



West St. Paul School Community Newsletter MARCH, 2011

3740 MAIN STREET ~ WEST ST. PAUL MB R4A 1A4 ~ PHONE 339-1964 ~ FAX 339-7204

Our Beliefs: Take care of yourself. Take care of each other. Take care of this place.

IMPORTANT DATES

Mar 7

Alantra Foods orders due

Mar 14

Alantra Foods
food order pick up

Mar 17

Parent/Teacher
Conferences
(afternoon/evening)

Mar 18

Parent/Teacher
Conferences

NO SCHOOL

Mar 21

Parent Internet
Information Evening
6:30 p.m.

Mar 23

Kindergarten Information
Evening
6:15 - 7:15 p.m.

Mar 28 - Apr 1

Spring Break
NO SCHOOL

Apr 4

Classes Resume

Apr 25

PD Day
NO SCHOOL

Are you Texting? Tweeting? Updating your Status?

You are invited to join parents on **Monday, March 21st, 6:30 p.m. at West St. Paul School** in a discussion about keeping your children safe on the internet. West St. Paul School and Ecole Riverbend School have invited speaker Graham Milliken, an education coordinator for "Kids in the Know" (part of the Canadian Centre for Child Protection), to guide families in understanding the world of texting, social networking, and picture permanency. Parents will learn about privacy online, and about how to stay informed regarding current internet trends. Our speaker will also try to respond to questions parents have regarding online safety. If you have a question, please write it on the form below.

Free childcare will be provided to families who register in advance

To register, fill out the registration form below and return to West St. Paul School by **Wednesday, March 16th**. If you have any questions, please call Marianne at Riverbend School (334-8417) or Cheryl at West St. Paul School (339-1964).

I would like to register for the Internet Safety Discussion taking place on Monday, March 21st at West St. Paul School - 6:30 p.m.

Name: _____

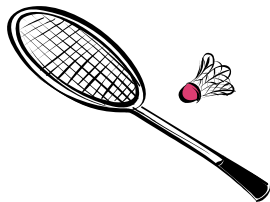
Phone Number: _____

Number of People Attending: _____

Name and Ages of Children needing care: _____

Do you have a specific question or concern that you would like to hear addressed? If so, please write your question below.

PHYS. ED NEWS



Middle Years Badminton

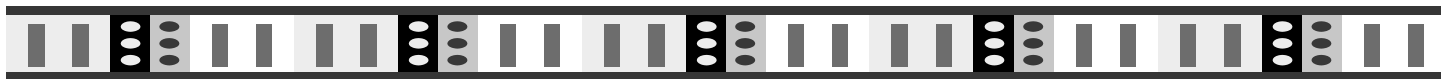
Badminton practices have started. All practices will be after school until late buses. Grade 6 students practice on Wednesdays, Grade 7s on Mondays, and Grade 8s on Tuesdays. Tournament dates will be made available within the next couple of weeks.



Winnipeg Goldeyes School Day Baseball Game

West St. Paul students have the opportunity to see the Winnipeg Goldeyes play in their annual school day game on Wednesday, June 15 at 11:00 a.m. School Day ticket prices will be \$12 per ticket.

Buses will pick students up at the school at 10:00 a.m. and arrive at CanWest Global Park in time for the game at 11:00 a.m. A normal baseball game usually lasts approximately three hours so the game should end around 2:00 p.m. We will be transporting students back to West St. Paul School at 1:45 p.m. in order to catch their bus home as they normally would do at the end of the school day. Students have been given permission slips. Extra sheets can be found in the office or with Mr. Ens. Money and permission slips are due by Friday, Mar.11.



ALANTRA/DONELLI FOODS FUNDRAISER

Alantra Foods orders will be accepted until Monday, March 7th.

Cheques should be made payable to West St. Paul School.

Orders can be picked up at the school on March 14th between 2:30 p.m. and 5:30 p.m.

All proceeds will be used to support the school technology plan. The students and staff of West St. Paul School thank you for your support.

