

# WEST ST. PAUL SCHOOL COMMUNITY NEWSLETTER 

## JUNE, 2014

Our Beliefs: Take care of yourself. Take care of each other. Take care of this place.

## THANK <br> iaid

Please join us as we honour you, our West St. Paul School Volunteers!

Wednesday, June 11, 2014 1:00-2:15 p.m.
Entertainment: 1:40-2:10 p.m.
Come \& Go Reception In the Gymnasium

## Upcoming Events

Volunteer Reception June 11 ~ 1:00 p.m. WSP's Got Talent June 19
Admin Day ~ NO SCHOOL
June 23
Grade 8 Farewell
Qualico Centre - Assiniboine Park 6:00-10:00 p.m.
Middle Years at Sunova Centre June 24
Early Years Tabloid Day
June 24
Middle Years at Birds Hill Park June 25
Middle Years at Lilac Resort June 26
Last Day of PM Kindergarten June 26

- Last Day of School 9:30 a.m. ~ K Dismissal 11:00 a.m. ~ Early Dismissal


## Please Welcome to West St. Paul School...

Mr. Bob McInstosh
Mrs. Angela Bubnowicz
Principal beginning September 2014
Vice Principal beginning September 2014
Mr. McIntosh and Mrs. Bubnowicz are experienced administrators who are excited to come and join the students and staff of West St. Paul School.

In addition, we will welcome back Miss Kim Greening, returning after a year leave. Mrs. Amy Ledet will be joining us as an Educational Assistant and Mrs. Linda Janzen will be returning to our staff in her Educational Assistant role. Mr. John Holmes will be joining the staff of the new Amber Trails Community School. We wish him all the best.

PARENT ADVISORY COMMITTEE
2014-2015 EXECUTIVE

| CHAIR | Crystal Spence |
| :---: | :---: |
| VICE-CHAIR | Still looking! |
| SECRETARY | April Bertrand |
| TREASURER | Shannon and Don Petrie |
| HOT LUNCH COMMITTEE CO-CHAIRS | None at the moment. Are you interested? |
| QSP FUNRAISING COMMITTEE CO-CHAIRS | Sharon Church and Shawna Poloway |
| CRAFT SALE COMMITTEE CO-CHAIRS | Carrie Tanchak and Wendy Nachtigall |
| AD-HOC COMMITTEE FOR PLAY SPACES | Lisa Davis and Crystal Spence |

Mark your calendars...

## 26th Annual West St. Paul School Craft \& Bake Sale Sunday, November 16, 2014.

## From the Libraryoo

Another year is almost over and it's been another great one here at West St. Paul's School Library! Book loans from the library are almost finished for another year and there aren't too many that are overdue. The last day for borrowing is June 9th. If your child has anything outstanding from the Library, please send that in as soon as possible. I would like to have all the student accounts cleaned and closed for the year before the school year is over.
Thank you to the volunteers who came out and helped with the book fairs or joined the story time when they came in to visit their child's class. It was wonderful to see you and have you come by! I wish everyone a wonderful and active summer! Don't forget to do some reading!!
See you in the fall,
Ms. Mathis


## Toast Fop Two

Brenda Tonn, a resource coordinator at Plumas Senior Support Services, suggested a "LET NO ONE BE ALONE WEEK" - bringing people together through a week of visits and communication. In other words, to put an arm around an empty shoulder and to make somebody feel loved.

To support Let No One Be Alone week, some West St. Paul kids from Grades 5-8 walked to Middlechurch Home. We read books and served them juice and toast. We talked and had a great time.
~Aurora \& Crimson


## From the Gymmoo

Spring has been busy with badminton winding up, track and field, cross country and marathon clubs going full swing. The picture is of the Track and Field team. They are participating in both the Divisional and Provincial Track and Field Meets. The Marathon Club is gearing up for participation in the Manitoba Marathon.
Our school Track meet was held at West K. on May 27th. From there, 30 Grade 4 \& 5 students participated in the Seven Oaks Divisional meet on Tuesday, June 3.
Grade 6 and 8 Slo Pitch teams are practicing for tournaments next week. Grade 6's on Monday, June 9, Grade 8's Thursday, June 12.
The middle years track and field meet was held on Wednesday, May 21st at the West Kildonan Collegiate track. West St. Paul sent a total of 50 students from grades 6-8 to compete in the full day event. It was an enjoyable time by all students with some ribbons received along with 1st, 2nd and 3rd place finishes in several events.
The middle years 1500 m running event was held on the morning of May 23rd. West St. Paul sent 13 students to compete in this vent. Students again had an enjoyable time cheering on their friends and classmates as they crossed the finish line.
The Middle Years Provincial Track and Field Championships are being held on Wednesday, June 4th at the University of Manitoba. Students placing top three in the divisional meet were selected to compete at this event. West St. Paul will face some tough competition at this annual event. Good luck to the 15 students from West St. Paul attending this meet.


