option (pre-order by February 2nd)

May be purchased from:

Mr. Bob McIntosh

School/Site Ticket Coordinator

cheques payable to:

Seven Oaks Education Foundation Inc.

GRAND PRIZE

300,000 Avion Points

SILENT AUCTION

DOOR PRIZES

50-50 DRAW

Positive Discipline

What it is and how to do it



We all know that parenting is a most rewarding, but challenging experience. Often we are presented with situations or behaviors in our children that leave us feeling confused, frustrated and unsure of how to respond.

Positive Discipline is an approach to parenting that teaches children and guides their behavior, based in research on children's healthy development and effective parenting.

Positive Discipline is not permissive parenting and is not about punishment. It is about long-term solutions that develop children's own self-discipline and their life long skills. Positive discipline is about teaching non-violence, empathy, self-respect, human rights and respect for others.

The 7-Oaks School Division will be offering a seminar on Positive Discipline in March and April, 2015. The seminars will start on Wednesday, March 4, 2015 in the morning from 9:15 am to 11:15 am and will run for 8 consecutive weeks. Childcare will be provided. The program will take place at the Ben Zaidman Educational Resource Centre (BZERC) at 375 Jefferson Avenue.

Registration forms will be sent home early Feb, 2015. We look forward to sharing information, ideas and experiences in these fun and informative parent seminars.

For more information please contact: Cheryl Rajfur at 204 339-1964.



SEVEN OAKS SCHOOL
DIVISION

SEVEN OAKS SCHOOL DIVISION

SETTLEMENT PROGRAM FOR IMMIGRANTS TO SEVEN OAKS

FEBRUARY 2015

www.7oaks.org/programs/settlement

All events and programs are for newcomers to Canada. They are CIC funded and hosted by the Seven Oaks Settlement Program.

BRING YOUR PERMANENT RESIDENT CARD TO REGISTER.

All programs are free. Questions? Phone 204-632-1716 or 204-697-5961

CONTACT INFORMATION

Seven Oaks Adult Learning and Settlement Services

Website: www.7oaks.org/programs/settlement

Call us: 204-632-1716 OR 204-697-5961

Email us: settlement@7oaks.org

Visit us:
950 Jefferson Ave

OFFICE HOURS
Monday to Thursday
9:30 am - 8:00 pm

Drop-in Computer Use, Help or Information

660 Sheppard St.
Monday to Thursday
1:00 - 4:00 pm

Settlement Team: Shane, Rowena, Jose, and Salinder

Coordinator: Jana



Seven Oaks Adult Learning and Settlement Services Centre

PROGRAMS AND WORKSHOPS

Conversation Café– Thursday, Feb 19th., 6:30 –8:00pm Join the conversation! An immigrant community member will come and share her story of re-starting her career as a nurse in Canada. At 950 Jefferson Ave. Call Shane if you have questions.

Conversation Classes– continue Tuesday evenings 6:00-7:30 at 950 Jefferson Ave. This is a great chance to practice speaking and listening in English, and meet new people. Call Shane if you have questions.

Men's Group– We still have room for a few more men to join our free and popular “Men Learning the Trades” class on Saturdays 11am-1pm starting January 17th, 2015 for 9 weeks. Includes car purchasing and maintenance, wood-working and cooking. Call Jose or Shane if you are want to join.

Beginner Computer Tutoring– Drop-by tutoring in basic skills at 660 Shepard St. on Monday and Wednesday afternoons 1-3pm. Also, Mondays 6pm at 950 Jefferson. Call Jose if you have any questions. No pre-registration required.

Mentoring for Women interested in daycare work: Would you like to become a child-care assistant? Do you have questions and need help in preparing for this? Theresa, our Early Childhood Educator, is here to help you. Contact Rowena if you are interested.

Qualification Recognition Assistance– Do you have education or a degree from your home country? Contact a settlement worker for help getting your international qualifications recognized in Canada.

Need Employment help? – Please contact Jose if you need help with a **resume**. Please contact Shane if you need assistance with practicing for an interview or need help with finding a career path. He can help you make a plan.

Are you thinking of going back to school? We are bringing people interested in furthering their education to Open Houses by bus in February. Call Jana to register at 204-632-1716

Feb 17th– **Bus to Red River College Open House** 12-2:30pm or 6pm-8:30pm

Feb 18th– **Bus to University of Winnipeg Open House** 9:30am-12 noon

Feb 19th– **Bus to University of Manitoba Open House** 9:30-12:30pm

Income Tax Presentation This popular community presentation will be held in February, followed by **free tax clinics** in March. Dates to be confirmed. Please call Rowena if you have questions.