EDGE

Spring break is upon us signalling the last EDGE session of the school year. Please watch for registration materials to be sent home with students right after spring break with many activities students can participate in. Coming up **during spring break** you can check out EDGE on the Seven Oaks Website. Just click on programs, click on EDGE where you can find a preview the spring session which will begin at the end of April until mid-June.

On behalf of EDGE have a safe and happy Spring Break.

For more information please contact Penny Raymond at penny.raymond@7oaks.org or call 885-4333.



University of Winnipeg Basketball Tournament

Twelve Grade Eight girls played in the University of Winnipeg Basketball tournament on February 25th. Coaches were Miss B. and Miss Yeo!. We played six games in one day. That was a lot. We were tired because we all really worked hard that day. Our whole team did really well as it was our last games and we were able to "put it all together". Our whole team had an amazing, fun experience. A lot of our team is looking forward to playing high school basketball, now. We learned a lot of rules and played well.
By: Nykeah

The boys team played at the U of W on Thursday, February 24. It was really tiring! We played five games against Leila North - (2), EP, HC Avery, Elwick. Our coach was Mr. Rempel. There were three courts going at the same time and they had curtains between the courts. We took our own lunch and some guys got drinks from the canteen. We played quite well. I would go behind the three point line and the guys would keep feeding me the ball all day. I scored almost every time. I had a good day! By: Ethan



MIDDLE YEARS WINTER ACTIVITY DAYS

Asessippi Ski Trip

by Kyle and Brody

Forty-two students and three teachers spent two days skiing and snowboarding at Asessippi Winter Park at Inglis, Manitoba.

We stayed at the Russell Inn. When we first got there, we were assigned to our rooms and then went swimming. It was an early night. We were up at 7 each morning, had breakfast and then took the fifteen minute bus ride to the hill. The first day we were at the hill for seven hours. They did an Orientation for us and did a test so they knew what our level was. Five of us got all access passes right away. That meant that we could go anywhere in the park. We spent most of the day in the terrain park on that first day. They have rails and jumps that you can do. It was amazing. John found a trail behind the Sugar Shack and when he took us to it, halfway down there was a little wooden bridge. It looked kind of sketchy. We went over it, but Mica stopped on the bridge and Ryden ran into him and they fell off. We just kept going. Ryden and Micah took off their gear and went off on the side. It was kind of funny.

http://www.youtube.com/watch?v=t-uPF1K_eE

If the kids didn't get all access passes, they stayed with an instructor on the bunny hill or on the green runs. They would do a test every morning and afternoon to see if they had improved enough to move to the next level. Everybody got off the bunny hill over the two days.

http://www.youtube.com/watch?v=zaws_Zk5FEk

We didn't get going till later on the second day because it was so cold. . . So we went to the pool and watched movies in our room until we could go to the hill. We went to the Bear Claw chair which has awesome jumps and ramps for snowboarders. Most kids skied. Only six of us snowboarded. We had an awesome time.



On February 24th and February 25th West St. Paul School took the middle years for winter activity days. The reason why we have winter activity days is to have fun and it is a way to get outside. On February 24 they took us to Harborview. The things that we did at Harborview were skating and tobogganing. On February 25 they took us to Gateway. At Gateway we played hockey, skated and played soccer. At Gateway there was a canteen where you can buy snacks, beverages or a lunch. So this is what we did during winter activity days.



On February 24th the middle years spent the day at Harborview skating, sledding, playing hockey and cross country skiing. It was fun to get away from school and hang out with our friends. The people who didn't go to Harborview went to the ski trip for 3 days. That day it was pretty cold outside but you just had to dress properly to keep warm. If you were really cold you could have warmed up at Salisbury house, bought yourself some food and hot chocolate. Everyone got a lot of exercise walking up the hill and down then up and down. On the second day of middle years winter activity days, February 25th we went to Gateway. Inside Gateway you could play soccer and play hockey. When you were in the soccer area it was warm and hot if you were running around. But when you were in the Hockey area it was pretty cold. Personally I liked Gateway better because you were inside, you had a lot of options to what you want to do and the cafeteria was always open. This is what we did during Middle Years Winter Activity Days.

By: Khrystyna D.