Middle Years Intramural Information Indoor soccer intramurals finished in early may. Good games by all teams which finished with a Staff vs. Students game where the Staff won in a grueling 1-0 game decided in the last minute. Students are excited for dodgeball intramurals that began last week at West St. Paul.

Our K-5 Tabloid Day will be on June 24 from $10: 15-2: 30$. This is a day where students will be in multiage teams to do field games.
Parents/Grandparents and visitors are always welcome.

## West St. Paul School Weight Room

At the beginning of the school year, the stage became available as a usable space since the pre-school program now had a permanent home. I had always done weight training with my various non-band groups in my classroom over the past 4 years and had accumulated a lot of weight training equipment from my home. With the addition of a universal gym acquired from another school, there was now enough equipment to create a rudimentary fitness room. With the universal gym, dumbbells, barbells and free weights, I setup a space with areas for each type of exercise and covered the walls with visual aids to target specific muscle groups. The room also has a number of kettle-bells to help students learn multi-functional exercises. The school put in some money to purchase new medicine balls, a curl bar, a squat rack, and another bench. We hope to continually add additional equipment in the years to come such as TRX ropes, dumbbell racks, plyometric boxes, and mirrors on the walls to help students watch their form.

The gym is open on odd number days for grade 7 and 8 students. We usually get 10-12 students every lunch. Students are learning proper form, safety, muscle groups, and overall fitness and health. Next year the room will be open to grade 6 students as well. Currently, there are a dedicated group of students who enjoy learning new exercises and frequenting the room. All gym times are supervised to ensure proper safety rules are being followed and the students are having fun and being safe.


On Friday May $30^{\text {th }}, 2014$, 62 kids from West St. Paul School, 65 kids from A.E. Wright School, and 45 kids from Governor Semple School went to Arts Camp at the Canadian Mennonite University. Everyone was from Grade Five. WSP students left school at 9:15 a.m. and the first session started at 10:10 a.m.. We had lunch from 11:30 to 12:15 and then went back to our sessions until sharing time at 1:00. The
 programs taught included Hip Hop dance, Street Jazz, Graffiti Art, Urban Skylines, Cityscapes, Mask Making, Fiddling, Hand bells, Clowning Around, Musical Theatre, and Bucket Drumming. I hope all Grade Fives get to go next year!
~by. Alexus D.


Grassmere Creek Cleanup
Saturday, June 14 10 a.m.
Meet at Main and Nye Avenue
Bring: Gloves, good shoes or rubber boots, bug spray, hat and sunscreen.
Lunch and Refreshments to follow at Noon at 12 Baldock Street
EMAIL: dana.myrowich@shaw.ca if your can help out or have a question.

## ERS AND PARENTS/ ESCHOOL CAREGIVERS ADULT CNVIGIVERS YOU'RE INVITED FOR SOMEFREE SUMMER FUN! ADULT CNVIGIVERS YOU'RE INVITED FOR SOMEFREE SUMMER FUN!

## FREE parent-child summer preschool programs

 for parents/adult caregivers and children ages 0-5Victory School (395 Jefferson Ave.)
O.V. Jewitt School (66 Neville Street)
A.E. Wright School (1520 Jefferson Ave.)

Each school will be open for programs July 8 to August 14, 2014 from 10:00 am to 12:00 noon and 1:00-3:00 pm.