MORE COMMUNITY NEWS

- ◆ **Free Seven Oaks Winter Festival for the whole family:** Feb. 28th, 1-4pm at 950 Jefferson Ave. and behind the parking lot. There will be a free horse and sleigh ride, bonfire, snow-shoeing and other outdoor activities while indoors there will be hot chocolate, maple syrup candy-making, Punjabi Hockey Night in Canada, crafts and music . After the festival, we will continue the fun with our first **Community Coffee House from 4-6pm:** music, open-mic, coffee and baking. **The whole community is welcome to these free, multi-cultural, all-day events.** You do not need to pre-register, but please bring your PR cards for the whole family when you register for this event. Please contact a settlement worker if you have any questions.



- ◆ **Free Family Water Safety and Education for Newcomers** of all ages, Sunday, March 1st 2-4pm. Seven Oaks Swimming Pool, 44 Adsum Driver. Everyone is welcome— bring the whole family! Includes water safety training and free use of the swimming pool for those who want to. Please pre-register by calling the Seven Oaks Adult Learning and Settlement Services Centre. If you are a permanent resident please bring your PR card .



COMMUNITY BEGINS HERE



Next SONA (Seven Oaks Newcomer Advisory) Meeting is Feb 11 at 6:30pm . Are you looking for committee experience? Come join our SONA and help make our community a better place for newcomers. Contact Jana

We are experiencing some changes on our settlement team this month: **Sally** will be leaving at the end of January, but will continue to be involved in settlement services for newcomers in her new position at New Journey Housing. Please feel free to stay in touch with her: Ph 204-942-2238 or visit her at NJH #200-305 Broadway, Winnipeg. Sally has really enjoyed her time in Seven Oaks, and hopes to stay connected with this vibrant community.



At the same time, we welcome Salinder to our team as the new part time settlement worker. Salinder comes with many skills to add to our team, including an educational background, tutoring and several key languages. We are very happy to welcome Salinder to the Seven Oaks Settlement Team!

February

PARENT/CHILD PROGRAMS

WEST ST. PAUL COMMUNITY SCHOOL

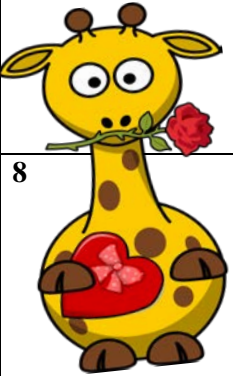





Advancing Community Schools

Serina Shewchuk - Learning Support Teacher - Early Years

Cheryl Rajfur - Community Coordinator

204-339-1964

School Website: <http://www.7oaks.org/school/weststpaul>

Sun	Mon	Tue	Wed	Thu	Fri	at
1 	2 PD NO SCHOOL	3 Parent/Child Skate/Gym at Sunova Centre 9:30 – 11:00 a.m. 0 – 5 years	4 Pre-School Gym Program RF Morrison 6:15-7:15 pm MUST REGISTER	5	6 Parent/Child Let's Play Drop In 9:00 – 11:00 a.m. 0-5 years	7 
8 	9 Parent/Child Storytime 9:30 – 11:00 a.m. 3 – 5 years	10 Parent/Child Skate/Gym at Sunova Centre 9:30 – 11:00 a.m. 0 – 5 years	11 Pre-School Gym Program RF Morrison 6:15-7:15 pm MUST REGISTER PAC 7 pm Free Childcare	12 Hans Kai 9:15 – 11:00 a.m.	13 Parent/Child Let's Play Drop In 9:00 – 11:00 a.m. 0-5 years	14 Valentine's Day
15	16 LOUIS RIEL DAY NO SCHOOL	17 Parent/Child Skate/Gym at Sunova Centre 9:30 – 11:00 a.m. 0 – 5 years	18 Pre-School Gym Program RF Morrison 6:15-7:15 pm MUST REGISTER	19	20 Parent/Child Let's Play Drop In 9:00 – 11:00 a.m. 0-5 years	21
22	23 Parent/Child Storytime 9:30 – 11:00 a.m. 3 – 5 years Kindergarten Registration 8:30 am-5 pm	24 Parent/Child Skate/Gym at Sunova Centre 9:30 – 11:00 a.m. 0 – 5 years	25 Pre-School Gym Program RF Morrison 6:15-7:15 pm MUST REGISTER	26	27 Parent/Child Let's Play Drop In 9:00 – 11:00 a.m. 0-5 years	28 
						

2015



WEST ST. PAUL COMMUNITY SCHOOL


Advancing Community Schools
 Serina Shewchuk - Learning Support Teacher - Early Years
 Cheryl Rajfur - Community Coordinator
 204-339-1964