D.A.R.E.

D.A.R.E. is an R.C.M.P. run program that teaches grade fives about peer pressure around the use of drugs, marijuana, tobacco and alcohol. RCMP Constables Human, Steinke and/ or Kociuba, who keep our area safe, come to our class every Wednesday to teach us about how cigarettes and marijuana can give you lung cancer, mouth diseases, yellow teeth, or upper respiratory problems. When the constables come, they usually bring a presentation with them. So, in our second week with Paul, he told us about tasers and he used his on our plant! We have just finished our sixth week of the program during which time we learned about peer and self-pressure. If you don't want to do something, say no. For our seventh lesson, we are turning our lesson into a crime scene!

By Rovelyn D.



W.I.S.E. (Women in Science and Engineering) Program

During the weeks of February 22 and 28, we have had several instructors from the WISE program here to do presentations to our Grades 3–5 classes. Here are some of the things we have learned.

We did something with a friend named Joel about Sound. We made a record player, like a gramophone. We made a cone with a needle it and then we put placed the needle on the side of the record. When we put our ears up to the record we could hear the music. It was amazing and cool. We learned what sound is...it's vibration and energy and there's decibels and other stuff like that. We watched a video about sound. Did you know that when people jump into a pool the water moves and hits other water and it moves it again? The water vibrates in the pool.
~ Kobe and Kia



Our presentation was a lot of fun. We built a car out of Tupperware, and made the wheels of out of CD's. Then we took types of elastic bands and we tried thick ones, stretchy, thick, thin and we hooked the elastics onto the front and then on the axle. You would twist it and as it untwisted it would make the car go forward. We had to try each elastic to see which ones were the best for your car. You got to test each one. We used a lot of stuff that I didn't think we'd use and we learned a lot of stuff we didn't know before. The instructor talked to us about engineering and whether or not it was for everyone. Girls can be engineers too.
~ Jackson and Nick

Our class did "build a car". I learned that you could build a pretty simple car with just things that are lying around.
~ Joel

I learned that you could use an elastic as an engine.
~ Owen.

I learned that if you put tape on the outside of the CD the car went slower than if it didn't have tape. That's because there's less friction.
~ Eric



Prairie Theatre Exchange at WSP

By Daniel and Cruise

Early in February we had the PTE Theatre at our school. They did a whole bunch of Robert Munsch stories for us. They did Thomas's Snowsuit, the Paper-Bag Princess, I Have to Go. There were only three actors and they did lots of different characters.

Our favourite part was when the dragon in the Paper Bag Princess took the shortcut and went through the audience.

They had a bunch of different instruments that they used for sound effects, like a slide whistle. They went behind a house and changed really quickly from one costume to another. One person would stay out in front while the other two changed.

Ca Claque

By Rylee, Daniella and Rovelyn

Ca Claque is a French Canadian performing group that came to our school during Festival du Voyageur. They had two fiddle players, a drummer, a bass player, singers and dancers. They were incredibly energetic and did amazing dances and songs. Our favourite was when all the dancers sat on the gym bench and did step dancing in a line. It was so together and exact. They must practice a lot! They did lots of French folk songs and it was great to hear all the French words. Sometimes they sang, sometimes they just played and sometimes they just danced. Then they did numbers where they did all three at the same time. One thing I really like about it was that everyone was smiling and having fun.

It was fun when they got students from each class to play the spoons and taught them how to dance. The dancers let all the teachers and kids join in on a song that was joyous. It was like a big party on Christmas day.

EARTH BEAT

Cassandra V. and Mikaela P.



Earth Beat is a wonderful experience. The grades six, seven, and eight percussion players are enjoying this multicultural drumming program as part of the UNESCO schools network. We are learning about how different cultures around the world use drumming in their lives. We are studying African drumming, Aboriginal drumming, Latin drumming, Japanese Taiko drumming, and we are filming a music video including the different styles. Earth Beat teaches you all about the drumming in different parts of the world, and you also get to learn about their magnificent culture.