At summer pre-school programs we:
$\checkmark$ read interesting books

- play
$\diamond$ sing

$\checkmark$ create wonderful art
$\diamond$ share a delicious healthy snack

Summer Programming 2014 Registration Form
To register YOUR Family for Parent-Child Programming this Summer RETURN this portion to your school Community Coordinator by JUNE $13^{h}$

Name $\qquad$ email $\qquad$
Names and ages of children $\qquad$
Phone number $\qquad$ Home Address $\qquad$

Please choose only one school and one program.

| Victory School: | Tuesday | AM__ | or | PM |
| :--- | :--- | :--- | :--- | :--- |
| A.E. Wright School: | Wednesday | AM__ | or | PM |
| O.V. Jewitt School: | Thursday | AM | or | PM |

# Summer Volunteer Opportunities at Sunova Summer Camp! <br> Summer Day Camp Program <br> at the Sunova Centre - West St. Paul's Recreation Site <br> 48 Holland Rd. West St. Paul 

We are looking for reliable, dedicated, responsible and outgoing youth volunteers to assist with the Sunova Summer Camp Program for ages $5-12 y r s$ running each week over the summer. We have so much fun!

Sunova Summer Camp runs from 8:30am-5pm daily over the following weeks:
Week \#1: July 2nd-4th (3-Day Week)
Week \#2: July 7th-11th
Week \#3: July 14th-18th
Week \#4: July 21st-25th
Week \#5: July 28th-August 1st
Week \#6: August 5th-8th (4-Day Week)
Week \#7: August 11th-15th
Week \#8: August 18th-22nd
Week \#9: August 25th-29th
We are looking for volunteers that would be willing to commit to volunteering for 1 week, 2 weeks or more! Volunteers could come for $1 / 2$ days or full days. Volunteers can come 1 day a week, 2 days a week, 3 days a week or more! We are flexible!

We are particularly in need of reliable volunteers during the following week:
Week \#2: July 7th-11th
Week \#5: July 28th-August 1st
Week \#8: August 18th-22nd
Week \#9: August 25th-29th
Volunteers should be $14 \mathrm{yrs}+$. If you are interested in volunteering please contact the Sunova Centre! Phone: 204-336-0294; Email: recreation@weststpaul.com

Join the fun this summer and work towards obtaining your volunteer hours!

## SHOW \& SAVE

DISCDUNT CARD \& COUPDN BOOK


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We are very excited to announce that Superstore will once again be participating in the upcoming Fall Show \& Save Book!
|
The Coupon Book has over \(\$ 10,000\) in money saving offers including coupons for purchases at numerous grocery
stores, restaurants and businesses throughout the city. For only \(\mathbf{\$ 2 0}\) you can experience endless savings with the Re-
usable Card and Coupon Book.
|
| By purchasing your Show \& Save from us, you will be supporting our School while at the same time saving your family
a lot of money.
|Books will be available at Orientation in September from any Grade 8 student or Ms Torz.
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JUNE, 2014

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 2 - Day 1 | $3 \text { - Day } 2$ <br> EY Divisional Track \& Field at WKC (Gr. 4/5) | 4 - Day 3 <br> PIZZA DAY <br> Provincial <br> Track \& Field at $U$ of $M$ | 5 - Day 4 | 6 - Day 5 | 7 |
| 8 | $9 \text { - Day } 6$ <br> Gr. 6 Softball <br> Patrols Dragon Boat Racing | 10 - Day 1 | $11 \text { - Day } 2$ <br> VOLUNTEER TEA 1:00-2:15 p.m. GYM | $12 \text {-Day } 3$ <br> Gr. 8 Softball | $13 \text { - Day } 4$ <br> Gr. 7 Softball | 14 |
| 15 | $16 \text {-Day } 5$ <br> Gr. 6 \& 8 Softball Raindate | 17 - Day 6 | $18 \text { - Day } 1$ <br> Gr. 7 Softball Raindate | $19 \text {-Day } 2$ <br> WSP's Got Talent 11:15/12:45 | 20 - Day 3 | 21 |
| 22 | 23 - Day 4 <br> PD DAY <br> NO SCHOOL <br> Gr. 8 Farewell <br> Qualico Centre <br> Assiniboine Park 6-10 p.m. | $24 \text { - Day } 5$ <br> Sunova C <br> Bump Up Day 8:15-8:45 a.m. Tabloid Day K-5 | $25 \text { - Day } 6$ <br> dle Years Activity / Birds Hill Park | $26 \text { - Day } 1$ <br> ys <br> Lilac Resort | 27 - Day 2 <br> LAST DAY OF CLASSES <br> Early Dismissal 11:55 a.m. | 28 |
| 29 | $30$ Have | Sdie | $\theta 100$ |  |  |  |