School Website: <http://www.7oaks.org/school/weststpaul>

PARENT/CHILD PROGRAMS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 	2 Parent/Child Storytime 9:30 – 11:00 a.m. 3 – 5 years	3 Parent/Child Rhymes & More 9:30 – 11:00 a.m. 0 – 5 years	4 Positive Discipline 9:15-11:15 a.m. MUST REGISTER Pre-school Gym Program RF Morrison 6:15-7:15 pm MUST REGISTER	5	6 Pre-Schoolers in the Kitchen 9:00 – 11:00 a.m. 3-5 years MUST REGISTER	7
8	9 Parent/Child Storytime 9:30 – 11:00 a.m. 3 – 5 years	10 Parent/Child Rhymes & More 9:30 – 11:00 a.m. 0 – 5 years	11 Positive Discipline 9:15-11:15 a.m. MUST REGISTER Pre-school Gym Program RF Morrison 6:15-7:15 pm MUST REGISTER	12 Hans Kai 9:15 – 11:15 a.m.	13 PARENT/TEACHER/STUDENT CONFERENCES NO CLASSES	14 
15 	16 Parent/Child Storytime 9:30 – 11:00 a.m. 3 – 5 years	17 Parent/Child Rhymes & More 9:30 – 11:00 a.m. 0 – 5 years St. Patrick's Day Wear green!!	18 Positive Discipline 9:15-11:15 a.m. MUST REGISTER Pre-school Gym Program RF Morrison 6:15-7:15 pm MUST REGISTER	19	20 Pre-Schoolers in the Kitchen 9:00 – 11:00 a.m. 3-5 years MUST REGISTER	21
22	23 Parent/Child Storytime 9:30 – 11:00 a.m. 3 – 5 years	24 Parent/Child Rhymes & More 9:30 – 11:00 a.m. 0 – 5 years	25 Positive Discipline 9:15-11:15 a.m. MUST REGISTER Pre-school Gym Program RF Morrison 6:15-7:15 pm MUST REGISTER	26	27	28
29	30	31	April 1	2	3	4
SPRING BREAK						
						2015

FEBRUARY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 DAY 2 SCHOOL PD NO CLASSES	3 DAY 3	4 DAY 4 PIZZA DAY Divisional Boys BB at WSP	5 DAY 5 Gr. 7/8 Girls BB at WSP Track Attack U of M	6 DAY 6	7
8	9 DAY 1 Gr.6 Boys BB at ESOMS Gr.6 Girls BB at WSP	10 DAY 2	11 DAY 3 Divisional Boys BB at Amber Trails PAC MEETING 7 p.m. Childcare provided	12 DAY 4 HANS KAI 9-11 a.m. HARBOURVIEW Gr 7/8 Girls BB at HCA	13 DAY 5 GATEWAY C.C.	14 
15	16 LOUIS RIEL DAY NO CLASSES	17 DAY 6	18 DAY 1 PIZZA DAY Track Attack U of M MET School Open House for Gr 8 students only 6:30-7:30 p.m.	19 DAY 2	20 DAY 3 Final Tournament Divisional BB at U of W	21
22	23 DAY 4 Kindergarten Registration begins Gr.6 Boys BB at EP Gr.6 Girls BB at WSP	24 DAY 5	25 DAY 6 Garden City Collegiate Open House & Registration for Gr 8 Students 6:30-8:30 p.m.	26 DAY 1	27 DAY 2 OPTIMIST BAND FESTIVAL Gr. 8	28

2015

IMPORTANT DATES AT A GLANCE...

Feb 2	PD Day, No Classes
Feb 11	PAC meeting 7 p.m., childcare will be provided
Feb 11-13	Middle Years Asessippi Ski Trip
Feb 12-13	Middle Years Winter Activity Days (Thursday -Harbourview, Friday-Gateway CC)
Feb 16	Louis Riel Day, No Classes
Feb 18	Met School Gr. 8 Open House 6:30-7:30 p.m. Garden City Collegiate-Met School
Feb 23	2015-2016 Kindergarten registration begins, no sooner than 8:30 a.m.
Feb 25	Garden City Collegiate Open House & Registration for Gr 8 Students 6:30-8:30 p.m.
Feb 27	Optimist Band Festival (Gr. 8)
Mar 2	West Kildonan Collegiate Open House & Registration for Gr 8 Students 5-8 p.m.
Mar 13	Parent Teacher Conferences, No Classes
Mar 18	Kindergarten Information Evening for Parents & Caregivers - 6:15-7:15 p.m.
Mar 27	Last day of classes before Spring Break
Mar 30-Apr 3	Spring Break-classes resume on Easter Monday, April 6 – Yes, we have classes this day.
April 3	Good Friday
April 6	Easter Monday – Classes Resume Today! – Yes, we have classes this day.