We two girls, Cassandra V. and Mikaela P., love to hear the professional drummers' stories about how they got started on drumming and what brought them to Canada. When everybody drums, it feels like we are in the part of the world where the drumming style is coming from. It sounds much synchronized when everybody does what the instructor teaches. All the kids participating listen very carefully to figure out the beat of the music.

We thank our band teacher Mr Isaac, for introducing Earth Beat to us.

LIBRARY NEWS

February's "I Love to Read Month" was amazing, thanks to our wonderful Guest Readers. Big Thanks to our very own Roger Correia, Jeremy Muise, Jacqueline Zieba, Linda Janzen, and division and community members, City councillor Ross Eadie, MLA Ron Schuler, CUPE President Mike Skafffeld, Karin Pallas, Trustee Derek Dabee, Kindergarten bus driver Larry Jowitt, Treasurer Wayne Shimizu, Assistant Superintendents Edie Wilde and Lydia Hedrich.

Parent Volunteers are being sought for Scholastic Book Fair that will run during the week of March 14 to 18, during the day, as well as on Wednesday and Thursday in the evening during Parent/Teacher Conferences. Please contact glory.boyce@7oaks.org if you can help.

All students will have an opportunity to preview the books during the week. Students in grades 4 to 8 will have the opportunity to make Early Bird purchases when they preview the book displays. Kindergarten to grade 3 are asked to purchase with a parent accompanying them, day or evening. Book shortages will be ordered Friday, March 18th and delivered Monday March 21st. All book order items must be prepaid.



“Take Your Turn in Line” “Ignite the Passion” A Social Justice Conference By: Aurora B. & Roselle D.

We recently attended a conference at Tec Voc High School. The main theme was discrimination, or people not being treated equally. Discrimination can be based on racism and homophobia.

Racism is when a person or a group of people don't like another person because of their skin colour, and homophobia is when people treat others badly because of their sexual orientation.

The headliner of the meeting was Adam Beach who is an actor from Winnipeg. He liked telling jokes and kept the audience entertained. Beach joked that “Without social justice, we'd all be crazy monkeys and chimpanzees.”

The Ultimate Penny Drive



100 Days of Pennies

February 22 to June 3

Most Canadians think that pennies are useless and annoying. Some people want to get rid of the penny all together. We think that the pennies can be useful. Recycling pennies makes “cents” by helping the environment and helping others in our community when donated to an organization that needs our help.

For the next 100 days, we are collecting pennies. So look in your pockets, drawers, wallets, under the couch , on the driveway and in jars or containers where you save pennies and any where else pennies might be hiding. Bring your pennies to our school library and drop in the penny pot.

Recycling Pennies makes “Cents”

Tell your family, friends, neighbours, pets and bring in those pennies.

Who will the pennies help?

Help us decide. Fill out a suggestion slip and place it in the suggestion box next to penny pot.



A Room 9
UNESCO Project

GARDEN CITY COLLEGIATE 50TH REUNION !!!

1961-2011
50 Years of Gopher Pride!



May 20, 21, 22, 2011

Attention all graduates and alumni of Garden City Collegiate. Your 50th reunion is going to be one fabulous and memorable weekend you won't want to miss!

Take a walk down memory lane and meet former classmates, teachers, and staff of both Jefferson Junior High and Garden City Collegiate!

Have a blast at the Friday night BBQ, Saturday evening Dinner and Dance, and Sunday Pancake Breakfast! Check out the old & new G.C.C.I., take a school tour, visit the decade rooms, play games and sports, etc...

Registration is now open at gc50thereunion.ca or call us at 339-2058 for info or to volunteer.

Wee be Jammin'



Riverbend and West St. Paul Advancing Community schools invite families with children 2 - 6 yrs. old to come "jam" with us. Sonya from Wee Be Jammin' will be sharing the gift of music with families through movement, active participation and hands on opportunities with various instruments.

Please join us Thursday evenings, 6:00 - 7:00 p.m. at West St. Paul school April 7 - 28th.

Space is limited to 15 children. Please register early to avoid disappointment.

Call Cheryl at 339-1964 or Marianne at 226-3228.