IMPORTANT DATES AT A GLANCE...

| June 23 | Admin Day ~ NO SCHOOL |
| :--- | :--- |
| June 23 | Grade 8 Farewell ~ Qualico Centre at Assiniboine Park ~ 6:00-10:00 p.m. |
| June 24 | Tabloid Day ~ K-5 |
| June 24 | Middle Years Activity Day ~ Sunova Centre |
| June 25 | Middle Years Activity Day ~ Birds Hill Park |
| June 26 | Middle Years Activity Day ~ Lilac Resort |
| June 27 | Last Day of Classes ~ Early Dismissal |
| August 26-29 | Call the school for your Orientation appointment |
| September 2 \& 3 | Orientation Days |
| September 4 | First Day of Regular Classes |



West St. Paul School Website: http://www.7oaks.org/school/weststpaul/Pages

## Housework Can Wait



Today I left some dishes dipty. The bed got made ground 3:30. The diapers soaked a littole longer, The odor grew a littble stronger. The crumbs I spilbed the day before Hee staping at me from the floor. The fingerprints on the watb
 Wild tikeely still be there next fall
The dirty streaks on those windowpanes Will still be there next time it pains.
"Shape on you" you sit apd say, "Hnd just what have you done today?"

I held a baby 'till he slept.
I held a toddlee while she wept.
I played a giape of hide and seek. I squeezed a toy so it world squeak.

I pribed a wagon, sapg a song. Taught a child right from wrong. What did I do this whole day through? Not much that shows, I greess it's treue. Unless you think that what I've done Misght be important to someone With bright shining eyes and soft, sweet hair. If thet is treue, I've done my shape.


CALLING ALL PARENTS AND COMMUNITY OF THE SEVEN OAKS SCHOOL DIVISION TO ATTEND AN EVENING DISCUSSION AROUND THE ABORIGINAL EDUCATION POLICY AND THE DEVELOPMENT OF A RUBRIC


MONDAY JUNE 16TH, 2014
5:00-8:00 PM
NECCHI COMMONS
865 MAIN STREET
RSVP DONNA HEROLD
204-586-8061 OR DONNA.HEROLD@7OAKS.ORG
A LIGHT SUPPER \& CHILDCARE WILL BE PROVIDED

## KYAC Summer Program

Join us for endless fun, creative crafts, low organized games and activities, baking, sports and drop-in gym time all or which is FREE for participants! KYAC also offers a field trip each day that is either free or has a minimal cost associated with participation!

Summer Program Hours:
Monday - Friday
8:30-4:30pm @ Edmund Partridge Community School AND École Seven Oaks Middle School!

Summer Program Dates: Starts: Wednesday July 2nd
(Registration Day @ ESOMS ONLY) Ends: Thursday August 14th
**please be certain to check days and times for each school**

How to Register:
Online Registration will open on June 16th, 2014. Paper registration forms will still be available in your school office and on July 2nd, 2014 at our program kick-off!
All previous and new participants must register to come to KYAC this summer!

How to Sign-Up for Field Trips:
Participants will be able to sign-up and pay for field trips on July 2nd, 2014 @ ESOMS from 8:30-4:30pm at our program kick-off!
Reserving your spot is on a FIRST COME FIRST SERVE BASIS so come down early!
http://www.7oaks.org/Programs/KYAC/Pages/default.aspx

| Sun | Mon | Tue | Wed | Thu | Fri | S at |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 2 | 3 | 4 | 5 | KyACClosed @ <br> Forest Park | 7 |
| 8 | 9 | 10 | 11RotaryLeadership <br> Application <br> DUE!$\left.\begin{array}{c}\text { DU }\end{array}\right]$ | 12 | 13 | 14 Last Day of KYAC! |
| 15 | $\underset{\substack{\text { Online } \\ \text { Registration } \\ \text { Open! }}}{16}$ | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 Field trip costand permission form online | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 |  |  |  |  |  |

Rotary Leadership Circle: A 6 week leadership development and summer work project for youth aged 10-14 years in Seven Oaks School Division. Youth leaders are expected to complete 60 hours of volunteer work throughout the 6 week program and in return will each received a $\$ 200$ honorarium towards a shopping spree! Applications are available on our website or in your school office and are due on Wednesday June 11, 2014!

