Unite to Change

Alena, Akashdeep and I went to the Unite to Change conference through the Met School Social Justice League. We learnt about sustainability and how to lead a healthy life style. There were seven stations set up with different activities for us to take part in. Some of the activities were; learning how to compost, yoga, meditation, art, learning how to play traditional aboriginal instruments and the sharing circle. We also took a tour of the circle garden and met people from different schools within the



division. We also got a chance to meet one of the candidates for the city mayor,



Robert Falcon. It was a great opportunity for us to ask him questions and to hear about some of the plans and ideas that he has for our city.

Overall, it was a great day; we learnt a lot and met some amazing people. The conference was worth going to. I hope we get a chance to go back again next year!

Palvi Saini