Parent _____

Child _____

Phone number _____

WEST ST. PAUL NURSERY SCHOOL

West St. Paul Nursery School will be having registration for the 2011/12 school year on Wednesday, April 6 at 6:30 p.m. for West St. Paul residents and 7:30 p.m. for city residents at the Sunova Centre, located at 48 Holland Rd.. For more information call Sheri at 334-9669.

MARCH

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
		1 – Day 5	2 – Day 6	3 – Day 1	4 – Day 2	5
6	7 – Day 3 Hot Lunch Alantra Foods orders due	8 – Day 4	9 – Day 5 Pizza Day	10 – Day 6 PAC Meeting 7:00 p.m. – Room 48	11 – Day 1	12
13	14 – Day 2 Alantra Foods orders arrive Pick-up between 2 p.m. & 5:30 p.m.	15 – Day 3	16 – Day 4 Hot Lunch	17 – Day 5 Parent/Teacher Conferences (evening) BRANDON JAZZ FESTIVAL	18 – Day 6 Parent/Teacher Conferences NO SCHOOL	19
20	21 – Day 1 Gr. 6 Badminton @ TBA (3:30 – 5:30) Internet Safety Discussion 6:30 p.m.	22 – Day 2 Gr. 7 Badminton @ TBA (3:30 – 5:30)	23 – Day 3 Pizza Day Gr. 4 & 5 Badminton @ Maples – 5:30 p.m. Gr. 7 & 8 Badminton Singles @ TBA (3:30 – 5:30) Kindergarten Info Night – 6:15 p.m.	24 – Day 4 Gr. 8 Badminton Doubles @ TBA (3:30 – 5:30)	25 – Day 5	26
27	28	29	30	SPRING BREAK		

2011

IMPORTANT DATES AT A GLANCE

March 7	Alantra Foods orders due
March 14	Alantra Foods food order pick up
March 18	Parent/Teacher Conferences ~ NO SCHOOL
March 21	Internet Safety Discussion ~ 6:30 p.m.
March 23	Kindergarten Information Night ~ 6:15 p.m. - 7:15 p.m.
March 28 - April 1	Spring Break
April 22	Good Friday ~ NO SCHOOL
April 25	School PD ~ NO SCHOOL
May 23	Victoria Day ~ NO SCHOOL
June 1, 2, 3	Arts in the Park ~ Kildonan Park
June 24	School PD ~ NO SCHOOL
June 30	Last Day of School ~ Early Dismissal

The newsletter for the month of **MARCH** is now available on our website at www.7oaks.org/school/weststpaul/Pages.
A paper copy of the newsletter will only be sent home if it has been requested.



Maples Monarchs Sports

WINTER/SPRING

Youth Cricket

**6 - 16 years-old
Boys and Girls**

**Program runs from
Jan 8, 2011 to May 28, 2011**

**Practices are on Saturdays
10:30 AM - 1:00 PM**

**Maples Collegiate Gymnasium
1330 Jefferson Avenue**

For more information call either:
Keith Deonarine at 633-0316
Derek Dabee at 779-6101
Kamta Roy Singh at 227-4193
Pooran Singh at 632-6641

Registrations are on-going so call today!



This program is sponsored by:
**Maples Community Centre in association with
The Guyanese Association of Manitoba, Maples
Collegiate and the Manitoba Cricket Association.**

Royal Bank of Canada provides free Cricket Starter Kits to schools. Please call (800)268-1268 for more information or rbcwicketcricket@rbc.com.

www.maplescc.ca



BEAUTIFUL BEGINNINGS

Are you having a baby?

Do you have children birth – 3 years of age?

Beautiful Beginnings is for YOU!

Join us for 6 fabulous Saturdays to talk and share ideas about babies, toddlers, moms, dads and family—all growing healthy and happy together.

Where: O.V. Jewitt Community School
66 Neville Street

When: April 16, 30, May 7, 14, 28,
June 4, **11:00 am-3:00 pm**
Older brothers and sisters are welcome!

Free Lunch, Snack & Child Care Provided

For more information call Chris 633-1714

Babies Growing...