Start Date: Wednesday June 2nd, 2014; End Date: Thursday August 14, 2014


Kildonan Youth Activity Centre (KYAC)
JULY 2014
KYAC Program Coordinator: chelsea.volkart@7oaks.org OR (204)470-9460 http://www.7oaks.org/Programs/KYAC/Pages/default.aspx

| Sun | M on | Tue | Wed | Thu | Fri | S at |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | KYACCLOSED CANADADAY! | Field Trip Sign-Up <br> @ ESOMS <br> Barbeque and Summer Kick-Off! EP IS CLOSED! | Field Trip: KID CITY 10:20-2:30pm <br> EP IS NOW OPEN! | Field Trip: Art City 12:20-3:30pm | KYAC CLOSED |
| KYAC CLOSED | Field Trip: <br> KP Pool 9:30-2:30pm | Field Trip: <br> Vertical <br> Adventures $1: 30-4: 15 \mathrm{pm}$ | Field Trip: Steinbach Aquatic Centre 10:20-4:00pm | Field Trip: Legislative Building Tour 9:20-12:45pm | Field Trip: Birds Hill Beach 9:20-3:30pm | KYAC CLOSED |
| 13 KYAC CLOSED | Field Trip: Graffiti Gallery 9:30-1:00pm | Field Trip: Dragonboating 9:30-1:15pm | Field Trip: U-Puttz 11:30-2:10pm | Field Trip: Goldeyes Game 11:20-3:15pm | Field Trip: Grand Prix 10:20-2:00pm | KYAC CLOSED |
| KYACCLOSED | ```None \\ Field Trip: \\ Fringe Festival Time TBD ``` | ```2 \\ Field Trip: Morning Sound Farm 8:45-2:50pm``` | Field Trip: <br> Chateau Lanes 11:30-2:00pm | Field Trip: Planetarium 11:20-1:15pm | Field Trip: Assiniboine Park Zoo 9:10-3:30pm | KYAC CLOSED |
| $\square$ | 28 Field Trip: KP Pool\& Park Barbeque/Games 9:30-3:30pm | Field Trip: Heights Archery 9:20-12:20pm | Field Trip: Children's Museum 10:30-12:45pm | ```Field Trip: Wheelies 12:30-4:15pm``` |  |  |

Edmund Partridge Community School Hours
Open Monday - Friday 8:30-4:30pm from Thursday July 3rd, 2014 to Wednesday August 13, 2014.

Participants must be out of the building no later than 4:30pm!

École Seven Oaks Middle School Hours:
Open Monday - Friday 8:30-4:30pm from Wednesday July 2nd, 2014 to
Thursday August 14, 2014.
Participants must be out of the building no later than 4:30pm!


Kildonan Youth Activity Centre (KYAC)
AUGUST 2014
KYAC Program Coordinator: chelsea.volkart@7oaks.org OR (204)470-9460
http://www.7oaks.org/Programs/KYAC/Pages/default.aspx

| Sun | M on | Tue | Wed | Thu | Fri | Sat |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  | Field Trip: <br> Turtle Tide Waterslides 9:40-4:00pm | 2 |
| 3 <br> KYAC CLOSED | 4 KYAC CLOSED CIVIC HOLIDAY! | Field Trip: <br> Mb Museum \& Science Gallery 10:30-2:20pm | Field Trip: Laser Jungle 10:00-12:35pmor 12:00-2:35pm | Field Trip: Geocashing 10:20-1:30pm | Field Trip: Tinkertown 10:20-3:30pm | KYAC CLOSED |
| $\square$ | Field Trip: Movie Theatre 11:30-3:00pm Movie TBD | 12 Field Trip: CornMaze 10:00-3:10pm | Field Trip: SkyZone 9:45-1:10pm LASTDAY @ EP | Field Trip: <br> Activity TBD <br> LAST DAY! | KYAC CLOSED | $\square$ |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
|  | 25 | 26 | 27 | 28 | 29 | 30 |

Edmund Partridge Community School Hours
Open Monday - Friday 8:30-4:30pm from Thursday July 3rd, 2014 to
Wednesday August 13, 2014.
Participants must be out of the building no later than 4:30pm!

École Seven Oaks Middle School Hours: Open Monday - Friday 8:30-4:30pm from Wednesday July 2nd, 2014 to Thursday August 14, 2014.
Participants must be out of the building no later than 4:30pm!