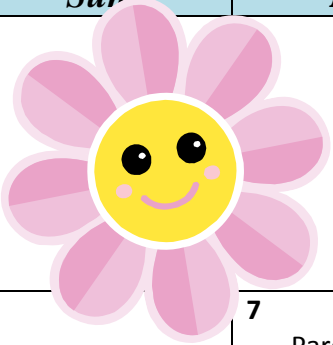

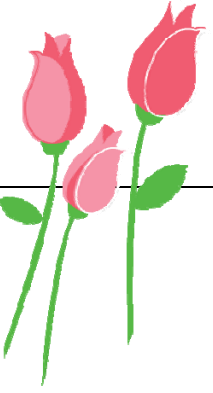



Families Connecting...
Communities Celebrating...

March

PARENT/CHILD PRESCHOOL

WEST ST. PAUL COMMUNITY SCHOOL
 Advancing Community Schools
 Ms Joey Robertson - Learning Support Teacher (K - 4)
 Cheryl Rajfur - Community Coordinator
 339-1964


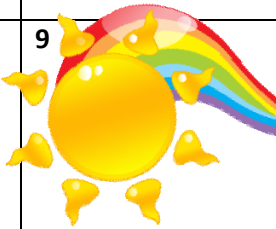

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Parent/Child Rhymes & More 9:15 – 10:30 am Ages 0-5 Dad's Program 6:15 – 7:00 pm Ages 2-6	2	3 Yoga Kids Riverbend School 6:15 – 7:00 p.m. (Ages 2-6 years) Please register.	4 Parent/Child Drop-In 9:00 – 10:30 a.m. Ages 0-6 years	5
	6	7 Parent/Child Storytime 9:00 – 10:30 am Ages 3-5 years	8 Parent/Child Rhymes & More 9:15 – 10:30 am Ages 0-5 Dad's Program 6:15 – 7:00 pm Ages 2-6	9	10 Yoga Kids Riverbend School 6:15 – 7:00 p.m. (Ages 2-6 years) Please register.	11 Parent/Child Drop-In 9:00 – 10:30 a.m. Ages 0-6 years
13	14 Parent/Child Storytime 9:00 – 10:30 am Ages 3-5 years	15 Parent/Child Rhymes & More 9:15 – 10:30 am Ages 0-5 Dad's Program 6:15 – 7:00 pm Ages 2-6		17 Yoga Kids Riverbend School 6:15 – 7:00 p.m. (Ages 2-6 years) Please register.	18 Parent/Teacher Conferences NO SCHOOL	19
	21 Parent/Child Storytime 9:00 – 10:30 am Ages 3-5 years	22 Parent/Child Rhymes & More 9:15 – 10:30 am Ages 0-5 Dad's Program 6:15 – 7:00 pm Ages 2-6		23		24 Yoga Kids Riverbend School 6:15 – 7:00 p.m. (Ages 2-6 years) Please register.
	27	28	29	30	31	

2011

April, 2011

PARENT/CHILD PRESCHOOL

WEST ST. PAUL COMMUNITY SCHOOL
 Advancing Community Schools
 Ms Joey Robertson - Learning Support Teacher (K - 4)
 Cheryl Rajfur - Community Coordinator
 339-1964

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	SPRING BREAK					1	2
3 	4 Parent/Child Storytime 9:00 – 10:30 am Ages 3-5 years	5 Parent/Child Rhymes & More 9:15 – 10:30 am Ages 0-5 Dad's Program 6:15 – 7:00 pm Ages 2-6	6	7 Wee Be Jammin' Music Program 6:00 – 7:00 p.m.	8 Parent/Child Drop-In 9:00 – 10:30 a.m. Ages 0-6 years	9 	
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24 	25 PD DAY NO SCHOOL	26 Parent/Child Rhymes & More 9:15 – 10:30 am Ages 0-5	27	28 Wee Be Jammin' Music Program 6:00 – 7:00 p.m.	29 Parent/Child Drop-In 9:00 – 10:30 a.m. Ages 0-6 years	30 Beautiful Beginnings 0 – 3 years 11 a.m. – 3 p.m. Please register.	